



VEGAN / GLUTEN FREE / DAIRY FREE / REFINED SUGAR FREE

FREE FROM SWEETENERS / MADE WITH WHOLE FOODS

ALL ORGANIC (UNLESS NOTIFIED BY \*)

## SMOOTHIES

ADD SUPER GREENS : \$2.00 / ADD PROTEIN : \$2.00

16 OZ.

### IMMUNE BOOST

\$ 8.25

ORANGE, CARROT, KIWI, PARSLEY, GINGER, TAHINI, LEMON JUICE, TURMERIC, HEMP SEEDS, COCONUT WATER

IT'S NEVER BEEN MORE IMPORTANT TO KEEP OUR IMMUNE SYSTEMS FUNCTIONING ON FULL BLAST! THIS SMOOTHIE IS LOADED WITH VITAMIN C AND ZINC TO GIVE YOU THAT NATURAL BOOST TO FIGHT OFF ANYTHING THAT MAY CROSS YOUR PATH. FOR EVEN MORE GREAT BENEFITS, ADD A SCOOP OF OUR **SUPER GREEN POWDER FOR \$2.00**

### SPECIAL GREEN

\$ 8.50

ORANGE, GREEN APPLE, CUCUMBER, SPINACH, AVOCADO, CELERY, GINGER, LIME JUICE, CHLORELLA, COCONUT WATER

GETTING YOUR GREENS IN HAS NEVER TASTED SO GOOD! THIS VEGGIE PACKED SMOOTHIE WILL LEAVE YOU REFRESHED, ENERGIZED, AND READY FOR WHATEVER THE DAY BRINGS. MAKE YOUR BODY HAPPY WITH THIS VITAMIN AND MINERAL PACKED SMOOTHIE. TO MAKE YOU FULL LONGER, ADD A SCOOP OF OUR **PLANT BASED PROTEIN POWDER FOR \$2.00**

### SUMMER THYME

\$ 9

BANANA, BLUEBERRY, GOJI BERRY, CAULIFLOWER, ORANGE, LEMON JUICE, LEMON ZEST, THYME, COCONUT WATER

SPICE UP YOUR SMOOTHIE GAME WITH THIS UNIQUE SMOOTHIE FEATURING THE AMAZING HERB: THYME. PACKED WITH VITAMIN C AND A, THIS LITTLE HERB IS FULL OF SURPRISES! YOUR MOUTH (AND BODY) WILL NOT BE DISAPPOINTED WITH THIS GREAT COMBO OF WHOLE FOODS.

### THE BEET GOES ON

\$ 8

BANANA, PINEAPPLE, BLUEBERRY, KALE, BEET, FLAX SEEDS, MACA, COCONUT WATER

BEETS ARE GOOD FOR MUCH MORE THAN JUST THEIR BEAUTIFUL COLOR. THIS SUPER FOOD IS ALSO PACKED FULL OF FIBER VITAMINS (B9, C), AND MINERALS (IRON, MAGNESIUM, POTASSIUM). IF YOU'RE INTO BEETS, YOU'LL LOVE THIS SMOOTHIE!

### ROSEMARY BERRY

\$ 9.25

GOJI BERRY, BLACKBERRY, BLUEBERRY, STRAWBERRY, CUCUMBER, LEMON JUICE, LEMON ZEST, ROSEMARY, COCONUT WATER

IF YOU LOVE ALL THE BERRIES, THIS SMOOTHIE IS FOR YOU. THIS LOVELY COMBO OF BERRIES MET WITH CUCUMBER AND LEMON WILL REFRESH YOU ON THE HOTTEST AND MOST EXHAUSTING OF DAYS. THE ROSEMARY ADDS A HINT OF UNEXPECTED, BUT NOT UNWELCOMED, PINE FLAVOR AT THE END.

### COCONUT MOCHA

\$ 8.75

BANANA, ALMONDS, CACAO, COCONUT, DATES, COCONUT MILK, CHIA SEEDS, ESPRESSO POWDER\*, COFFEE\*

A HEALTHY TAKE ON AN OLD CLASSIC LATTE. THIS DECADENT SMOOTHIE WILL MAKE YOU FEEL ALL THE FEELS, BUT ONE OF THOSE FEELS WILL NOT BE GUILT! THIS CAFFEINATED SMOOTHIE WILL LEAVE A PEP IN YOUR STEP AND A SMILE ON YOUR FACE!

### PROTEIN BOMB

\$ 9.50

BANANA, PUMPKIN SEEDS, KALE, OATS, PEANUT BUTTER, CACAO, VANILLA, CINNAMON, PLANT BASED PROTEIN POWDER, COCONUT WATER

ADD EXTRA PROTEIN TO YOUR DAY IN THE BEST WAY POSSIBLE WITH THIS PROTEIN LOADED SMOOTHIE. AS IF THE PUMPKIN SEEDS, PEANUT BUTTER, AND OATS WEREN'T ENOUGH, WE ALSO ADDED A SCOOP OF OUR PLANT BASED PROTEIN POWDER TO THIS SMOOTHIE JUST TO BE A LITTLE EXTRA.

