



GENERAL TSO'S CHICKEN

Nutrition Facts

1 serving per container

Serving size 1 container (430g)

Amount Per Serving

Calories 419

% Daily Value*

Total Fat 7g 9%

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol 80mg 27%

Sodium 360mg 16%

Total Carbohydrate 49g 18%

Dietary Fiber 2g **7%**

Total Sugars 7g

Includes 4g Added Sugars **8%**

Protein 40g

Ingredients: Chicken Breast, Jasmine Rice, Seasonal Veggie, General Tso, Corn Starch, Olive Oil

RONKONKOMA NY 11779

COOKING INSTRUCTIONS: REMOVE LABEL, SLIGHTLY OPEN CONTAINER AND MICROWAVE FOR 90-120 SECONDS (UNTIL HOT)