

NOSH + NOURISH

In a rush? Many of our favorite lunch items are packaged daily and ready to go in our cooler.

LUNCH MENU

Served daily from 11 am to 2pm

SANDWICHES

All of our scrumptious sandwiches are served with a bag of chips and a pickle. Substitute Mixed Greens for \$.75. Bread is baked fresh by Troubadour Bakery in Milwaukee. Choose between Sourdough, Honey Wheat, or Multi-grain. Gluten-Free Bread available for an additional \$1.00

CHICKEN SALAD Celery, Parsley, Arugula, Tor Half Sandwich	nato .
EGG SALADCelery, Fresh Dill, Arugula, T Half Sandwich	omato
TUNA SALAD Dill Relish, Celery, Arugula, Thalf Sandwich	Tomato

HAM APPLE BRIE......\$8.95 Honey Ham, Brie, Sliced Apples, Spicy Dijon Mustard, Elsie Mae's Jam, Arugula

BRUSSELS SPROUT GRILLED CHEESE...... \$8.95 Shaved Brussels Sprouts, Stonewall Bacon & Bourbon Jam. Carmalized Onions, Goat Cheese, Havarti

TURKEY CLUB......\$8.95 Sliced Turkey, Bacon, Cheddar, Oven-Roasted Tomatoes, Lettuce, Green Goddess Ranch*

CHICKPEA SALAD......\$7.95 Chickpeas, Dill, Red Onion, Green Goddess Ranch*, Shredded Carrots, Arugula, Tomato

= JACK'S COMBO —



FROM OUR HOUSE-MADE DAILY SOUPS, FRESH SALADS OR FAVORITE SALAD SANDWICHES. INCLUDES CHIPS AND A PICKLE

\$7,25

CUP SOUP

Made Fresh Daily

SIDE SALAD

Asian Kale Garden

HALF SANDWICH

Chicken Salad Egg Salad Tuna Salad Chickpea Salad



MADE FRESH DAILY. CUP \$3.25 BOWL \$4.25 FIND QUARTS OF OUR HOMEMADE SOUPS IN OUR NOSH + NOURISH COOLER.

SALAD PLATES —

Choose one of our famous salads and make them a plate. Served on a bed of mixed greens with Tomato Wedges and Crackers.

CHICKEN SALAD

\$8.50

EGG SALAD \$7.25

TUNA SALAD \$7.95

CHICKPEA SALAD

\$7.95

SALADS Add chicken for \$3.00 Add avocado for \$1.00



SALAD TRIO PLATE.....\$7.95 Choice of 3: Chicken, Tuna, Egg and Chickpea Salads, Arugula, Tomato Wedges, Crackers

ASIAN KALE.....\$8.95 Kale, Shredded Carrots, Scallions, Chopped Broccoli, Toasted Almonds, Red Cabbage, Carrot Ginger Dressing* GF, VEGAN, DF

FARMER'S MARKET GARDEN

Romaine, Tomato Wedges, Broccoli, Carrots, Red Cabbage GF, VEG, DF

FARRO BOWL..... \$8.95 Roasted Cauliflower, Farro, Kale. Roasted Red Peppers, Golden Raisins, Parmesan, Roasted Red Pepper Vinaigrette* **VEG**

HARVEST COBB...... \$8.95 Shaved Brussels Sprouts, Arugula, Roasted Sweet Potatoes, Dried Cranberries, Blue Cheese, Toasted Pecans, Maple Thyme Vinaigrette*

HOUSEMADE DRESSINGS .50 cents for an extra side.

Maple Thyme Vinaigrette DF, GF • Carrot Ginger DF, GF • Green Goddess Ranch • Roasted Red Pepper Vinaigrette DF, GF

LUNCH SIDES =

BAG OF CHIPS \$1.25

SMALL FARMER'S MARKET SALAD \$4.95

DRINKS

from Letterbox Tea

FOUNTAIN SODA\$1.50 Coke, Diet Coke, Sprite, Root Beer Bold black tea, slice of fresh lemon HOT TEA.....\$2.00 Proudly serving a variety of flavors

TONIC OF THE DAY $\dots 3.50

Featuring a blend of spices and flavors focused on health and healing

Kid's Menu =

Comes with Potato Chips & a Pickle

PB+J \$4.00

Sourdough Bread smeared with Elsie Mae's Jam. Substitute Honey. Bzzzzz!

TURKEY + CHEESE \$4.00

Sourdough Bread, turkey, cheddar cheese

HAM + CHEESE \$4.00

Sourdough Bread, ham, cheddar cheese

TOASTED CHEESE SANDWICH \$4.00

Toasted Sourdough Bread, cheddar cheese

KIDS DRINKS

12oz kids milk \$2.15 add chocolate .50

*Denotes Housemade Ingredient



COFFEE. BREAKFAST & TREATS MENU

Served all day!

COFFEE

We proudly serve TrueStone coffee and espresso. All of our espresso drinks are made with Whole milk unless otherwise specified. Substitute Almond, Soy or Coconut milk for an extra \$1.50.

IZOZ DIMI .			φ1.70
160Z DRIP			.\$2.15
COLD BREW			4.00
	of espresso + I	not water	\$2.25
	O of espresso + s	teamed milk	\$2.75
	\$3.00 of espresso + s	add ice steamed milk	\$.50
	,	add ice eamed milk an	,
	\$4.50 spices and sta	add ice eamed milk	.\$.50

PASTRIFS

Our pastries come fresh from Troubadour Bakery

in Milwaukee. Please note, they may sell out.

MUFFIN	. \$3.95
CINNAMON ROLL	.\$3.95
CROISSANT	.\$3.25
GRANOLA DATE BAR	.\$3.95
CHOCOLATE CROISSANT	.\$3.95
COCONUT MACAROON	.\$2.95
COOKIE	\$2.95

Add House-Made Strawberry Butter \$.50



Egg salad, pickled red onions, fresh dill on sourdough bread.

BREAKFAST Served 8am - 11am

BACON CHEDDAR + EGG SANDWICH \$7.25 Two Fried Eggs, Cheddar Cheese, Stonewall's

Bacon Bourbon Jam, Chipotle Mayo, Multi-grain Bread

CROISSANT EGG SANDWICH \$7.25

Scrambled Eggs, Havarti Cheese, Ham, Stonewall Cranberry Orange Jam, Arugula

Sourdough, Herbed Bechamel, Blackberry Preserves, Swiss Gruyere, Sunny Side Up Egg

PUMPKIN WAFFLE\$7.25 Toasted Pecans, Marscapone Whipped Cream,

Apple Cider Sauce CINNAMON RAISIN BREAD

Rosemary Roasted Apples, Brie Cheese, Cinnamon Raisin Bread

Served with Pumpkin Pie Yogurt

PUMPKIN PIE YOGURT BOWL\$5.95 Greek Yogurt Blended with Pumpkin, Cinnamon

and Nutmeg with Scott's Homemade Granola

Scott's Famous Recipe with Steel Cut Oats Blended with Brown Sugar. Add Raisins \$.50

Soda Fountain Treats and Desserts

OLD FASHIONED SODAS.....\$4.25

A deliciously carbonated delight! Every soda is made with 1 scoop of Sassy Cow Ice Cream the old fashioned, Italian way.

Add an extra scoop of ice cream for \$1.25 Flavors: Chocolate*, Vanilla, Strawberry*, Mocha, Lavender Vanilla, Chai Tea

SHAKES + MALTS.....\$4.25

Made the old fashioned way! We want to provide our customers with the perfect blend of Sassy Cow ice cream, ice cold milk and the flavor or your choosing so all of our malts and shakes will now be one size.

Flavors: Chocolate*, Vanilla, Strawberry*

Oreo, Orange Dream, Mocha Malt, Neopolitan*, Rootbeer

SUNDAES

Wisconsin-made Sassy Cow ice cream acts as the base of our traditional sundaes. Served in our old fashioned sundae cups and drizzled with your favorite toppings. Add Chopped Nuts \$.65

Sassy Cow Vanilla ice cream, piping hot fudge, whipped cream

TURTLE\$4.95 Sassy Cow Vanilla ice cream, Chocolate syrup*, Caramel, whipped cream, chopped nuts.

STRAWBERRY \$4.25 Sassy Cow Vanilla ice cream, house-made strawberry puree*, whipped cream

ROOT BEER FLOATS.....\$4.00

Served with one scoop of Sassy Cow Vanilla

Ice Cream.

ELSIE MAE'S PIES

We are proud to serve delicious pies from local Kenosha bakery, Elsie Mae's. Always made with fresh ingredients.

Add a scoop of Sassy Cow Ice Cream \$1.00

SLICE OF FRUIT PIE.....\$3.95 Flavors change seasonally

Banana, coconut, lemon meringue or chocolate

COOKIE.....\$2.95

*Denotes Housemade Ingredient Lunch Menu ->