



## ECO-LUXE SKIN CARE BY KARI GRAN

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This past year has been huge for me in terms of finding eco skin care. All natural, organic, and vegan brands have been popping up all over the place and I've finally found myself (probably later than I should be) incorporating them into my daily beauty routine. One of the brands that has become a stand out among the eco-luxe skin care brands is Kari Gran. And they have a starter kit available at [KariGran.com](http://KariGran.com) for \$35.00 that's perfect for the beauty junkie looking to start filtering in more natural products into their beauty regime.



Kari Gran's story is pretty amazing, after being diagnosed with an autoimmune disease in her late 20's, she realized that you absorb anything you put on your face into your bloodstream. So she moved away from chemical heavy products in search of all natural alternatives. And it makes sense, if we wouldn't want to ingest those chemicals why would we want them in our system at all.



Their philosophy:

*At Kari Gran we believe that ingredients matter. All of our hand poured products are made using only the finest natural, organic, wildharvested and non-GMO ingredients and are free of parabens and toxins, (parabens and toxins in skin care have been linked to serious diseases, and are known to mess with the body and act as hormone disruptors). Kari Gran products are both good for the body and the endocrine system. Each bottle is marked with a handwritten expiration date to guarantee freshness. An oil-based system made of all natural plant and essential oils, The Kari Gran line works to gently and safely nourish the skin. The products contain absolutely no water, ensuring you get only ingredients that matter.*



So included in the starter kit in a beautiful straw weave makeup pouch is:

- **Cleansing Oil**, 15 ml – ingredients - Organic Helianthus Annuus (Sunflower) Oil, Organic Persea Gratissima (Avocado) Oil, Organic Ricinus Communis (Castor Seed) Oil, Organic Lavandula Hybrida (Lavender) Oil, Tocopherol (Non-GMO Vitamin E from Sunflower)
- **Lavender or Rose Hydrating Tonic**, 15 ml – ingredients - 100% fractionally distilled Aloe Barbadensis Miller (Aloe Vera Leaf), Organic glycerin (Vegetable Glycerin), Organic Lavandula Hybrida (Lavender) Oil or Rosa Damascena (Rose) Oil.
- **Essential Serum**, 10 ml – ingredients: Organic Camellia Oleifera (Camellia Seed) Oil, Organic Rosa Canina Fruit (Rosehip Seed) Oil, Organic Helianthus Annuus (Sunflower) Oil, Organic Simmondsia Chinensis (Jojoba) Oil, Organic Persea Gratissima (Avocado) Oil, Organic Prunus Amygdalus Dulcis (Sweet Almond) Oil, Organic Olea Europaea (Olive), Organic Helianthus Annuus (Sunflower) & Organic Calendula Officinalis (Calendula) Oil, Organic Olea Europaea (Olive) & Organic Arnica Montana (Arnica) Oil, Organic Lavandula Hybrida (Lavender) Oil, Wildharvested Boswellia Sacra (Frankincense) Oil, Rosa Damascena (Rose) Oil, Jasminum Sambac (Jasmine) Oil, Organic Hippophae Rhamnoides (Sea Buckthorn Seed) Oil, Organic Cananga Odorata (Ylang Ylang) Oil, Tocopherol (Non-GMO Vitamin E from Sunflower).

Just looking at the ingredients it's fantastic recognizing and being able to pronounce 99% of the ingredients. As for how they work, I'm obsessed. I was a little worried about the cleansing oil because as a hot young 20 something, my skin is still susceptible to the sporadic breakout. But honestly it washes off without any oily residue, smells great and leaves my skin feeling super supple.

I got the Lavender Hydrating Tonic which was also a big winner in my book. As a blogger who works from home, I've gotten very into facial spritzes. Nothings worse than succumbing to dull skin when you're sitting in a tiny New York apartment with stale air for 90% of your day. I've actually run out of the tonic before the other two products because sometimes I'll use it by itself and not just as part of the set. It smells so soothing that I feel like I'm sitting in a spa whenever I spray it on, and it hydrates instantly.

And lastly the serum, it soaks right in and nourishes deeply. I put just a drop or two on during the day under makeup and about double that amount at night so it can really saturate my skin while I sleep. I'm not sure if it's the whole set or the serum especially but in the past three weeks that I've been using this set most days my skin has just gotten a glow to it. I haven't broken out once, and haven't had to wear nearly as much foundation and BB cream as I usually do.

I'm almost out of this and pretty sure I'm about to graduate to the full sized bottles because if you can't tell, this set has completely won me over. I also love the minimalist sleek packaging, it looks really chic on my bathroom counter. So if you're already a devoted eco skin care groupie, or if you're brand new to natural skin care and want a great introductory kit I'd definitely give this Kari Gran starter kit a try!

<http://betchbeauty.com/eco-skin-care-by-kari-gran/>