
Starting Solids Checklist



for Baby

- ☐ Highchair ☐
- ☐ Recipe book ☐
- ☐ Freezer Pods ☐
- ☐ Cutlery Set ☐
- ☐ Sippy Cup ☐
- ☐ Plate ☐
- ☐ Bowl ☐
- ☐ Food Pouches ☐
- ☐ Bibs ☐
- ☐ Baby Food Maker ☐