

Special Diet Menu

SPECIAL DIET MENU DENOTES ITEMS THAT ARE FREE OF MAPLE, HONEY, GRAINS, DAIRY, SOY, LEGUMES, CORN & PEANUTS

ANYTIME PLATES

Steak & Potato Frittata	\$17.50
grass-fed steak* . pasture-raised eggs . marble potatoes . red pepper romesco ■ . arugula . avocado . onion & tomato salad	
Harvest Hash (vf)	\$15.95
roasted sweet potato . spinach . brussels sprouts . no sausage sub chorizo . currant . chili flake . onion . sage . apple . toasted pecans . no maple vinaigrette . poached egg*	

SIDES

Two Poached Eggs*	\$3.00
Sugar-Free Bacon	\$3.00
Fresh Fruit Bowl (vf)	\$5.95
house-choice fruit . no orange-honey . mint	
Fried Smashed Potatoes (v) (vg)	\$4.00
garlic-herb . himalayan salt	
Sweet Potatoes (v) (vg)	\$3.50

AVAILABLE STARTING AT 11:00AM

SHAREABLES

Brussels & Bacon (vf)	\$9.25
brussels sprouts . himalayan pink salt . crispy bacon	
Loaded Guacamole (vg) (v)	\$8.25
apple . kale . avocado . red onion . vegetable crudite almond flour tortilla chips available upon request	
Creamy Queso (vg) (v) ■	\$10.25
cheesy cashew creme . rajas . serrano . pico de gallo . almond flour tortilla chips available upon request	
+ guacamole (vg) (v)	\$1.00
+ pastured pork chorizo	\$2.50

MARKETPLATES

Crispy Chicken Thighs	\$20.95
crispy chicken thighs . chiffonade greens . sauteed seasonal vegetables . sauteed broccolini	
Salmon	\$22.95
wild-caught salmon* . wilted chiffonade greens . sauteed seasonal vegetables	
Turmeric-Crusted Cauliflower Steak (v) (vg) ■	\$13.50
turmeric-pistachio crust ■ . caper-raisin purée . fresno chili relish . no chickpea- cauliflower hummus	
Thai Red Curry (vf)	\$18.95
zucchini . carrots . pineapple . marble potatoes . red chili . ginger . lemongrass . coconut milk . turmeric choose : chicken or shrimp + sub grass-fed steak*	
Taco Plate (2)	\$13.95
chicken or fish . crispy bacon . cabbage . pineapple . loaded guacamole . cilantro . lime cassava tortillas contain xanthan gum	

SALAD

Rainbow Chopped Salad (vg) (v)	\$12.50
apricot . cucumber . broccolini . currant . radicchio . kale . romaine . pomegranate . sunflower seeds . hemp seeds . apple . request no spiced chickpeas . creamy lemon-tahini	
Little Gem Caesar (v) (vg) ■	1/2 \$6.95 \$11.25
little gem lettuce . cashew caesar . vegan 'parmesan' ■ . request no rosemary croutons	

Add Extras?

+ request plain salmon*	\$8.00
+ grilled chicken	\$6.00
+ salt & pepper shrimp	\$6.95
+ blackened salmon*	\$8.00
+ grass-fed steak*	\$8.00

PICNIKAUSTIN

■ contains nuts (v) vegan (vf) can be modified vegan

egg-free . nightshade-free . nut-free

(vg) lacto-ovo vegetarian

symbols are only featured if the listed item cannot be omitted

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.