



LOW CARB TERIYAKI CHICKEN

Nutrition Facts

1 serving per container

Serving size 1 (245g)

Amount Per Serving
Calories 214

% Daily Value*

Total Fat 2g 3%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 80mg 27%

Sodium 340mg 15%

Total Carbohydrate 12g 4%

Dietary Fiber 3g 11%

Total Sugars 7g

Includes 6g Added Sugars 12%

Protein 37g

Ingredients: Chicken Breast, Seasonal Veggie, Teriyaki Sauce

X-FACTOR MEALS, RONKONKOMA NY 11779

COOKING INSTRUCTIONS: REMOVE LABEL, SLIGHTY OPEN CONTAINER,
AND MICROWAVE FOR 60-90 SECONDS (UNTIL HOT)