QUILT BLOCK YOUR SWEATSHIRT FREE PATTERN

**





CUTTING INSTRUCTIONS:

Get creative! This pattern is great for a charm pack or using up scraps!

Center Square:

- Cut (1) 4 ¹⁄₂" x 4 ¹⁄₂" squares Light Blue:

- Cut (2) 3" x 3" squares

- Cut (8) 2 1/2" x 2 1/2" squares

Dark Blue:

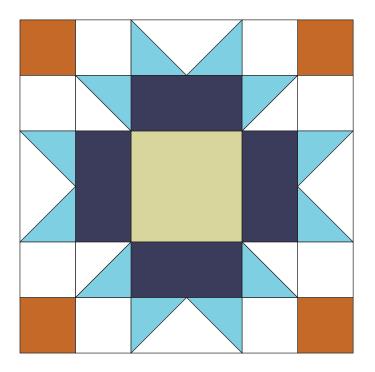
- Cut (4) 4 ½" x 2 ½" rectangles

Orange:

- Cut (4) 2 ½″ x 2 ½″ squares

Background (BG):

- Cut (8) 2 ¹/₂" x 2 ¹/₂" squares
- Cut (2) 3" x 3" squares
- Cut (4) 4 ¹/₂" x 2 ¹/₂" rectangles



KEY: RST: right sides together **HST:** half square triangle

SEAM ALLOWANCE:

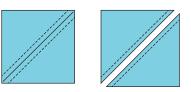
- 1/4″

ASSEMBLY:

1. Draw a diagonal line on wrong side of (2) Light Blue 3" x 3" squares.

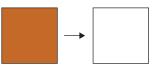


2 Place (1) 3" x 3" BG square RST with (1) 3" x 3" Light Blue square. Stitch diagonally 1/4" away from drawn line on both sides of the drawn line. Cut along the drawn line and press both pieces making (2) half square triangle (HST).

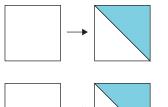


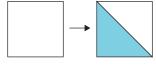
- **3.** Repeat **Step 2.** for remaining 3" x 3" squares of Light Blue and BG squares for a total of (4) HST.
- **4.** Trim HST to 2 1/2" squares.

5. Sew 2 1/2" x 2 1/2" Orange square to 2 1/2" x 2 1/2" BG square. Repeat for (3) BG squares and (3) remaining 2 1/2" x 2 1/2" Orange squares.

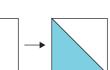


6. Sew (1) HST to (1) 2 1/2" x 2 1/2" BG square. Repeat for all HST. Take note of the orientation of each set below.

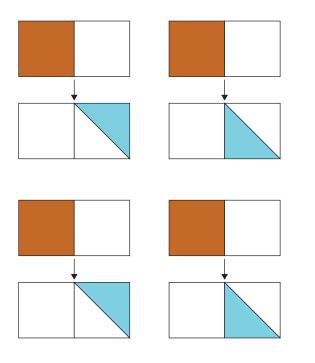




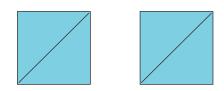




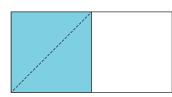
7. Sew Orange and BG squares to BG and HST squares as shown below. Note the orientation of each of the (4) blocks below.



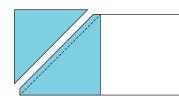
8. Draw a diagonal line on wrong side of (2) Light Blue 2 1/2" x 2 1/2" squares.



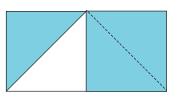
9. Place (1) 2 1/2" x 2 1/2" Light Blue square RST over (1) 4 1/2" x 2 1/2" BG rectangle as shown. Sew along diagonal line.

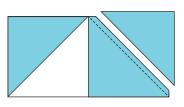


10. Trim 1/4" away from stitch line. Press seam.



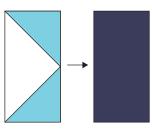
11. Repeat **Step 8-10** with remaining 2 1/2" x 2 1/2" Light Blue square creating a flying geese block.



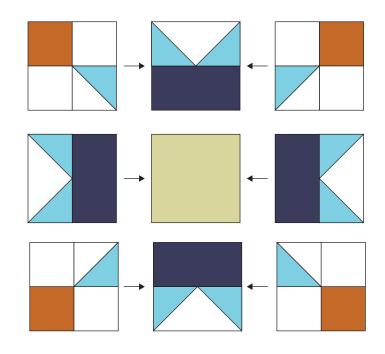


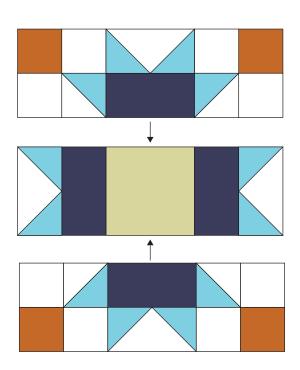
12. Repeat **Steps 8-11** to create (3) more flying geese blocks for a total of (4) flying geese blocks.

13. Sew (1) flying geese block to (1) 4 1/2" x 2 1/2" Dark Blue rectangle. Repeat for all flying geese blocks.



14. Sew rows together as shown in the diagram below.





Congratulations! Your quilt block is complete!!

To sew your block onto a sweatshirt, simply fold under and press each edge about 1/4" and pin in place on your garment. Carefully edgestitch around all edges. You can even add addtional details like handstitching!

If you would like to share your finished block on Instagram use the hashtag #quiltblockyoursweatshirt I can't wait to see your quilty sweatshirts!

FOLK & LORE QUILT BLOCK YOUR SWEATSHIRT

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