

Hello, Sunshine.

OUR MENU IS 100% GLUTEN, PEANUT AND SOY FREE

ANYTIME PLATES

Harvest Hash (vf) roasted sweet potato . spinach . brussels sprouts . grass-fed beef breakfast sausage . currant . onion . sage . apple . toasted pecan . chile flake . maple vinaigrette . poached egg*	\$16.50
Pesto & Goat Cheese Scramble (vg) eggs . green bean . fresno chile . asparagus . kale . basil pesto . whipped goat cheese	\$13.50
French Toast (vg) ● ★ ▲ house-baked bread ● ★ ▲ . seedless blackberry jam . mascarpone drizzle ● . blueberries . strawberries . maple syrup	\$13.00
Pancakes (vg) ▲ cassava flour batter ▲ . butter . maple syrup choose: plain . blueberry . chocolate chip	\$12.00
Salted Caramel Banana Pancakes (vg) cassava banana batter ▲ . candied pecan . mascarpone drizzle ● . caramelized banana . salted caramel ■ . maple syrup	\$13.75
American Breakfast sugar-free bacon . scrambled eggs . seasonal fruit . marble potatoes . kalamata aioli*▲ + gluten-free toast ★ . butter . seasonal jam + single pancake (vg) ▲ (plain . blueberry . chocolate chip) . cassava flour batter ▲ . butter . maple syrup	\$12.00 \$3.50 \$6.00
Avocado Toast (vg) (vf) ★ gluten-free bread ★ . basil pesto . smashed avocado . tomato . poached egg* . blackened seasoning . hemp seeds + chopped bacon	\$10.25 \$1.50
Smoked Salmon Toast ★ gluten-free bread ★ . organic cream cheese . smoked salmon . poached egg* . cucumber . shallots . capers . dill . 'everything' seasoning	\$13.50

BREAKFAST TACOS

Eggs & Bacon stone-ground corn tortilla . eggs . sugar-free bacon . raw cheddar . tomatillo salsa	\$6.95
Meatlovers stone-ground corn tortilla . sugar-free bacon . grass-fed beef breakfast sausage . pastured pork chorizo . eggs . chipotle aioli*▲	\$7.50 /
Black Bean, Potato & Avocado (v) stone-ground corn tortilla . black bean puree . marble potatoes . avocado . pico de gallo + chopped bacon	\$6.95 \$1.50
Cassava flour tortilla available upon request	

SIDES

Two Poached Eggs*	\$3.00
Sugar-Free Bacon	\$3.00
Seasonal Muffin (vg) ▲	\$2.95
Fresh Fruit Bowl (vg) (v) house-choice fruit . orange-honey . mint	\$5.95
Smashed Fried Potatoes (vg) (v) garlic-herb . himalayan salt . kalamata aioli*▲	\$4.75

DRINKS

Ginger Turmeric Cooler ginger . honey simple syrup . turmeric . lemon . topo chico	\$5.00
Hibiscus Cooler hibiscus honey simple syrup . mint . lime . topo chico	\$5.00
Strawberry Serrano Shrub strawberry . honey simple syrup . apple cider vinegar . serrano . topo chico	\$5.00
Berry Basil Booch blackberry . basil . ginger . raw local honey . lime . botanical kombucha	\$6.00
Picnik Palmer blueberry rooibos iced tea . limeade	\$4.75
Blueberry Rooibos Iced Tea	\$3.75
Hot Tea picnik breakfast blend . earl grey . jasmine green . desert rooibos	\$2.50

WE HEART OUR PRODUCERS

Conscious Meats

Bastrop Cattle Company . Bastrop, Texas . Beef
Roam Ranch . Fredericksburg, Texas . Beef + Bison
Mary's Organic . Sanger, California . Chicken
Tender Belly . Denver, Colorado . Pork

Sustainable Seafood

Quality Seafood . Austin, Texas
Wild Isles . Shetland Islands, UK

Pasture-Raised Eggs

Vital Farms . Austin, Texas

Local Produce

Farm to Table . Austin, Texas

Cheese & Dairy

Brazos Valley Cheese . Waco, Texas
Pure Luck Farm & Dairy . Austin, Texas
Mill King Market & Creamery . McGregor, Texas

Ice Cream

Lick Honest Ice Creams . Austin, Texas

Tortillas

Siete Family Foods . Austin, Texas
Margarita's Tortillas . Austin, Texas

Honey + Maple

Good Flow Honey . Austin, Texas
Tree Hive . Maple . Vermont

Coffee & Tea

Olympia Coffee . Olympia, Washington
Tea Embassy . Austin, Texas
Zhi Tea . Austin, Texas

 **PICNIKAUSTIN**

● contains dairy ■ contains nuts ▲ contains eggs ★ contains rice (v) vegan (vf) can be modified vegan (vg) lacto-ovo vegetarian

symbols are only featured if the listed item cannot be omitted

* Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

Our kitchen carries dairy, egg, and tree nut products. Please alert your server of any food allergies, and understand there is risk of cross-contamination with these ingredients.

Real Food, Y'all.

PICNIK = REAL FOOD + GOOD VIBES

At Picnik, we only use **high integrity ingredients** including local, grass-fed and pasture-raised meats, sustainable seafood, local and raw cheese, all-natural bacon, grass-fed butter, whey & collagen, pink himalayan sea salt, raw apple cider vinegar and we **never** use gluten, soy or peanuts.

Avocado Oil is our cooking oil of choice at Picnik. Even though it's 800% more expensive than traditional cooking oil, we use it to fill our fryers and saute our foods because it's so good for your health. It's chock full of heart-healthy fats, Oleic Acid, Vitamin E and carotenoids. The only other oils we use are nutrient dense **Coconut Oil** and **Local Texas Olive Oil**. No fear here, buttercup!

AVAILABLE STARTING AT 11:00AM

SHAREABLES

Chicken Tenders ★▲ rice flour tempura . honey-mustard aioli*▲	\$12.25
Fried Brussels Sprouts (vf) pork belly . raw parmesan . maple vinaigrette	\$9.75
Loaded Guacamole (v) (vg) apple . kale . avocado . red onion . cilantro . stone-ground corn tortilla chips	\$8.75
Almond flour tortilla chips available upon request ■ + vegetable crudite	\$3.00
Creamy Queso (v) (vg) ■ cheesy cashew creme ■ . rajas . serrano . pico de gallo . cilantro . stone-ground corn tortilla chips	\$10.75
Almond flour tortilla chips available upon request ■ + guacamole (v) + pastured pork chorizo	\$1.00 \$2.50
Honey-Cayenne Chicken Wings pastured chicken wings . lemon shallot aioli*▲	
6 wings	\$8.50
12 wings	\$14.50
+ vegetable crudite	\$3.00

ENTRÉE SALADS

Picnik Cobb chopped chicken tenders ★▲ . radicchio . kale . romaine . cherry tomatoes . crispy bacon . avocado . blue cheese . hard-boiled egg . green goddess caesar*▲	\$18.95
Caesar Salad chopped romaine . creamy caesar*▲● . raw parmesan . garlic-herb croutons ★ . charred lemon	1/2 \$6.00 full \$10.00
Rainbow Chopped Salad (v) (vg) apricot . cucumber . broccoli . currants . radicchio . kale . romaine . blueberry . sunflower seed . hemp seed . apple . spiced chickpea . creamy lemon-tahini	\$12.95
Add Extras? + blackened salmon + crispy chicken ★▲ + grilled chicken + salt & pepper shrimp + grass-fed steak*	\$8.00 \$6.00 \$6.00 \$6.95 \$10.00

MARKETPLATES

Texas Range Meatloaf ■▲ 'ancestral blend' meatloaf ■▲ . yukon mash ● . green beans . roasted mushroom gravy	\$19.95
Crispy Chicken Thighs crispy chicken thighs . lemon beurre blanc ● . creamy mashed potato ● . asparagus	\$21.50
Pan-Seared Salmon crispy skin-on salmon . lemon beurre blanc ● . smashed fried potato . braised greens . charred lemon vinaigrette . herb oil	\$26.00
Fish Tacos crispy black drum ★▲ . stone-ground corn tortilla . orange-sesame slaw . pickled onion . cilantro . lime . chipotle aioli*▲	\$14.25
Cassava flour tortillas available upon request	
Korma (v)■ curried red lentil patty . marble potatoes . red bell . green bean . yellow onion . poblano chile . cashew creme ■ . curried mustard . coconut raita . fresno chile . cilantro	\$17.95
Add Extras? + pan-seared salmon + grilled chicken + salt & pepper shrimp + grass-fed steak*	\$8.00 \$6.00 \$6.95 \$10.00

SWEET TREATS

Blondie Ice Cream Sandwich ●■▲ world's best blondie . grass-fed vanilla ice cream . chocolate chip	\$7.25
Chocolate Pots de Crème (vg)▲ 'graham cracker' crumble ■ . chocolate custard ▲ . coconut whipped cream . local honey	\$6.95
Fresh Fruit Bowl (vf) house-choice fruit . orange-honey . mint	\$5.95

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QUESTIONS? RESTRICTIONS? MODIFICATIONS? JUST ASK.

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