




Special Diet Menu

SPECIAL DIET MENU DENOTES ITEMS THAT ARE FREE OF MAPLE, HONEY, GRAINS, DAIRY, SOY, LEGUMES, CORN & PEANUTS

ANYTIME PLATES

Harvest Hash (vf)	\$16.50
roasted sweet potato . spinach . brussels sprouts . no sausage sub chorizo . currant . chile flake . onion . sage . apple . toasted pecans . no maple vinaigrette . poached egg*	
American Breakfast	\$12.00
sugar-free bacon . scrambled eggs . seasonal fruit . marble potatoes . kalamata aioli*▲	

SIDES





Two Poached Eggs*	\$3.00
 Sugar-Free Bacon	\$3.00
 Fresh Fruit Bowl (vf)	\$5.95
house-choice fruit . no orange-honey . mint	
Fried Smashed Potatoes (v) (vg)	\$4.75
garlic-herb . himalayan salt . kalamata aioli*▲	
 Sweet Potatoes (v) (vg)	\$3.50

AVAILABLE STARTING AT 11:00AM

SHAREABLES

 Brussels & Bacon (vf)	\$9.75
brussels sprouts . himalayan pink salt . crispy bacon	
 Loaded Guacamole (vg) (v)	\$8.75
apple . kale . avocado . red onion . vegetable crudite almond flour tortilla chips available upon request	
Creamy Queso (vg) (v) ■	\$10.75
cheesy cashew creme . rajas . serrano . pico de gallo . almond flour tortilla chips available upon request	
+ guacamole (vg) (v)	\$1.00
+ pastured pork chorizo	\$2.50
Chicken Wings	
pastured chicken wings . lemon shallot aioli*▲	
6 wings	\$8.50
12 wings	\$14.50
+ vegetable crudite	\$3.00

SALAD

 Rainbow Chopped Salad (vg) (v)	\$12.95
apricot . cucumber . broccolini . currant . radicchio . kale . romaine . blueberries . sunflower seeds . hemp seeds . apple . request no spiced chickpeas . creamy lemon-tahini	
Add Extras?	
 + request plain salmon*	\$8.00
 + grilled chicken	\$6.00
 + salt & pepper shrimp	\$6.95
+ blackened salmon*	\$8.00
 + grass-fed steak*	\$10.00

MARKETPLATES

 Crispy Chicken Thighs	\$21.50
crispy chicken thighs . wilted greens . sauteed seasonal vegetables . sauteed broccolini	
 Pan-Seared Salmon	\$26.00
sustainable salmon* . wilted greens . sauteed seasonal vegetables	
 Taco Plate (2)	\$14.25
chicken or fish . crispy bacon . cabbage . pineapple . loaded guacamole . cilantro . lime cassava tortillas contain xanthan gum	

■ contains nuts (v) vegan (vf) can be modified vegan

 egg-free . nightshade-free . nut-free

(vg) lacto-ovo vegetarian

symbols are only featured if the listed item cannot be omitted

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

 **PICNIKAUSTIN**