

Ole & Steen | Allergen Information | August 2019

Where 'Yes' is indicated in RED & BOLD The dish contains the named allergen.				Where 'Yes' is indicated in YELLOW Cross Contamination may have occurred due to hand made production, therefore TRACES may be present						IMPORTANT NOTE: the allergen may be present in more than one ingredient				
Dish Name	Cereals containing Gluten	Crustaceans and products thereof	Eggs and products thereof	Fish and products thereof	Peanuts and products thereof	Soy beans and products thereof	Milk and products thereof	Nuts	Celery and products thereof	Mustard and products thereof	Sesame Seeds and products thereof	Sulphites and Sulphur Dioxide (>10mg/Kg)	Lupin and products thereof	Molluscs and products thereof
Rolls														
Skagen roll	Yes - Wheat, Barley, Rye, Oats				Yes			Yes			Yes	Yes		
Salt & Pepper Roll	Yes - Wheat, Barley, Rye, Oats				Yes			Yes			Yes	Yes		
Ølander Roll	Yes - Wheat, Barley, Rye, Oats				Yes			Yes			Yes	Yes		
Rye Roll	Yes - Wheat, Barley, Rye, Oats				Yes			Yes			Yes	Yes		
Skagen Roll with butter and cheese	Yes - Wheat, Barley, Rye, Oats				Yes		Yes	Yes			Yes	Yes		
Salt & Pepper Roll with butter and cheese	Yes - Wheat, Barley, Rye, Oats				Yes		Yes	Yes			Yes	Yes		
Ølander Roll with butter and cheese	Yes - Wheat, Barley, Rye, Oats				Yes		Yes	Yes			Yes	Yes		
Rye Roll with butter and cheese	Yes - Wheat, Barley, Rye, Oats				Yes		Yes	Yes			Yes	Yes		
Rye Roll With Cheese & Ham	Yes - Wheat, Barley, Rye, Oats				Yes		Yes	Yes			Yes	Yes		
Buns														
Tea Bun	Yes - Wheat, Barley, Rye, Oats		Yes		Yes	Yes	Yes	Yes			Yes	Yes		

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Raisin Bun	Yes - Wheat, Barley, Rye, Oats		Yes		Yes	Yes	Yes	Yes			Yes	Yes		
Chocolate Rye	Yes - Wheat, Barley, Rye, Oats		Yes		Yes	Yes	Yes	Yes - Almonds			Yes	Yes		
Kløben Bun	Yes - Wheat, Barley, Rye, Oats		Yes		Yes	Yes	Yes	Yes - Almonds			Yes	Yes		
Chocolate Bun	Yes - Wheat, Barley, Rye, Oats		Yes		Yes	Yes	Yes	Yes			Yes	Yes		
Carrot Bun	Yes - Wheat, Barley, Rye, Oats		Yes		Yes	Yes	Yes	Yes			Yes	Yes		
Plain Scone	Yes - Wheat		Yes		Yes	Yes	Yes	Yes			Yes	Yes		
Chocolate Scone	Yes - Wheat		Yes		Yes	Yes	Yes	Yes			Yes	Yes		
Rye Breads														
Carrot Rye	Yes - Wheat, Barley, Rye, Oats				Yes			Yes			Yes	Yes		
Seeded Rye	Yes - Wheat, Barley, Rye, Oats				Yes			Yes			Yes	Yes		
100% Rye	Yes - Wheat, Barley, Rye, Oats				Yes			Yes			Yes	Yes		

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Chia Rye	Yes - Wheat, Barley, Rye, Oats				Yes			Yes			Yes	Yes		
Breads														
Sourdough Loaf	Yes - Wheat, Barley, Rye, Oats				Yes			Yes			Yes	Yes		
Skagen bread	Yes - Wheat, Barley, Rye, Oats				Yes			Yes			Yes	Yes		
Ølander Bread	Yes - Wheat, Barley, Rye, Oats				Yes			Yes			Yes	Yes		
Pastry														
Croissant	Yes - Wheat, Barley, Rye, Oats		Yes		Yes	Yes	Yes	Yes	Yes	Yes	Yes		Yes	
Spandauer	Yes - Wheat, Barley, Rye, Oats		Yes		Yes	Yes	Yes	Yes	Yes	Yes	Yes		Yes	
Cinnamon Social	Yes - Wheat, Barley, Rye, Oats		Yes		Yes	Yes	Yes	Yes	Yes	Yes	Yes		Yes	
Old Fashioned Social	Yes - Wheat, Barley, Rye, Oats		Yes		Yes	Yes	Yes	Yes	Yes	Yes	Yes		Yes	
Chocolate Social	Yes - Wheat, Barley, Rye, Oats		Yes		Yes	Yes	Yes	Yes	Yes	Yes	Yes		Yes	

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Chocolate Croissant	Yes - Wheat, Barley, Rye, Oats		Yes		Yes	Yes	Yes	Yes	Yes	Yes	Yes		Yes	
Cinnamon Roll	Yes - Wheat, Barley, Rye, Oats		Yes		Yes	Yes	Yes	Yes	Yes	Yes	Yes		Yes	
Cinnamon Swirl	Yes - Wheat, Barley, Rye, Oats		Yes		Yes	Yes	Yes	Yes	Yes	Yes	Yes		Yes	
Chocolate Swirl	Yes - Wheat, Barley, Rye, Oats		Yes		Yes	Yes	Yes	Yes	Yes	Yes	Yes		Yes	
Dry Cakes														
Banana Muffin	Yes - Wheat		Yes		Yes	Yes	Yes	Yes			Yes			
Carrot Muffin	Yes - Wheat		Yes		Yes	Yes	Yes	Yes			Yes			
Blueberry Muffin	Yes - Wheat		Yes		Yes	Yes	Yes	Yes - Almonds			Yes			
Chocolate Muffin	Yes - Wheat		Yes		Yes	Yes	Yes	Yes			Yes			
Brownie chips	Yes - Wheat		Yes		Yes	Yes	Yes	Yes			Yes			
Brownie nuts	Yes - Wheat		Yes		Yes	Yes	Yes	Yes - Walnuts			Yes			
Caramel Marshmallow Puff	Yes		Yes		Yes	Yes	Yes	Yes - Almonds			Yes	Yes		
Dark Chocolate Puff	Yes		Yes		Yes	Yes	Yes	Yes - Almonds			Yes	Yes		
Coconut puff	Yes		Yes		Yes	Yes	Yes	Yes - Almonds			Yes	Yes		

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Sarah bernard	Yes		Yes		Yes	Yes	Yes	Yes - Almonds			Yes			
Blueberry Pie Small	Yes - Wheat		Yes		Yes	Yes	Yes	Yes			Yes			
Gateu Marcel Small	Yes		Yes		Yes	Yes	Yes	Yes			Yes	Yes		
Apple Pie	Yes - Wheat		Yes		Yes	Yes	Yes	Yes			Yes	Yes		
Tosca Small	Yes - Wheat		Yes		Yes	Yes	Yes	Yes			Yes	Yes		
Peanut Slice	Yes - Wheat		Yes		Yes	Yes	Yes	Yes			Yes	Yes		
Raspberry Slice	Yes - Wheat		Yes		Yes	Yes	Yes	Yes			Yes			
Marzipan Slice	Yes - Wheat		Yes		Yes	Yes	Yes	Yes - Almonds			Yes			
Rum Log	Yes - Wheat, Barley, Rye, Oats		Yes		Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	
Cream Cake Small														
Christianshavner Cake Small	Yes - Wheat, Barley		Yes		Yes	Yes	Yes	Yes - Almonds, Hazelnuts			Yes	Yes		
Raspberry Tart	Yes - Wheat		Yes		Yes	Yes	Yes	Yes - Almonds, Pistachios			Yes			
Strawberry Tart Small	Yes - Wheat		Yes		Yes	Yes	Yes	Yes - Almonds			Yes			
Berry Slice	Yes - Wheat		Yes		Yes	Yes	Yes	Yes			Yes			

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Cheese Cake	Yes - Wheat, Barley		Yes		Yes	Yes	Yes	Yes			Yes	Yes		
Mango & Passionfruit cake	Yes - Wheat, Barley		Yes		Yes	Yes	Yes	Yes - Almonds, Hazelnuts			Yes	Yes		
Chocolate Slice	Yes - Wheat		Yes		Yes	Yes	Yes	Yes - Almonds			Yes	Yes		
Large Cakes														
Othello Layer Cake	Yes - Wheat		Yes		Yes	Yes	Yes	Yes - almonds			Yes	Yes		
Berry Layer Cake	Yes - Wheat		Yes		Yes	Yes	Yes	Yes - almonds			Yes	Yes		
Cake Man/Lady Pastry	Yes - Wheat		Yes		Yes	Yes	Yes	Yes			Yes	Yes		
Cake Man/Lady Chocolate	Yes - Wheat		Yes		Yes	Yes	Yes	Yes			Yes	Yes		
Muscovado Cake Lady/Man	Yes - Wheat, Barley, Rye, Oats		Yes		Yes	Yes	Yes	Yes			Yes	Yes		
Cake Man/Lady Pastry - Gelatine Free	Yes - Wheat		Yes		Yes	Yes	Yes	Yes - almonds			Yes	Yes		
Cake Man/Lady Chocolate - Gelatine Free	Yes - Wheat		Yes		Yes	Yes	Yes	Yes - almonds			Yes	Yes		

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Muscovado Cake Lady/Man - Gelatine Free	Yes - Wheat, Barley, Rye, Oats		Yes		Yes	Yes	Yes	Yes - almonds			Yes	Yes		
Gateu Marcel Large	Yes		Yes		Yes	Yes	Yes	Yes			Yes	Yes		
Christianshavner Cake Large	Yes - Wheat, Barley		Yes		Yes	Yes	Yes	Yes - almonds, hazelnuts			Yes	Yes		
Strawberry Tart Large	Yes - Wheat		Yes		Yes	Yes	Yes	Yes - almonds			Yes			
Seasonal														
Copenhagen Mess	Yes - Wheat, Barley, Oats		Yes		Yes	Yes	Yes	Yes			Yes			
Lemon Cardamon Swirl	Yes - Wheat		Yes		Yes	Yes	Yes	Yes			Yes			
Chocolate Chip cookie	Yes - Wheat		Yes		Yes	Yes	Yes	Yes - Hazelnuts			Yes			
Skyr Yoghurt Pot														
SKYR Yoghurt With Dried Fruit & Nuts	Yes				Yes		Yes	Yes			Yes	Yes		
SKYR Yoghurt With Berry Compote	Yes				Yes		Yes	Yes			Yes			

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Porridge With Berry Compote	Yes - Wheat, Oats				Yes		Yes	Yes			Yes	Yes		
Porridge With Dry Fruits, Granola	Yes - Wheat, Barley, Rye, Oats				Yes		Yes	Yes			Yes	Yes		
Toastie														
Tuna Melt	Yes - Wheat		Yes	Yes	Yes		Yes	Yes		Yes	Yes	Yes		
New Yorker	Yes - Wheat		Yes	Yes	Yes		Yes	Yes		Yes	Yes	Yes		
Ham & Cheese Toastie	Yes - Wheat		Yes	Yes	Yes		Yes	Yes		Yes	Yes	Yes		
Truffle Mushroom Toastie	Yes - Wheat		Yes	Yes	Yes		Yes	Yes		Yes	Yes	Yes		
Breakfast Plates / Brunch														
Egg, Avocado on Toast	Yes - Wheat, Barley, Rye, Oats		Yes		Yes			Yes			Yes	Yes		
Egg, Avocado & Salmon on Toast	Yes - Wheat, Barley, Rye, Oats		Yes	Yes	Yes			Yes			Yes	Yes		
Egg, Avocado & Bacon on Toast	Yes - Wheat, Barley, Rye, Oats		Yes		Yes			Yes			Yes	Yes		

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Chia yoghurt bowl	Yes - Wheat, Barley, Rye, Oats		Yes		Yes		Yes	Yes - Almonds			Yes	Yes		
Ole & Steen Power Bowl	Yes - Wheat, Barley, Rye, Oats		Yes		Yes		Yes	Yes			Yes	Yes		
Avocado on toast	Yes - Wheat, Barley, Rye, Oats				Yes			Yes			Yes	Yes		
Egg on toast	Yes - Wheat, Barley, Rye, Oats		Yes		Yes		Yes	Yes			Yes	Yes		
O&S toast with Honey	Yes - Wheat, Barley, Rye, Oats				Yes		Yes	Yes			Yes	Yes		
O&S toast with Strawberry Jam	Yes - Wheat, Barley, Rye, Oats				Yes		Yes	Yes			Yes	Yes		
O&S toast with Apricot Jam	Yes - Wheat, Barley, Rye, Oats				Yes		Yes	Yes			Yes	Yes		
O&S toast with Peanut Butter	Yes - Wheat, Barley, Rye, Oats				Yes		Yes	Yes			Yes	Yes		
Manuka Smoked Salmon Roll	Yes - Wheat, Barley, Rye, Oats			Yes	Yes		Yes	Yes			Yes	Yes		
Salads														
Salmon Nicoise Salad	Yes - Wheat, Barley, Rye, Oats		Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes		

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Satay Chicken	Yes - Wheat, Barley, Rye, Oats		Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes		
Super Greens & Grains	Yes - Wheat, Barley, Rye, Oats		Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes		
Melon & Feta Cheese	Yes - Wheat, Barley, Rye, Oats		Yes	Yes	Yes	Yes	Yes	Yes - Hazelnuts	Yes	Yes	Yes	Yes		
Open Sandwiches														
Prawn, Avocado, Cocktail Sauce	Yes - Wheat, Barley, Rye, Oats	Yes	Yes	Yes	Yes		Yes	Yes	Yes		Yes	Yes		
Rare Roast Beef, Remoulade Sauce	Yes - Wheat, Barley, Rye, Oats		Yes	Yes	Yes		Yes	Yes	Yes	Yes	Yes	Yes		
Smoked Trout	Yes - Wheat, Barley, Rye, Oats		Yes	Yes	Yes		Yes	Yes	Yes	Yes	Yes	Yes		
Blue Cheese & Fennel	Yes - Wheat, Barley, Rye, Oats		Yes	Yes	Yes		Yes	Yes	Yes	Yes	Yes	Yes		
Roast Chicken Skagen Roll	Yes - Wheat, Barley, Rye, Oats		Yes	Yes	Yes		Yes	Yes		Yes	Yes	Yes		
Ham, Swiss Cheese, Slaw, Salt & Pepper Roll	Yes - Wheat, Barley, Rye, Oats		Yes	Yes	Yes		Yes	Yes		Yes	Yes	Yes		
Hummus, Sun Dried Tomato, Rye Roll	Yes - Wheat, Barley, Rye, Oats		Yes	Yes	Yes		Yes	Yes		Yes	Yes	Yes		

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Soups														
Truffle Celeriac & White Bean Soup	Yes - Wheat, Barley, Rye, Oats				Yes		Yes	Yes	Yes		Yes	Yes		
Carrot, Turmeric, Ginger Soup	Yes - Wheat, Barley, Rye, Oats		Yes		Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes		
Hot beverages														
Espresso														
Double Espresso														
Espresso Macchiato (whole milk)	Yes					Yes	Yes							
Americano (no milk)														
Filter coffee (no milk)														
Cortado (whole milk)	Yes					Yes	Yes	Yes						
Latte (whole milk)	Yes					Yes	Yes	Yes						
Cappuccino (whole milk)	Yes					Yes	Yes	Yes						

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Flat white (whole milk)	Yes					Yes	Yes	Yes						
Mocha (whole milk)	Yes					Yes	Yes	Yes						
Hot Chocolate (whole milk)	Yes					Yes	Yes	Yes						
English Breakfast tea (no milk)														
Earl Grey Tea (no milk)														
Peppermint Tea														
Chamomile Tea														
Wild Berry Tea														
Green Tea														
Add on's														
milk on side (whole milk)	Yes					Yes	Yes	Yes						
milk on side (skimmed milk)	Yes					Yes	Yes	Yes						
milk on side (soya milk)	Yes					Yes	Yes	Yes						

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milk on side (Oat milk)	Yes					Yes	Yes	Yes						
milk on side (almond milk)								Yes - Almonds						
Cold beverages														
Iced Latte	Yes					Yes	Yes	Yes						
Iced Americano														
Iced Mocha	Yes					Yes	Yes	Yes						
Iced Chocolate	Yes					Yes	Yes	Yes						
Peach Iced Tea														
Lemonade														
Rolls														
Skagen roll	wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), sunflower seeds (SESAME), linseeds, chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT, BARLEY, RYE), carrots, cornflakes (BARLEY), water													
Salt & Pepper Roll	wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), sunflower seeds (SESAME), linseeds, chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT, BARLEY, RYE), carrots, cornflakes (BARLEY), ground pepper, water													

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Ølander Roll	wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), sunflower seeds (SESAME), linseeds, chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT, BARLEY, RYE), carrots, cornflakes (BARLEY), water													
Skagen roll with butter and cheese	wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), sunflower seeds (SESAME), linseeds, chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT, BARLEY, RYE), carrots, cornflakes (BARLEY), butter (MILK), gouda cheese (MILK), water													
Salt & Pepper Roll with butter and cheese	wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), sunflower seeds (SESAME), linseeds, chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT, BARLEY, RYE), carrots, cornflakes (BARLEY), butter (MILK), gouda cheese (MILK), ground pepper, water													
Ølander Roll with butter and cheese	wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), sunflower seeds (SESAME), linseeds, chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT, BARLEY, RYE), carrots, cornflakes (BARLEY), butter (MILK), gouda cheese (MILK), water													
Rye Roll with butter and cheese	rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT, BARLEY, RYE), carrots, wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), sunflower seeds (SESAME), linseeds, chia seeds, carrots, cornflakes (BARLEY), pumpkin seeds, butter (MILK), gouda cheese (MILK), water													
Rye Roll With Cheese & Ham	O&S seeded rye roll [rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT, BARLEY, RYE), carrots, wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), sunflower seeds (SESAME), linseeds, chia seeds, carrots, cornflakes (BARLEY), pumpkin seeds, water], butter (MILK), gouda cheese (MILK), smoked ham (E250, E251, E301, E450, E451, E452)													
Buns														
Tea Bun	wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), sunflower seeds (SESAME), linseeds, chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT, BARLEY, RYE), carrots, cornflakes (BARLEY), eggs (EGGS), cardamon, sugar, water													
Raisin Bun	wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), sunflower seeds (SESAME), linseeds, chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT, BARLEY, RYE), carrots, cornflakes (BARLEY), eggs (EGGS), raisins, cardamon, sugar, water													

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Dish Name	Cereals containing Gluten	Crustaceans and products thereof	Eggs and products thereof	Fish and products thereof	Peanuts and products thereof	Soy beans and products thereof	Milk and products thereof	Nuts	Celery and products thereof	Mustard and products thereof	Sesame Seeds and products thereof	Sulphites and Sulphur Dioxide (>10mg/Kg)	Lupin and products thereof	Molluscs and products thereof
Chocolate Rye	rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT, BARLEY, RYE), carrots, wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), sunflower seeds (SESAME), linseeds, chia seeds, carrots, cornflakes (BARLEY), dark chocolate chips (MILK, SOYA), nipped almonds (ALMONDS, PEANUTS) water													
Kløben Bun	rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), sunflower seeds (SESAME), linseeds, taste and colour enhancer (WHEAT, BARLEY, RYE), wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), chia seeds, carrots, cornflakes (BARLEY), eggs (EGGS), egg yolk (EGGS) (E202, E330), raisins, cardamon, butter (MILK), flaked almonds (ALMONDS), sugar, water													
Chocolate Bun	rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), sunflower seeds (SESAME), linseeds, taste and colour enhancer (WHEAT, BARLEY, RYE), wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), chia seeds, carrots, cornflakes (BARLEY), eggs (EGGS), egg yolk (EGGS) (E202, E330), dark chocolate (MILK, SOYA), sugar, water													
Carrot Bun	rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), sunflower seeds (SESAME), linseeds, taste and colour enhancer (WHEAT, BARLEY, RYE), wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), chia seeds, carrots, cornflakes (BARLEY), eggs (EGGS), egg yolk (EGGS) (E202, E330), sugar, water													
Plain Scone	wheat flour (WHEAT) (E170, E300), sugar, baking powder (WHEAT) (E450, E500), salt, butter (MILK), buttermilk (MILK), eggs (EGGS)													
Chocolate Scone	wheat flour (WHEAT) (E170, E300), sugar, baking powder (WHEAT) (E450, E500), salt, butter (MILK), buttermilk (MILK), dark chocolate (MILK, SOYA), eggs (EGGS)													
Rye Breads														
Carrot Rye	rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), sunflower seeds (SESAME), linseeds, taste and colour enhancer (WHEAT, BARLEY, RYE), wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), chia seeds, carrots, cornflakes (BARLEY), water													
Seeded Rye	rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), sunflower seeds (SESAME), linseeds, taste and colour enhancer (WHEAT, BARLEY, RYE), wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), chia seeds, carrots, cornflakes (BARLEY), water													

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Dish Name	Cereals containing Gluten	Crustaceans and products thereof	Eggs and products thereof	Fish and products thereof	Peanuts and products thereof	Soy beans and products thereof	Milk and products thereof	Nuts	Celery and products thereof	Mustard and products thereof	Sesame Seeds and products thereof	Sulphites and Sulphur Dioxide (>10mg/Kg)	Lupin and products thereof	Molluscs and products thereof
100% Rye	rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), sunflower seeds (SESAME), linseeds, taste and colour enhancer (WHEAT, BARLEY, RYE), wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), chia seeds, carrots, cornflakes (BARLEY), water													
Chia Rye	rye flour (RYE), wheat flour (WHEAT) (E170, E300), yeast, salt, taste and colour enhancer (WHEAT, BARLEY, RYE), sunflower seeds (SESAME), chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), oats (WHEAT, OATS), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, linseeds, carrots, cornflakes (BARLEY), water													
Breads														
Sourdough Loaf	rye flour (RYE), wheat flour (WHEAT) (E170, E300), yeast, salt, taste and colour enhancer (WHEAT, BARLEY, RYE), sunflower seeds (SESAME), chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), oats (WHEAT, OATS), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, linseeds, carrots, cornflakes (BARLEY), water													
Skagen bread	rye flour (RYE), wheat flour (WHEAT) (E170, E300), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), yeast, bread improver (WHEAT) (E300, E472e, E516), salt, rapeseed oil, oats (WHEAT, OATS), sunflower seeds (SESAME), linseeds, chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT, BARLEY, RYE), carrots, cornflakes (BARLEY), water													
Ølander Bread	rye flour (RYE), wheat flour (WHEAT) (E170, E300), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), yeast, bread improver (WHEAT) (E300, E472e, E516), salt, rapeseed oil, oats (WHEAT, OATS), sunflower seeds (SESAME), linseeds, chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT, BARLEY, RYE), carrots, cornflakes (BARLEY), water													
Pastry														
Croissant	croissant (WHEAT, BARLEY, RYE, OATS, NUTS, PEANUTS, EGGS, MILK, SOYA, SESAME, MUSTARD, CELERY, LUPIN) (E160a(i), E331iii, E407, E460, E1442, E322, E471, E475, E300, E481, E170, E472e), eggs (EGGS)													
Spandauer	spandauer (WHEAT, BARLEY, RYE, OATS, NUTS, PEANUTS, EGGS, MILK, SOYA, SESAME, MUSTARD, CELERY, LUPIN) (E160a, E160a(i), E331iii, E339ii, E401, E407, E450iii, E460, E1442, E322, E471, E475, E300, E481, E170, E472e, E516), icing sugar (E341)													
Cinnamon Social	cinammon social (WHEAT, BARLEY, RYE, OATS, NUTS, PEANUTS, EGGS, MILK, SOYA, SESAME, MUSTARD, CELERY, LUPIN) (E160a(i), E331iii, E407, E460, E1442, E322, E471, E475, E300, E481, E170, E472e), icing sugar (E341), water, eggs (EGGS)													

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Where 'Yes' is indicated in **YELLOW**
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Dish Name	Cereals containing Gluten	Crustaceans and products thereof	Eggs and products thereof	Fish and products thereof	Peanuts and products thereof	Soy beans and products thereof	Milk and products thereof	Nuts	Celery and products thereof	Mustard and products thereof	Sesame Seeds and products thereof	Sulphites and Sulphur Dioxide (>10mg/Kg)	Lupin and products thereof	Molluscs and products thereof
Old Fashioned Social	old fashioned social (WHEAT, BARLEY, RYE, OATS, NUTS, PEANUTS, EGGS, MILK, SOYA, SESAME, MUSTARD, CELERY, LUPIN) (E160a(i), E331iii, E407, E460, E1442, E322, E471, E475, E300, E481, E170, E472e), flaked almonds (ALMONDS), sugar, eggs (EGGS)													
Chocolate Social	chocolate social (WHEAT, BARLEY, RYE, OATS, NUTS, PEANUTS, EGGS, MILK, SOYA, SESAME, MUSTARD, CELERY, LUPIN) (E160a(i), E331iii, E407, E460, E1442, E322, E471, E475, E300, E481, E170, E472e), icing sugar (E341), cocoa powder, water, flaked almonds (ALMONDS), eggs (EGGS)													
Chocolate Croissant	chocolate croissant (WHEAT, BARLEY, RYE, OATS, NUTS, PEANUTS, EGGS, MILK, SOYA, SESAME, MUSTARD, CELERY, LUPIN) (E160a(i), E331iii, E407, E460, E1442, E322, E471, E475, E300, E481, E170, E472e), eggs (EGGS)													
Cinnamon Roll	cinnamon roll (WHEAT, BARLEY, RYE, OATS, NUTS, PEANUTS, EGGS, MILK, SOYA, SESAME, MUSTARD, CELERY, LUPIN) (E160a(i), E331iii, E407, E460, E1442, E322, E471, E475, E300, E481, E170, E472e), eggs (EGGS)													
Cinnamon Swirl	cinnamon swirl (WHEAT, BARLEY, RYE, OATS, NUTS, PEANUTS, EGGS, MILK, SOYA, SESAME, MUSTARD, CELERY, LUPIN) (E160a(i), E331iii, E407, E460, E1442, E322, E471, E475, E300, E481, E170, E472e), icing sugar (E341), water													
Chocolate Swirl	chocolate swirl (WHEAT, BARLEY, RYE, OATS, NUTS, PEANUTS, EGGS, MILK, SOYA, SESAME, MUSTARD, CELERY, LUPIN) (E160a(i), E331iii, E407, E460, E1442, E322, E471, E475, E300, E481, E170, E472e), wheat flour (WHEAT) (E170), eggs (EGGS), icing sugar (E341), margarine (E322, E330, E471, E475), baking powder (WHEAT) (E450, E500), cocoa powder, water													
Dry Cakes														
Banana Muffin	banana, brown sugar, rapeseed oil, eggs (EGGS), wheat flour (WHEAT) (E170), baking powder (WHEAT) (E450, E500), vanilla sugar (WHEAT, EGGS, MILK), bi-carbonate of soda (E500)													
Carrot muffins	brown sugar, carrots, wheat flour (WHEAT) (E170), rapeseed oil, pasteurised eggs (EGGS), baking powder (WHEAT) (E450, E500), vanilla sugar (WHEAT, EGGS, MILK), bi-carbonate of soda (E500), cinnamon, cream cheese (MILK), butter (MILK), icing sugar (E341)													
Blueberry Muffin	muffin mix (WHEAT, EGGS) (E160a, E450, E471, E472b, E477, E500), eggs (EGGS), rapeseed oil, water, vanilla sugar (WHEAT, EGGS, MILK), blueberries, nibbed almonds (ALMONDS, PEANUTS), sugar													
Chocolate muffin	chocolate muffin mix (WHEAT, MILK) (E415, E471, E472b, E472e, E475, E450, E500, E481), eggs (EGGS), rapeseed oil, dark chocolate (MILK, SOYA), water													
Brownie chips	butter (MILK), dark chocolate (MILK, SOYA), eggs (EGGS), sugar, wheat flour (WHEAT) (E170), vanilla sugar (WHEAT, EGGS, MILK), salt													

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Brownie nuts	butter (MILK), dark chocolate (MILK, SOYA), eggs (EGGS), sugar, wheat flour (WHEAT) (E170), vanilla sugar (WHEAT, EGGS, MILK), salt, walnuts (WALNUTS)													
Caramel Marshmallow Puff	sugar, glucose syrup (SULPHITES), water, golden syrup, egg white (EGGS) (E202, E330, E331, E412, E415), baking paste (ALMONDS) (E202, E330), caramel (MILK, SOYA) (E202, E322, E331iii, E334, E440, E471, E1442), milk chocolate (MILK, SOYA), nibbed almonds (ALMONDS, PEANUTS)													
Dark Chocolate Puff	sugar, glucose syrup (SULPHITES), water, golden syrup, egg white (EGGS) (E202, E330, E331, E412, E415), baking paste (ALMONDS) (E202, E330), dark chocolate (MILK, SOYA)													
Coconut puff	sugar, glucose syrup (SULPHITES), water, golden syrup, egg white (EGGS) (E202, E330, E331, E412, E415), baking paste (ALMONDS) (E202, E330), dark chocolate (MILK, SOYA), coconut													
Sarah bernard	perzipan, sugar, egg white (EGGS) (E202, E330, E331, E412, E415), dark chocolate (MILK, SOYA), whipping cream (MILK), flaked almonds (ALMONDS)													
Blueberry Pie Small	margarine (E322, E330, E471, E475), eggs (EGGS), sugar, wheat flour (WHEAT) (E170), baking powder (WHEAT) (E450, E500), vanilla sugar (WHEAT, EGGS, MILK), perzipan, blueberries, white chocolate (MILK, SOYA), white chocolate shavings (MILK, SOYA) (E322), icing sugar (E341)													
Gateu Marcel Small	butter (MILK), margarine (E322, E330, E471, E475), dark chocolate (MILK, SOYA), egg white (EGGS) (E202, E330, E331, E412, E415), egg yolk (EGGS) (E202, E330), sugar, glucose syrup (SULPHITES), dark chocolate (MILK, SOYA), whipping cream (MILK), white chocolate shavings (MILK, SOYA) (E322), chocolate pencil (MILK, SOYA)													
Apple Pie	wheat flour (WHEAT) (E170), eggs (EGGS), icing sugar (E341), margarine (E322, E330, E471, E475), baking powder (WHEAT) (E450, E500), perzipan, sugar, water, apple jam (SULPHITES), apples, cinnamon, glaze (E202, E330), powdered patisserie mix (WHEAT, MILK) (E450, E466, E472a, E472b, E500)													
Tosca Small	sugar, whipping cream (MILK), butter (MILK), glucose syrup (SULPHITES), peanuts (PEANUTS, NUTS), hazelnuts (HAZELNUTS, PEANUTS), almonds (ALMONDS), caramel (MILK, SOYA) (E202, E322, E331iii, E334, E440, E471, E1442), perzipan, eggs (EGGS), wheat flour (WHEAT) (E170), margarine (E330, E322, E471, E475), sugar, water													
Peanut Slice	brownie mix (WHEAT, EGGS, MILK) (E341, E415, E450, E471, E500), eggs (EGGS), rapeseed oil, marshmallow (WHEAT, SULPHITES), caramel (MILK, SOYA) (E202, E322, E331iii, E334, E440, E471, E1442), peanuts (PEANUTS, NUTS), salt, water, dark chocolate (MILK, SOYA)													
Raspberry Slice	wheat flour (WHEAT) (E170), eggs (EGGS), icing sugar (E341), margarine (E322, E330, E471, E475), baking powder (WHEAT) (E450, E500), water, raspberry jam (E202, E418), dried raspberries													
Marzipan Slice	baking paste (ALMONDS) (E202, E330), sugar, egg white (EGGS) (E202, E330, E331, E412, E415), icing sugar (E341), dark chocolate (MILK, SOYA), powdered patisserie mix (WHEAT, MILK) (E450, E466, E472a, E472b, E500),													

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Rum Log	wheat flour (WHEAT) (E170), yeast, salt, sugar, eggs (EGGS), whipping cream (MILK), bread improver (WHEAT) (E300, E472e, E516), butter (MILK), chocolate croissant (WHEAT, BARLEY, RYE, OATS, NUTS, PEANUTS, EGGS, MILK, SOYA, SESAME, MUSTARD, CELERY, LUPIN) (E160a(i), E331iii, E407, E460, E1442, E322, E471, E475, E300, E481, E170, E472e), old fashioned social (WHEAT, BARLEY, RYE, OATS, NUTS, PEANUTS, EGGS, MILK, SOYA, SESAME, MUSTARD, CELERY, LUPIN) (E160a(i), E331iii, E407, E460, E1442, E322, E471, E475, E300, E481, E170, E472e), flaked almonds (ALMONDS), chocolate social (WHEAT, BARLEY, RYE, OATS, NUTS, PEANUTS, EGGS, MILK, SOYA, SESAME, MUSTARD, CELERY, LUPIN) (E160a(i), E331iii, E407, E460, E1442, E322, E471, E475, E300, E481, E170, E472e), icing sugar (E341), cocoa powder, water, cinnamon swirl (WHEAT, BARLEY, RYE, OATS, NUTS, PEANUTS, EGGS, MILK, SOYA, SESAME, MUSTARD, CELERY, LUPIN) (E160a(i), E331iii, E407, E460, E1442, E322, E471, E475, E300, E481, E170, E472e), chocolate swirl (WHEAT, BARLEY, RYE, OATS, NUTS, PEANUTS, EGGS, MILK, SOYA, SESAME, MUSTARD, CELERY, LUPIN) (E160a(i), E331iii, E407, E460, E1442, E322, E471, E475, E300, E481, E170, E472e), margarine (E322, E330, E471, E475), baking powder (WHEAT) (E450, E500), powdered patisserie mix (WHEAT, MILK) (E450, E466, E472a, E472b, E500), perzipan, powdered custard cream mix (MILK) (E160a, E339ii, E401, E450iii, E516), dark chocolate (MILK, SOYA), vanilla sugar (WHEAT, EGGS, MILK), salt, copenhagen (WHEAT, BARLEY, RYE, OATS, NUTS, PEANUTS, EGGS, MILK, SOYA, SESAME, MUSTARD, CELERY, LUPIN) (E160a(i), E331iii, E407, E460, E1442, E322, E471, E475, E300, E481, E170, E472e), rum essence (E202, E330, E450), white marzipan (ALMONDS) (E202, E420, E1103), icing sugar (E341), glucose syrup (SULPHITES)													
Cream Cake Small														
Christianshavner Cake Small	whipping cream (MILK), sugar, egg white (EGGS) (E202, E330, E331, E412, E415), flaked almonds (ALMONDS), hazelnuts (HAZELNUTS, PEANUTS), baking powder (WHEAT) (E450, E500), vanilla sugar (WHEAT, EGGS, MILK), digestive crumbs (WHEAT, BARLEY, MILK), strawberries, strawberry jam (SULPHITES) (E202, E330, E331, E440), fromage powder (E401, E450i, E450iii, E516), grapes, blueberries, raspberries, glaze (E202, E330)													
Raspberry Tart	wheat flour (WHEAT) (E170), eggs (EGGS), icing sugar (E341), margarine (E322, E330, E471, E475), baking powder (WHEAT) (E450, E500), baking paste (ALMONDS) (E202, E330), sugar, egg white (EGGS) (E202, E330, E331, E412, E415), dark chocolate (MILK, SOYA), whipping cream (MILK), vanilla sugar (WHEAT, EGGS, MILK), egg yolk (EGGS) (E202, E330), fromage powder (E401, E450i, E450iii, E516), cream cheese (MILK), raspberries, glaze (E202, E330), pistachios (PISTACHIOS)													
Strawberry Tart Small	wheat flour (WHEAT) (E170), eggs (EGGS), icing sugar (E341), margarine (E322, E330, E471, E475), baking powder (WHEAT) (E450, E500), perzipan, sugar, water, dark chocolate (MILK, SOYA), whipping cream (MILK), vanilla sugar (WHEAT, EGG, MILK), egg yolks (EGGS) (E202, E330), fromage powder (E401, E450i, E450iii, E516), cream cheese (MILK), strawberries, glaze (E202, E330), flaked almonds (ALMONDS)													
Berry Slice	chocolate muffin mix (WHEAT, MILK) (E415, E471, E472b, E472e, E475, E450, E500, E481), eggs (EGGS), rapeseed oil, water, dark chocolate (MILK, SOYA), whipping cream (MILK), forrest berries, raspberry jam (E202, E418), fromage powder (E401, E450i, E450iii, E516), vanilla sugar (WHEAT, EGG, MILK), egg yolks (EGGS) (E202, E330), cream cheese (MILK), blueberries, lime, raspberry, glaze (E202, E330), E440), icing sugar (E341), egg white (EGGS) (E202, E330, E331, E412, E415)													
Cheese Cake	egg yolks (EGGS) (E202, E330), sugar, vanilla sugar (WHEAT, EGG, MILK), whipping cream (MILK), cream cheese (MILK), fromage powder (E401, E450i, E450iii, E516), butter (MILK), biscuits (WHEAT, BARLEY, MILK) (E472e), passion fruit puree, mango puree, raspberry puree, chocolate flavoured glaze (E202, E334), gelatine (SULPHITES)													
Mango & Passionfruit cake	sugar, egg whites (EGGS) (E202, E330, E331, E412, E415), almond flakes (ALMONDS), hazelnuts (HAZELNUTS, PEANUTS), baking powder (WHEAT) (E450, E500), vanilla sugar (WHEAT, EGG, MILK), digestive crumbs (WHEAT, BARLEY, MILK), raspberry jam (E202, E418), mango puree, passion fruit puree, whipping cream (MILK), fromage powder (E401, E450i, E450iii, E516), red currants, blueberries													

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Chocolate Slice	chocolate muffin mix (WHEAT, MILK) (E415, E471, E472b, E472e, E475, E450, E500, E481), eggs (EGGS), apple jam (SULPHITES), dark chocolate (MILK, SOYA), whipping cream (MILK), perzipan, white marzipan (ALMONDS) (E202, E420, E1103), icing sugar (E341), glucose syrup (SULPHITES), white chocolate shavings (MILK, SOYA) (E322), rapeseed oil, water													
Large Cakes														
Othello Layer Cake	O&S vanilla sponge mix [powdered patisserie mix (WHEAT, MILK) (E450, E466, E472a, E472b, E500), eggs (EGGS), water], raspberry jam (E202, E418), O&S shortcrust mix [wheat flour (WHEAT) (E170), eggs (EGGS), icing sugar (E341), margarine (E322, E330, E471, E475), baking powder (WHEAT) (E450, E500)], whipping cream (MILK), O&S brown icing [icing sugar (E341), cocoa powder, water], strawberries, kiwi, white grapes, raspberries, blueberries, blackberries, red currants, physalis, O&S vanilla pastry cream [powdered custard cream mix (MILK) (E160a, E339ii, E401, E450iii, E516), water], O&S marzipan base [perzipan, white marzipan (ALMONDS) (E202, E420, E1103), icing sugar (E341), glucose syrup (SULPHITES)]													
Berry Layer Cake	O&S vanilla sponge mix [powdered patisserie mix (WHEAT, MILK) (E450, E466, E472a, E472b, E500), eggs (EGGS), water], raspberry jam (E202, E418), O&S shortcrust mix [wheat flour (WHEAT) (E170), eggs (EGGS), icing sugar (E341), margarine (E322, E330, E471, E475), baking powder (WHEAT) (E450, E500)], whipping cream (MILK), forest berries, strawberries, white grapes, raspberries, blueberries, blackberries, red currants, physalis, fromage powder (E401, E450i, E450iii, E516), O&S marzipan base mix [perzipan, white marzipan (ALMONDS) (E202, E420, E1103), icing sugar (E341), glucose syrup (SULPHITES)], glaze (E202, E330, E440)													
Cake Man/Lady Pastry	O&S puff pastry dough [wheat flour (WHEAT) (E170), yeast, salt, sugar, bread improver (WHEAT) (E300, E472e, E516), eggs (EGGS), water], O&S vanilla pastry cream [powdered custard cream mix (MILK) (E160a, E339ii, E401, E450iii, E516), water], O&S borgmester mix [sugar, margarine (E330, E322, E471, E475), perzipan], vanilla sugar (WHEAT, MILK, EGG), O&S white icing [icing sugar (E341), water], O&S brown icing [icing sugar (E341), cocoa powder, water], O&S marzipan base mix [perzipan, white marzipan (ALMONDS) (E202, E420, E1103), icing sugar (E341), glucose syrup (SULPHITES)], dark chocolate (MILK, SOYA), O&S sweet mix (WHEAT, SULPHITES) (E100, E140, E150, E153, E160, E161b, E161b, E162, E163, E260, E296, E306, E330, E331, E333iii, E420, E570, E903, E1400)													
Cake Man/Lady Chocolate	margarine (E330, E322, E471, E475), sugar, brown sugar, golden syrup, vanilla sugar (WHEAT, MILK, EGG), powdered custard cream mix (MILK) (E160a, E339ii, E401, E450iii, E516), salt, dark chocolate chips (MILK, SOYA), bi-carbonate of soda (E500), buttermilk (MILK), wheat flour (WHEAT) (E170), cocoa powder, O&S white icing [icing sugar (E341), water], O&S brown icing [icing sugar (E341), cocoa powder, water], O&S marzipan base mix [perzipan, white marzipan (ALMONDS) (E202, E420, E1103), icing sugar (E341), glucose syrup (SULPHITES)], O&S sweet mix (WHEAT, SULPHITES) (E100, E140, E150, E153, E160, E161b, E161b, E162, E163, E260, E296, E306, E330, E331, E333iii, E420, E570, E903, E1400)													
Muscovado Cake Lady/Man	wheat flour (WHEAT) (E170), yeast, sugar, salt, margarine (E330, E322, E471, E475), eggs (EGGS), O&S bread cream mix [wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322, E471, E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), sunflower seeds (SESAME), linseeds, chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT, BARLEY, RYE), carrots, cornflakes (BARLEY), water], O&S biga sourdough mix [wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322, E471, E475), water], cardamon, brown sugar, margarine (E330, E322, E471, E475), powdered custard cream mix (MILK) (E160a, E339ii, E401, E450iii, E516), O&S white icing [icing sugar (E341), water], O&S marzipan base mix [perzipan, white marzipan (ALMONDS) (E202, E420, E1103), icing sugar (E341), glucose syrup (SULPHITES)], dark chocolate (MILK, SOYA), bread improver (WHEAT) (E300, E472e, E516), O&S sweet mix (WHEAT, SULPHITES) (E100, E140, E150, E153, E160, E161b, E161b, E162, E163, E260, E296, E306, E330, E331, E333iii, E420, E570, E903, E1400)													

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Cake Man/Lady Pastry - Gelatine Free	margarine (E330, E322, E471, E475), sugar, brown sugar, golden syrup, vanilla sugar (WHEAT, MILK, EGG), powdered custard cream mix (MILK) (E160a, E339ii, E401, E450iii, E516), salt, dark chocolate chips (MILK, SOYA), bi-carbonate of soda (E500), buttermilk (MILK), wheat flour (WHEAT) (E170), cocoa powder, O&S white icing [icing sugar (E341), water], O&S brown icing [icing sugar (E341), cocoa powder, water], O&S marzipan base mix [perzipan, white marzipan (ALMONDS) (E202, E420, E1103), icing sugar (E341), glucose syrup (SULPHITES)], O&S gelatine free sweet mix (WHEAT) (E100, E141, E150, E160, E160a, E161b, E163, E270, E296, E300, E306, E325, E330, E414, E420, E440, E901, E903)													
Muscovado Cake Lady/Man - Gelatine Free	wheat flour (WHEAT) (E170), yeast, sugar, salt, margarine (E330, E322, E471, E475), eggs (EGGS), O&S bread cream mix [wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322, E471, E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), sunflower seeds (SESAME), linseeds, chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT, BARLEY, RYE), carrots, cornflakes (BARLEY), water], O&S biga sourdough mix [wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322, E471, E475), water], cardamon, brown sugar, margarine (E330, E322, E471, E475), powdered custard cream mix (MILK) (E160a, E339ii, E401, E450iii, E516), O&S white icing [icing sugar (E341), water], O&S marzipan base mix [perzipan, white marzipan (ALMONDS) (E202, E420, E1103), icing sugar (E341), glucose syrup (SULPHITES)], dark chocolate (MILK, SOYA), bread improver (WHEAT) (E300, E472e, E516), water, O&S gelatine free sweet mix (WHEAT) (E100, E141, E150, E160, E160a, E161b, E163, E270, E296, E300, E306, E325, E330, E414, E420, E440, E901, E903)													
Cake Man/Lady Chocolate - Gelatine Free	margarine (E330, E322, E471, E475), sugar, brown sugar, golden syrup, vanilla sugar (WHEAT, MILK, EGG), powdered custard cream mix (MILK) (E160a, E339ii, E401, E450iii, E516), salt, dark chocolate chips (MILK, SOYA), bi-carbonate of soda (E500), buttermilk (MILK), wheat flour (WHEAT) (E170), cocoa powder, O&S white icing [icing sugar (E341), water], O&S brown icing [icing sugar (E341), cocoa powder, water], O&S marzipan base mix [perzipan, white marzipan (ALMONDS) (E202, E420, E1103), icing sugar (E341), glucose syrup (SULPHITES)], O&S gelatine free sweet mix (WHEAT) (E100, E141, E150, E160, E160a, E161b, E163, E270, E296, E300, E306, E325, E330, E414, E420, E440, E901, E903)													
Gateu Marcel Large	butter (MILK), margarine (E330, E322, E471, E475), dark chocolate (MILK, SOYA), egg white (EGGS) (E202, E330, E331, E412, E415), egg yolk (EGGS) (E202, E330), sugar, O&S ganache mix [glucose syrup (SULPHITES), dark chocolate (MILK, SOYA), whipping cream (MILK)], white chocolate shavings (MILK, SOYA) (E322), chocolate pencil (MILK, SOYA), cocoa powder													
Christianshavner Cake Large	sugar, egg white (EGGS) (E202, E330, E331, E412, E415), almond flakes (ALMONDS), hazelnuts (HAZELNUTS, PEANUTS), baking powder (WHEAT) (E450, E500), vanilla sugar (WHEAT, MILK, EGG), whipping cream (MILK), digestive crumbs (WHEAT, BARLEY, MILK), strawberries, strawberry jam (SULPHITES) (E202, E330, E331, E440), fromage powder (E401, E450i, E450iii, E516), white grapes, blueberries, blackberries, raspberries, red currants, physalis, glaze (E202, E330, E440)													
Strawberry Tart Large	O&S shortcrust mix [wheat flour (WHEAT) (E170), eggs (EGGS), icing sugar (E341), margarine (E322, E330, E471, E475), baking powder (WHEAT) (E450, E500)], O&S perzipan mix [perzipan, eggs (EGGS), wheat flour (WHEAT) (E170), margarine (E330, E322, E471, E475), sugar, water], dark chocolate (MILK, SOYA), O&S vanilla cake cream [whipping cream (MILK), vanilla sugar (WHEAT, EGG, MILK), egg yolk (EGGS) (E202, E330), fromage powder (E401, E450i, E450iii, E516), cream cheese (MILK)], strawberries, glaze (E202, E330, E440), flaked almonds (ALMONDS)													
Seasonal														

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Copenhagen Mess	O&S biscuit base mix [digestive biscuits (WHEAT, BARLEY, MILK), butter (MILK), jumbo oats (WHEAT, OATS)], O&S meringue [icing sugar (E341), egg white (EGGS) (E202, E330, E331, E412, E415)], dried raspberries, strawberries, blueberries, blackberries, O&S buttermilk cream [buttermilk (MILK), whipping cream (MILK), vanilla sugar (WHEAT, EGGS, MILK), lemon puree, yuzu puree, Icelandic Yoghurt (MILK), fromage powder (E401, E450i, E450iii, E516)]													
Lemon Cardamon Swirl	O&S spandauer [wheat flour (WHEAT) (E170), yeast, salt, sugar, bread improver (WHEAT) (E300, E472e, E516), eggs (EGGS), water, perzipan, margarine (E322, E330, E471, E475), icing sugar (E341), powdered custard cream mix (MILK) (E160a, E339ii, E401, E450iii, E516)], margarine (E330, E322,E471,E475), butter (MILK), sugar, cardamon, perzipan, lemon													
Chocolate Chip cookie	wheat flour (WHEAT) (E170), brown sugar, sugar, hazelnuts (HAZELNUTS, PEANUTS), dark chocolate (MILK, SOYA), milk chocolate (MILK, SOYA), white chocolate (MILK, SOYA), eggs (EGGS), butter (MILK), margarine (E322, E330, E471, E475), golden syrup, vanilla sugar (WHEAT, MILK, EGG), baking powder (WHEAT) (E500, E450), salt													
Skyr Yoghurt Pot														
SKYR Yoghurt With Berry Compote	Icelandic Yoghurt (MILK), berry compote, pumpkin seeds, sunflower seeds (SESAME)													
Porridge With Berry Compote	O&S porridge [oats (WHEAT, OATS), milk (MILK), sugar, cinnamon], berry compote, pumpkin seeds, sunflower seeds (SESAME)													
Porridge With Dry Fruits, Granola	O&S porridge [oats (WHEAT, OATS), milk (MILK), sugar, cinnamon], dried apricots (SULPHITES) (E220), dried cranberry, golden raisins (SULPHITES) (E220), O&S granola [rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), sunflower seeds (SESAME), linseeds, taste and colour enhancer (WHEAT, BARLEY, RYE), wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), chia seeds, carrots, cornflakes (BARLEY), flaked almonds (ALMONDS), rye flakes (RYE), butter (MILK), water], honey													
Toastie														
Tuna Melt	O&S foccacia [wheat flour (WHEAT), water, yeast, salt, olive oil], tuna fakes (FISH), O&S sriracha mayo [mayonnaise (EGGS) (E202, E260, E415, E1422), sriracha chilli sauce (E415), lemon juice, salt, black pepper], mature emmental cheese (MILK), sriracha chilli sauce (E415), rocket, olive oil													
New Yorker	O&S foccacia [wheat flour (WHEAT), water, yeast, salt, olive oil], pastrami (E250, E251, E301, E450, E450i, E500ii, E621, E1520), mature emmental cheese (MILK), dill pickles (SULPHITES) (E509), dijon mustard (MUSTARD), O&S slaw [red cabbage, white cabbage, mayonnaise (EGGS) (E202, E260, E415, E1422), fresh horseradish, salt, black pepper], olive oil													

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Ham & Cheese Toastie	O&S foccacia [wheat flour (WHEAT), water, yeast, salt, olive oil], mature emmental cheese (MILK), smoked ham (E250, E251, E301, E450, E451, E452), dijon mustard (MUSTARD), olive oil													
Truffle Mushroom Toastie	O&S foccacia [wheat flour (WHEAT), water, yeast, salt, olive oil], O&S mushroom mix [mushrooms, apple cider vinegar (SULPHITES) (E224), caster sugar, mustard seeds (MUSTARD), water, salt], O&S truffle oil [truffle oil, olive oil, salt], mature emmental cheese (MILK), spinach, salt													
Breakfast Plates / Brunch														
Egg, Avocado on Toast	O&S smashed avocado [avocado, lemon juice, black pepper, salt], O&S sourdough toast [rye flour (RYE), wheat flour (WHEAT) (E170, E300), yeast, salt, black pepper, taste and colour enhancer (WHEAT , BARLEY , RYE), sunflower seeds (SESAME), chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), oats (WHEAT , OATS), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, linseeds, carrots, cornflakes (BARLEY), water], O&S poached egg [eggs (EGGS), white wine vinegar (SULPHITES)]													
Egg, Avocado & Salmon on Toast	O&S smashed avocado [avocado, lemon juice, black pepper, salt], O&S sourdough toast [rye flour (RYE), wheat flour (WHEAT) (E170, E300), yeast, salt, black pepper, taste and colour enhancer (WHEAT , BARLEY , RYE), sunflower seeds (SESAME), chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), oats (WHEAT , OATS), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, linseeds, carrots, cornflakes (BARLEY), water], manuka smoked salmon (FISH), O&S poached egg [eggs (EGGS), white wine vinegar (SULPHITES)]													
Egg, Avocado & Bacon on Toast	O&S smashed avocado [avocado, lemon juice, black pepper, salt], O&S sourdough toast [rye flour (RYE), wheat flour (WHEAT) (E170, E300), yeast, salt, black pepper, taste and colour enhancer (WHEAT , BARLEY , RYE), sunflower seeds (SESAME), chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), oats (WHEAT , OATS), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, linseeds, carrots, cornflakes (BARLEY), water], streaky bacon (E45i, E50, E250, E251, E301, E500ii, E621), O&S poached egg [eggs (EGGS), white wine vinegar (SULPHITES)]													
Chia yoghurt bowl	Icelandic Yoghurt (MILK), pink grapefruit, O&S granola [rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), sunflower seeds (SESAME), linseeds, taste and colour enhancer (WHEAT , BARLEY , RYE), wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT , OATS), chia seeds, carrots, cornflakes (BARLEY), flaked almonds (ALMONDS), rye flakes (RYE), butter (MILK), water], chia seeds													
Ole & Steen Power Bowl	O&S quinoa mix [quinoa, mint, parsley, olive oil, lemons, salt, black pepper], Icelandic Yoghurt (MILK), O&S smashed avocado [avocado, lemon juice, black pepper, salt], eggs (EGGS), pink grapefruit, O&S rye crisps [rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), sunflower seeds (SESAME), linseeds, taste and colour enhancer (WHEAT , BARLEY , RYE), wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT , OATS), chia seeds, carrots, cornflakes (BARLEY), water], pumpkin seeds, sunflower seeds (SESAME)													

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Avocado on toast	O&S smashed avocado [avocado, lemon juice, black pepper, salt], O&S sourdough toast [rye flour (RYE), wheat flour (WHEAT) (E170, E300), yeast, salt, black pepper, taste and colour enhancer (WHEAT , BARLEY , RYE), sunflower seeds (SESAME), chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), oats (WHEAT , OATS), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, linseeds, carrots, cornflakes (BARLEY), water]													
Egg on toast	O&S sourdough toast [rye flour (RYE), wheat flour (WHEAT) (E170, E300), yeast, salt, taste and colour enhancer (WHEAT , BARLEY , RYE), sunflower seeds (SESAME), chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), oats (WHEAT , OATS), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, linseeds, carrots, cornflakes (BARLEY), water], O&S poached egg [eggs (EGGS), white wine vinegar (SULPHITES)], butter (MILK), black pepper													
O&S toast with Honey	O&S skagen toast [rye flour (RYE), wheat flour (WHEAT) (E170, E300), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), yeast, bread improver (WHEAT) (E300, E472e, E516), salt, rapeseed oil, oats (WHEAT , OATS), sunflower seeds (SESAME), linseeds, chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT , BARLEY , RYE), carrots, cornflakes (BARLEY), water], butter (MILK), honey													
O&S toast with Strawberry Jam	O&S skagen toast [rye flour (RYE), wheat flour (WHEAT) (E170, E300), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), yeast, bread improver (WHEAT) (E300, E472e, E516), salt, rapeseed oil, oats (WHEAT , OATS), sunflower seeds (SESAME), linseeds, chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT , BARLEY , RYE), carrots, cornflakes (BARLEY), water], butter (MILK), strawberry jam (E330, E3440)													
O&S toast with Apricot Jam	O&S skagen toast [rye flour (RYE), wheat flour (WHEAT) (E170, E300), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), yeast, bread improver (WHEAT) (E300, E472e, E516), salt, rapeseed oil, oats (WHEAT , OATS), sunflower seeds (SESAME), linseeds, chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT , BARLEY , RYE), carrots, cornflakes (BARLEY), water], butter (MILK), apricot jam (E330)													
O&S toast with Peanut Butter	O&S skagen toast [rye flour (RYE), wheat flour (WHEAT) (E170, E300), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), yeast, bread improver (WHEAT) (E300, E472e, E516), salt, rapeseed oil, oats (WHEAT , OATS), sunflower seeds (SESAME), linseeds, chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT , BARLEY , RYE), carrots, cornflakes (BARLEY), water], butter (MILK), peanut butter (PEANUTS , NUTS , SESAME)													
Manuka Smoked Salmon Roll	O&S salt & pepper roll [wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT , OATS), sunflower seeds (SESAME), linseeds, chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT , BARLEY , RYE), carrots, cornflakes (BARLEY), ground pepper, water], manuka smoked salmon (FISH), O&S pickled cucumber mix [cucumbers, lemon juice, dill, salt, black pepper], radish, chive & shallot cream cheese (MILK), watercress													
Salads														

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Dish Name	Cereals containing Gluten	Crustaceans and products thereof	Eggs and products thereof	Fish and products thereof	Peanuts and products thereof	Soy beans and products thereof	Milk and products thereof	Nuts	Celery and products thereof	Mustard and products thereof	Sesame Seeds and products thereof	Sulphites and Sulphur Dioxide (>10mg/Kg)	Lupin and products thereof	Molluscs and products thereof
Salmon Nicoise Salad														
Satay Chicken														
Super Green & Grains														
Melon & Feta Cheese														
Open Sandwiches														
Prawn, Avocado, Cocktail Sauce														
Rare Roast Beef, Remoulade Sauce														
Smoked Trout														

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Dish Name	Cereals containing Gluten	Crustaceans and products thereof	Eggs and products thereof	Fish and products thereof	Peanuts and products thereof	Soy beans and products thereof	Milk and products thereof	Nuts	Celery and products thereof	Mustard and products thereof	Sesame Seeds and products thereof	Sulphites and Sulphur Dioxide (>10mg/Kg)	Lupin and products thereof	Molluscs and products thereof
Blue Cheese & Fennel	O&S carrot rye bread [rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), walnuts (NUTS), sunflower seeds (SESAME), linseeds, taste and colour enhancer (WHEAT, BARLEY, RYE), wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), chia seeds, carrots, cornflakes (BARLEY), water], O&S pickled fennel [fennel, apple cider vinegar (SULPHITES) (E224), caster sugar, mustard seeds (MUSTARD), water, salt], pickled fennel (MUSTARD, SULPHITES), pear, blue cheese (MILK), black pepper													
Roast Chicken Skagen Roll	O&S Skagen roll [wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), sunflower seeds (SESAME), linseeds, chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT, BARLEY, RYE), carrots, cornflakes (BARLEY), water], sliced chicken, remoulade sauce (EGGS, MUSTARD, SULPHITES), tomatoes, mixed salas leaves, olive oil, salt, black pepper													
Ham, Swiss Cheese, Slaw, Salt & Pepper Roll	O&S salt&pepper roll [wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), sunflower seeds (SESAME), linseeds, chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT, BARLEY, RYE), carrots, cornflakes (BARLEY), ground pepper, water], smoked ham (E250, E251, E301, E450, E451, E452), mature emmental cheese (MILK), O&S slaw [red cabbage, white cabbage, mayonnaise (EGGS) (E202, E260, E415, E1422), fresh horseradish, salt, black pepper], olive oil, salt, black pepper													
Hummus, Sun Dried Tomato, Rye Roll	O&S rye roll [rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT, BARLEY, RYE), carrots, wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), sunflower seeds (SESAME), linseeds, chia seeds, carrots, cornflakes (BARLEY), pumpkin seeds, water], houmous (SESAME), sunblashed tomatoes, sunblashed peppers, mixed salad leaves, olive oil, salt, black pepper													
Soups														
Truffle Celeriac & White Bean Soup	O&S truffle celeriac & white bean soup (MILK, CELERY), truffle oil, crispy shallots (WHEAT), chives, O&S salt&pepper roll [wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), sunflower seeds (SESAME), linseeds, chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT, BARLEY, RYE), carrots, cornflakes (BARLEY), ground pepper, water], butter (MILK)													
Carrot, Turmeric, Ginger Soup	carrot, ginger & tumeric soup, micro corriander, O&S skagen toast [rye flour (RYE), wheat flour (WHEAT) (E170, E300), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), yeast, bread improver (WHEAT) (E300, E472e, E516), salt, rapeseed oil, oats (WHEAT, OATS), sunflower seeds (SESAME), linseeds, chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT, BARLEY, RYE), carrots, cornflakes (BARLEY), water], butter (MILK), chilli flakes													
Hot beverages														
Espresso	espresso blend, water													

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therefore **TRACES** may be present

IMPORTANT NOTE: the allergen may be present in more
than one ingredient

Dish Name	Cereals containing Gluten	Crustaceans and products thereof	Eggs and products thereof	Fish and products thereof	Peanuts and products thereof	Soy beans and products thereof	Milk and products thereof	Nuts	Celery and products thereof	Mustard and products thereof	Sesame Seeds and products thereof	Sulphites and Sulphur Dioxide (>10mg/Kg)	Lupin and products thereof	Molluscs and products thereof
Double Espresso														
Espresso Macchiato (whole milk)														
Americano (no milk)														
Filter coffee (no milk)														
Cortado (whole milk)														
Latte (whole milk)														
Cappuccino (whole milk)														
Flat white (whole milk)														
Mocha (whole milk)														
Hot Chocolate (whole milk)														
English Breakfast tea (no milk)														
Earl Grey Tea (no milk)														
Peppermint Tea														
Chamomile Tea														

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Wild Berry Tea	Wild berry tea, water													
Green Tea	Green tea, water													
Add on's														
milk on side (whole milk)	whole milk (MILK)													
milk on side (skimmed milk)	skimmed milk (MILK)													
milk on side (soya milk)	soya milk (SOYA)													
milk on side (Oat milk)	oat milk (GLUTEN)													
milk on side (almond milk)	almond milk (ALMONDS)													
Cold beverages														
Iced Latte	espresso blend, milk (MILK), ice													
Iced Americano	espresso blend, water, ice													
Iced Mocha	espresso blend, water, milk (MILK), hot chocolate powder (E551), ice													
Iced Chocolate	water, milk (MILK), hot chocolate powder (E551), ice													
Peach Iced Tea	cold brew tea mix, peach juice, lemon, mint, ice													

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Lemonade	lemon juice, lime juice, caster sugar, water, mint, ice													