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Viewing learners through a growth perspective

STUDY TOOLS FOR HIGH SCHOOL AND PRIMARY SCHOOL LEARNERS WEBINAR FOR PSYCHOLOGY PROFESSIONALS, EDUCATORS AND HOME SCHOOL PARENTS

INTRODUCTION

- Objectives
- Programme Overview

LEARNER MOTIVATION

- · Teaching the iGeneration
- · What is Motivation?
- · Views of Motivation
 - · Behaviour Reinforcement Theories
 - Needs Theories
 - Goal Theories
 - Self-determination
- Building Intrinsic Motivation
- Research on the use of Rewards
- Overjustification
- Intrinsic & Extrinsic Motivation
- Self-efficacy
- Goal Setting
- Praise Wisely
- · Time Management

LEARNING ENVIRONMENT

THE BRAIN AND LEARNING

- Information Processing Model
- Working Memory
- Cognitive Load
- Primacy-recency Effect
- Brain Breaks

LEARNING PREFERENCES

- The Learning Styles debate what the research says
- Multisensory Learning

SOME OF THE PROBLEMS LEARNERS FACE - OVERVIEW

- Focus on the strengths: A brief overview on Theories of Intelligence (Gardner & Sternberg)
- Internal and External Distractions
- Concentration Difficulties
- Exam Stress
- Reading Difficulties
- Referrals
- Parents as Partners in Learning

BLENDED LEARNING AND E-LEARNING: BRIEF OVERVIEW

- What is blended learning?
- Multimedia Instructional Principles (the research of Richard Mayer et. al.)

IMPLEMENTING STUDY SKILLS PROGRAMMES

LEARNING THEORIES – BRIEF OVERVIEW

RESEARCH ON FORGETTING LEARNING MATERIAL

- When are items encoded into LTM
- Ebbinghaus' Research
- Primacy/Recency Effect

EFFICACY OF LEARNING STRATEGIES

- Elaborative Interrogation
- Self-explanation
- Summarisation
- Highlighting
- Keyword mnemonic
- Imagery
- Rereading
- Practice Testing
- Distributed Practice /Interleaved Practice

STUDY APPROACH FOR NEW WORK

• Steps of the SQR STR method (based on the SQ3R method)

SUMMARIES AND APPLICATION IN VARIOUS SUBJECTS

- Three-column Method
- Mindmaps
- Flash Cards

MEMORISATION

- Associations
- Acronyms
- Limericks and Rhymes
- Peg Systems brief overview
 - o Number-Rhyme
 - Number-Shape
 - Story Technique
 - o Memory Palace

LEVELS OF COMPREHENSION & CRITICAL THINKING SKILLS

PREPARING FOR TESTS AND EXAMS

DAILY HOMEWORK AND STUDY PROGRAM

MARCH WEBINAR DATES:

We will be hosting 2 webinars in March, one for delegates who prefer weekday afternoon sessions and one for delegates who want to attend weekend sessions. The program is available for download on the website.

We have a backup system for loadshedding but if reception towers are down, we will make alternative arrangements with attendees.