



CHICKEN PRIMAVERA

Nutrition Facts

1 serving per container

Serving size (425g)

Amount Per Serving

Calories **420**

% Daily Value*

Total Fat 3g **4%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 65mg **22%**

Sodium 280mg **12%**

Total Carbohydrate 56g **20%**

Dietary Fiber 4g **14%**

Total Sugars 1g

Includes 0g Added Sugars **0%**

Protein 42g

Ingredients: Whole Wheat Penne, Chicken Breast, Asparagus, Spinach, Tomatoes, Mushrooms, Portabella

Contains Wheat

RONKONKOMA NY 11779

COOKING INSTRUCTIONS: REMOVE LABEL, SLIGHTLY OPEN CONTAINER AND MICROWAVE FOR 90-120 SECONDS (UNTIL HOT)