

CATCHING *Dragonfly* by SAM EMRICH

KARI GRAN REVIEW: OIL CLEANSER IS NOT AN OXYMORON

When eco-luxe skincare brand Kari Gran offered for me to test out some of their products (including their special oil cleanser), I was interested, though initially skeptical. The notion of rubbing oil on my face as a cleanser felt as contradictory to me as it did grimy. My goal in skin cleansing is to remove oil, not add more on....#amiright?

However, upon further research I discovered a Huffington Post article discussing the hype over cleansing oils. My curiosity peaked, I decided to give this skincare routine a try.



Kari Gran is an all-natural, organic skin care brand made in the USA. It is 100% free of parabens and toxins, living the mantra, "Be kind to your skin." Their unique trio skincare process gives specific direction for morning versus evening skincare rituals using their three products.



The skincare starter kit consists of the cleansing oil, hydrating tonic and essential serum -- the latter two are used in the morning routine and the three in conjunction are used in the evenings. I love that Kari Gran provides specific application direction that does not require morning cleansing, only nightly. For years I've been scrubbing chemicals on my skin every morning and every evening in an attempt to thoroughly cleanse. Kari Gran's gentler approach is fantastic and quite effective.

The three-step process was simple and gentle with no adverse reactions from my sensitive, redness-prone skin. The cleansing oil (only used at night) removed dirt without clogging my pores -- a pleasant surprise as I half anticipated waking up during the course of use covered in breakouts. The feeling of the cleansing oil on your skin is undeniably different from any other cleanser. It truly does feel like oil and when mixed with water, will not come off your face easily. That's why following the Kari Gran nightly cleansing instructions is important. A warm washcloth does the trick.

Still skeptical? Check out the details on [why oils work](#).



Kari Gran also sent me two of their "lip whips" -- creamy balms that I now use daily as a chapstick replacement. The pigment on the left is Tinted and the one on the right is Naked. For both, I chose the Peppermint flavor.

Namaste,

Sam

<http://www.catchingdragonfly.com/home/2015/5/22/kari-gran-oil-cleanser-is-not-an-oxymoron?rq=kari%20gran>