



TURKEY CHILI

Nutrition Facts

1 serving per container

Serving size (325g)

Amount Per Serving

Calories 430

% Daily Value*

Total Fat 10g **13%**

Saturated Fat 3.5g **18%**

Trans Fat 0g

Cholesterol 95mg **32%**

Sodium 1120mg **49%**

Total Carbohydrate 47g **17%**

Dietary Fiber 5g **18%**

Total Sugars 3g

Includes 0g Added Sugars **0%**

Protein 38g

Ingredients: Seasonal Veggie, Ground Turkey, Brown Rice, Diced Tomatoes, Red Kidney Beans, Black Beans, Seasoning Mix, Dry, Taco, Original

Contains: Wheat, Dairy,

RONKONKOMA NY 11779

**COOKING INSTRUCTIONS : REMOVE LABEL AND ANY CUPS/PACKETS,
AND MICROWAVE FOR 90-120 SECONDS (UNTIL HOT)**