



## HOW TO ACHIEVE THAT NATURAL GLOW WITH KARI GRAN BEAUTY SYSTEM

January 26, 2015 By Oly Shamrik — 2 Comments

Starting the new week with a fresh and glowing look. Sounds great, hah? I knew you'd agree that's why I thoughtfully put together this post to introduce you to [Kari Gran](#), an all-natural, eco- and skin-friendly brand you may free an ultimate place in your makeup drawer for!

I personally feel very close to the ethics and natural beauty philosophy that Kari Gran and Lisa Strain (two gorgeous founders of Kari Gran brand) has developed behind their brand. Without any miracle skin renewal beliefs or blurry promises, this skincare and mineral makeup line teaches us to treat our skin right, provide it with healthy nutrition and severely sort out the ingredients inside the beauty products. That's what we all are looking for while making that important step of switching for a [natural beauty routine](#), aren't we? Kari Gran skincare products are here to make

our life easier, cleaner, safer and prettier – parabens free and non-toxic, made from the carefully selected natural, organic, wildharvested and non-GMO ingredients. It's great to know that Kari Gran don't mix water in their formulas – only good stuff in it's finest concentration. As a bonus, Kari Gran has a line of mineral makeup – all the "good for you" make up items you need for the simple beauty routine.

Being a recent adept of an oil-cleansing beauty ritual, I am totally fascinated by these two products – [Kari Gran Hydrating tonic](#) and [Essential Serum](#). As a second step in your morning facial routine (after a proper cleanse), this Hydrating Tonic will play it's



important role to tighten the pores and provide the oh so needed hydration without leaving a dry skin feeling. Very simple and very effective ingredients : Aloe Vera, vegetable glycerin and Lavender Oil (or Rose Oil, the tonic comes in two options). Essential Serum, the one that you will finish your cleansing and moisturizing routine with, will give you a boost of moisture tailored for your need (1 pump for a regular morning use, and feel free to go for 2 pumps when using it in the evening) – blend of 15 plant and natural essential oils well known for their nourishing properties, plus a boost of Vitamin E. **Among ingredients:** Organic oils of camelia seed, Rosehip, Jojoba, Avocado, Sunflower, Sweet Almond, Lavender, Calendula, Jasmine, Rose, Ylang Ylang, Sea Buckthorn seed, Frankincense, Arnica. These two can be mixed together into a refreshing light moisturizer : mist 3-4 pumps of tonic in the palm of your hand and add 1 pump of Essential Serum, perfect way to start a new day (or take a moment for a quick renewal during the busy day)!



This little guy is my personal hit! I love talking about [lips](#), and believe me I've tried lots and lots of lip balms! [Kari Gran Lip Whip](#) is a true gem, beautifully packaged in a luxury looking little black pot (should I mention you won't meet any plastic packaging at Kari Gran's?!), it gives a stunning look of moisturized, glossy and tempting lips. My current favorite is [Naked](#) in "Cinnamon-Pimenta Berry" (also available in "Peppermint"), but I am definitely looking forward to try Kari Gran Lip Whip with a pop of color ([Naughty](#) looks beyond cool!). **Among ingredients:** Beeswax, Castor Seed oil, Camellia seed oil, Avocado oil, Sunflower oil, Calendula oil, Olive oil, Vitamin E, Cinnamon Bark oil, Pimenta Berry oil.



When the whole cleansing, toning and moisturizing beauty ritual is over, time to even the skin tone and make it ready for the whole day. Kari Gran mineral makeup line has everything you may need in order to get back on track, yet without compromising beauty for safe and healthy glowing skin.

With that being said, [Kari Gran Foundation](#) would be a great choice for those who are looking for light, long lasting foundation that will allow your skin to breath during the day (I bet most of us!). Talc, synthetic fragrance, dyes, bismuth oxychloride, parabens, nano particles and cruelty FREE make up line with a quite wide choice of colors. Foundation comes in 8 shades, and it's also available in [Foundation Sample Kit](#) for those who would want to test it "in person" and find the right color before purchasing the full size (thoughtful bonus : when you find the perfect shade and decide to order the Mineral Foundation, Kari Gran will apply a credit for the cost of the sample kit to your purchase). **Little trick** : mix 1 pump of the Essential serum with a small amount of foundation powder, blend to desired color into a light liquid foundation (easy to apply, totally my cup of tea!). Contains Titanium Dioxide and Zinc Oxide – natural sun protection elements without irritating chemicals.

If you're not looking for a full coverage of color, or would want to extend the life of already applied foundation throughout your busy day, [Setting Powder](#) would be just right for that! Very light, very silky texture with a soft matte touch to finish your skin tone with a right amount of healthy glow. Again, super simple, easily recognizable ingredients only – Mica and Aloe Barbadensis Powder. Can barely feel it, which is always a plus for me.

[Kari Gran Mineral Blush](#) is a nice addition to the whole non-toxic, chemicals and cruelty free makeup line Kari Gran has developed. It comes in just one "Peony" shade, which is a very neutral soft pink with a light portion of



shimmer. Highly pigmented, so better to start small. Lower your “small” twice and start from there (if you like “no make up” fresh look just like I do) , you can always add more. It may look more “colorful” in the container than on the skin, however. I find it simply perfect to reach that look when somebody naturally just pinched your cheeks and now you’re glowing!

Two extra touches – [Eyeshadow](#) and [Concealer](#). Eyeshadow (just like the Blush) comes in just one tone – medium brown with a light shimmer. For all of you, makeup veterans, this may be a playful and universal product to fill in for several tasks – opaque or sheer coverage of dry eyeshadow, or a defining liner when applied wet. For me, eyeshadow-free lover, this product will stay as an option for those days when I need something more from a natural looking make up;). The Concealer though seems like been helping me a lot lately – it creates an amazing light coverage and eliminates dark circles (+ any occasional skin imperfections). Comes in two shades : fair and medium (I am using medium). Devoted multi-tasker: spots, under eye area, primer, highlighter. Can be also transformed into liquid texture when being mixed with Essential serum, loving this trick!

