



Kari Gran Is All Natural and Full of Love!

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[Kari Gran](#) offers skin care products, lip treatment and makeup. Want to know the best thing about their products? They are all natural, and by natural, we mean **natural!** One of their sayings is

We don't make promises we can't keep

and they definitely stand by that. They understand the importance of ingredients and use only the finest natural, organic, wild-harvested, non-GMO ingredients. Each product is hand poured and free of parabens and toxins because they have been linked to serious diseases and are known hormone disruptors.

To let you just how authentic they are, [Kari Gran](#) marks each bottle with a handwritten expiration date, which also guarantees freshness. Aside from natural products, Kari Gran has also partnered with the organization [WonderWork](#) to give back! WonderWork is committed to saving the lives of children and their families by providing free, life changing surgeries. For every dollar you spend on Kari Gran products, they donate 1% to the cause. Of course we were beyond ecstatic when they agreed to join as a [sponsor](#) for our [#111DaysOfGratitude](#) giveaway. We asked them some questions on love, gratitude and more. Here is what co-founder Lisa Strain had to say.



1. What does gratitude mean to you?

It means that I am very conscious of the abundance I have in my health, close relationships and comforts. I do not take much for granted anymore and I understand that being gracious and generous is a way to show my gratitude.



2. Life would not be the same without my entire family of friends and relatives.

3. What inspires you?

I find inspiration everywhere (it's a nice part of getting older). I am particularly inspired by everyday people with physical challenges or deformities that just go about their business and hold their heads up high. I saw a young man at an Aerosmith concert this summer who brought me great inspiration. He was horribly disfigured on his face, but he wasn't hiding, he was rocking out at a big outdoor concert, and having a great time. I still think about him often and he inspires me.

4. Love is everywhere, if you are putting yourself out there.

5. Do you think world peace is possible?

No, sadly I do not.

6. For anyone who may be scared or unsure about following their hearts passion, what advice would you give to them?

Understand that we're all unsure, if not down right scared. The victory comes in pushing through your fears. Open your mouth and tell someone else that you are scared, but that you're going to try anyway. You'll be surprised how fears can get smaller when you get out of your head and voice them out loud. And if you do "fail", it makes for great cocktail talk in retrospect.

7. How can we be of service to others?

It's so easy. Just look around and engage. Help someone struggling to load their groceries into the car. Pick up trash when you walk your dog. Offer to make your office mates a cup of coffee. Hold the elevator. Talk to the parking lot attendant and say thank you.

8. What do you love most about your company/product?

I love that we understand we're not trying to broker world peace—we're creating and selling a product we love. We work really hard, but it's important to remember that the world will not end if something doesn't get done today. Life is about balance and we practice what we preach over here.