





SETTING THE NEW STANDARD

Complete with comfort, conveniences and innovation, the R9 and U9 series represent the new standard in reliability and performance from a name you can trust – Landice.

To review additional bike options, please visit us at www.landice.com.

	R9	U9
Frame Type	Step-through recumbent with low step-over height	Upright
Pedal Type	Self-balanced pedals with adjustable straps	Self-balanced pedals with adjustable straps
Seat Adjustment	Forward/backwards with 15 settings	Up/down with 12 settings
Flywheel Weight	6.8 kgs. (15 lbs.)	6.8 kgs. (15 lbs.)
Resistance System	Eddy current magnetic braking system	Eddy current magnetic braking system
Resistance Range	1-20	1-20
Handlebar	Console grip bars, seat grips with contact heart-rate monitoring and resistance controls	Racing style handlebars with contact heart-rate monitoring and resistance controls
Display	Landice Achieve: 22.86 cm (9") color LCD with capacitive touch buttons	Landice Achieve: 22.86 cm (9") color LCD with capacitive touch buttons
Heart Rate	Contact heart rate for heart rate control/wireless chest-strap (optional)	Contact heart rate for heart rate control/wireless chest-strap (optional)
Accessories	Water bottle holder, accessory pocket	Water bottle holder, accessory pocket
Electrical Requirement	Self-powered	Self-powered
Transport Wheels	Yes	Yes
Levelers	Yes	Yes
Assembled Weight	92.9 kgs. (205 lbs.)	72.1 kgs. (159 lbs.)
Dimensions	166.98 cm x 64.28 cm x 132.58 cm (65.74" L x 25.31" W x 52.20" H)	113.18 cm x 62.78 cm x 147.59 cm (44.56" L x 24.72" W x 58.11" H)
Max User Weight	158.75 kgs. (350 lbs.)	158.75 kgs. (350 lbs.)
Bluetooth	Yes (see website for details)	Yes (see website for details)

WARRANTY

Landice offers a 5-year parts and 2-year console warranty valid to all residential and commercial applications which include light commercial, hotels, health clubs and pay-for-membership facilities.

PROGRAMS

Landice Achieve

8 Built-in programs 6 User-defined programs

3 Goal programs

2 Interactive HRC Built-in programs 4 Interactive HRC User programs

2 HIIT programs

WORKOUT FEEDBACK

Speed, Distance, Laps, Calories, Cal/Hour, RPM, Resistance, Watts, Time, METS, Heart Rate, Target Heart Rate, Time in Heart-Rate Zone