## QUILT BLOCK YOUR SWEATSHIRT

FREE PATTERN



FINISHED BLOCK DIMENSIONS: $12^{\prime \prime} \times 12^{\prime \prime}$

## CUTTING INSTRUCTIONS:

Get creative! This pattern is great for a charm pack or using up scraps!

## Center Square:

- Cut (1) $41 / 22^{\prime \prime} \times 41 / 22^{\prime \prime}$ squares

Light Blue:

- Cut (2) 3" x 3" squares
- Cut (8) $21 / 2 " \times 21 / 2 \prime \prime$ squares

Dark Blue:

- Cut (4) $41 / 2^{\prime \prime} \times 21 / 2^{\prime \prime}$ rectangles

Orange:

- Cut (4) $21 / 2 " \times 21 / 2 "$ squares

Background (BG):

- Cut (8) $2^{1 ⁄ 2 \prime \prime} \times 21 / 2^{\prime \prime}$ squares
- Cut (2) $3^{\prime \prime} \times 3^{\prime \prime}$ squares
- Cut (4) $41 / 2^{\prime \prime} \times 21 / 2^{\prime \prime}$ rectangles



## KEY:

RST: right sides together HST: half square triangle

## SEAM ALLOWANCE:

-1/4"

## ASSEMBLY:

1. Draw a diagonal line on wrong side of (2) Light Blue 3" x 3" squares.


2 Place (1) $3^{\prime \prime} \times 3^{\prime \prime}$ BG square RST with (1) $3^{\prime \prime} \times 3^{\prime \prime}$ Light Blue square. Stitch diagonally $1 / 4^{\prime \prime}$ away from drawn line on both sides of the drawn line. Cut along the drawn line and press both pieces making (2) half square triangle (HST).

3. Repeat Step 2. for remaining $3^{\prime \prime} \times 3^{\prime \prime}$ squares of Light Blue and BG squares for a total of (4) HST.
4. Trim HST to $21 / 2^{\prime \prime}$ squares.
5. Sew $21 / 2^{\prime \prime} \times 21 / 2^{\prime \prime}$ Orange square to $21 / 2^{\prime \prime} \times 2$ $1 / 2^{\prime \prime}$ BG square. Repeat for (3) BG squares and (3) remaining 2 1/2"x 2 1/2" Orange squares.

6. Sew (1) HST to (1) $21 / 2^{\prime \prime} \times 21 / 2^{\prime \prime}$ BG square. Repeat for all HST. Take note of the orientation of each set below.

7. Sew Orange and BG squares to BG and HST squares as shown below. Note the orientation of each of the (4) blocks below.

8. Draw a diagonal line on wrong side of (2) Light Blue 2 1/2" $\times 2$ 1/2" squares.

9. Place (1) $21 / 2^{\prime \prime} \times 21 / 2^{\prime \prime}$ Light Blue square RST over (1) $41 / 2^{\prime \prime} \times 21 / 2^{\prime \prime}$ BG rectangle as shown. Sew along diagonal line.

10. Trim $1 / 4^{\prime \prime}$ away from stitch line. Press seam.

11. Repeat Step 8-10 with remaining $21 / 2^{\prime \prime} \times 2$ $1 / 2^{\prime \prime}$ Light Blue square creating a flying geese block.

12. Repeat Steps $\mathbf{8 - 1 1}$ to create (3) more flying geese blocks for a total of (4) flying geese blocks.
13. Sew (1) flying geese block to (1) $41 / 2^{\prime \prime} \times 21 / 2^{\prime \prime}$ Dark Blue rectangle. Repeat for all flying geese blocks.

14. Sew rows together as shown in the diagram below.



Congratulations! Your quilt block is complete!!
To sew your block onto a sweatshirt, simply fold under and press each edge about $1 / 4^{\prime \prime}$ and pin in place on your garment. Carefully edgestitch around all edges. You can even add addtional details like handstitching!

If you would like to share your finished block on Instagram use the hashtag \#quiltblockyoursweatshirt I can't wait to see your quilty sweatshirts!

FOLK \& LORE

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