



SOPHIE'S REVIEWS YOUR GORGEOUS LIFE RECIPES BOOKS ABOUT SOPHIE

KARI GRAN



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My daughter and I always fight over products that come through my door that are, in some way, unique. When she spied the petite, shiny black pot containing Kari Gran's Lip Whip, her eyes grew wide. "Can I try it Mom?" she whined.

"Okay," I replied. "You can *try* it." However, once you sample this insanely decadent lip whip, you really need to have it with you at all times – and that is the reason why we are fighting about it. "Where's MY lip whip, Lola?"<u>The Lip Whip</u> is made from the finest oils and either comes in in 2 flavors: Peppermint or Cinnamon Pimenta Berry. You can also choose the pale pink tint, too. Kari's whole line is simple, elegant and quite beautiful. The philosophy (which I agree with,) is that rather than clog your skin and cause problems, oil is the perfect ingredient from drawing containing excess sebum. This is why they have created a cleansing oil, and an oil-based moisturizer.

Simplicity is the name of the game here, and I love how they have created a beautifully clear <u>how-to</u> <u>page</u> for both your morning and your evening ritual. Incidentally they recommend that you only cleanse at night, and in the morning, simply splash a little water on your face. You then spritz with one of their infused hydrosols and seal in the moisture with their serum.

If you are looking for an extremely simple skin care routine, with only 3 moving parts, you might want to give their <u>starter kit</u> a go – it's inexpensive and perfect for Summer travel. Oh – and don't forget the lip whip!