



LOW CARB TURKEY CHILI

Nutrition Facts

1 serving per container

Serving size 1 container (330g)

Amount Per Serving

Calories 312

% Daily Value*

Total Fat 9g **12%**

Saturated Fat 3.5g **18%**

Trans Fat 0g

Cholesterol 95mg **32%**

Sodium 1120mg **49%**

Total Carbohydrate 16g **6%**

Dietary Fiber 2g **7%**

Total Sugars 3g

Includes 0g Added Sugars **0%**

Protein 35g

Ingredients: Seasonal Veggie, Ground Turkey, Diced Tomatoes, Red Kidney Beans , Black Beans , Seasoning Mix, Dry, Taco, Original

Contains: Wheat, Dairy,

RONKONKOMA NY 11779

COOKING INSTRUCTIONS: REMOVE LABEL AND ANY CUPS/PACKETS, AND MICROWAVE FOR 90-120 SECONDS (UNTIL HOT)