

Natural Super Moisturizing Products for the Cold, Cold Months Ahead



by Emily Barth Isler
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If your skin is extra dry lately, you can thank winter, with its cold temperatures, gusts of wind, and indoor heat. But we can help you get past this season with glowing, healthy skin.

The keys to radiant skin in the winter time are using natural products that work with your skin's own oil-producing system, protecting skin (and hair) from the harsh elements, and applying moisturizers and balms while your skin is still damp from showering or washing hands.

With that in mind, here are our top picks to keep you feeling (and looking) great no matter how low the temperatures drop.

Don't forget your lips:

Kari Gran makes the best Lip Whip, \$21, a soothing balm that comes in a variety of colors and flavors. For the most basic, go with Naked Lip Whip in Peppermint, and for a little color and zest, try Currant, a deep, shimmery plum.

If your **lips are super dry**, exfoliate with a scrub, like **Henne Organics**, \$24, at night, and before applying lipstick.

No more cracks, flakes or scales. We've got you covered

<http://www.spring.st/natural-products-winter-skin>