



SESAME CHICKEN

Nutrition Facts

1 serving per container

Serving size 1 container (430g)

Amount Per Serving

Calories **490**

% Daily Value*

Total Fat 8g **10%**

Saturated Fat 1.5g **8%**

Trans Fat 0g

Cholesterol 90mg **30%**

Sodium 690mg **30%**

Total Carbohydrate 63g **23%**

Dietary Fiber 2g **7%**

Total Sugars 9g

Includes 4g Added Sugars **8%**

Protein 39g

Ingredients: Chicken Breast, Chicken Dumplings, Rice Noodles, Seasonal Veggie, Sesame Sauce, Olive Oil, Corn Starch

Contains: Soy

RONKONKOMA NY 11779

COOKING INSTRUCTIONS: REMOVE LABEL AND ANY CUPS/PACKETS, AND MICROWAVE FOR 90-120 SECONDS (UNTIL HOT)