

Ole & Steen | Shops Menu | Shops Allergen Information | April 2019

Where 'Yes' is indicated in RED & BOLD The dish contains the named allergen.				Where 'Yes' is indicated in YELLOW Cross Contamination may have occurred due to hand made production, therefore TRACES may be present						IMPORTANT NOTE: the allergen may be present in more than one ingredient				
Dish Name	Cereals containing Gluten	Crustaceans and products thereof	Eggs and products thereof	Fish and products thereof	Peanuts and products thereof	Soy beans and products thereof	Milk and products thereof	Nuts	Celery and products thereof	Mustard and products thereof	Sesame Seeds and products thereof	Sulphites and Sulphur Dioxide (>10mg/Kg)	Lupin and products thereof	Molluscs and products thereof
Skyr Yoghurt Pot														
SKYR Yoghurt With Dried Fruit & Nuts	Yes				Yes		Yes	Yes			Yes	Yes		
SKYR Yoghurt With Dried Fruit & Nuts	Icelandic Yoghurt (MILK), dried apricots (SULPHITES) (E220), dried cranberry, golden raisins (SULPHITES) (E220), hazelnuts (NUTS), pecan nuts (NUTS, PEANUTS), honey													
SKYR Yoghurt With Berry Compote	Yes				Yes		Yes	Yes			Yes			
SKYR Yoghurt With Berry Compote	Icelandic Yoghurt (MILK), berry compote, pumpkin seeds, sunflower seeds (SESAME)													
Porridge With Berry Compote	Yes - Wheat, Oats				Yes		Yes	Yes			Yes	Yes		
Porridge With Berry Compote	O&S porridge [oats (WHEAT, OATS), milk (MILK), sugar, cinnamon], berry compote, pumpkin seeds, sunflower seeds (SESAME)													
Porridge With Dry Fruits, Granola	Yes - Wheat, Barley, Rye, Oats				Yes		Yes	Yes			Yes	Yes		
Porridge With Dry Fruits, Granola	O&S porridge [oats (WHEAT, OATS), milk (MILK), sugar, cinnamon], dried apricots (SULPHITES) (E220), dried cranberry, golden raisins (SULPHITES) (E220), O&S granola [rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), sunflower seeds (SESAME), linseeds, taste and colour enhancer (WHEAT, BARLEY, RYE), wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), chia seeds, carrots, cornflakes (BARLEY), flaked almonds (ALMONDS), rye flakes (RYE), butter (MILK), water], honey													
Toastie														
Tuna Melt	Yes - Wheat		Yes	Yes	Yes		Yes	Yes		Yes	Yes	Yes		

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Tuna Melt	O&S foccacia [wheat flour (WHEAT), water, yeast, salt, olive oil], tuna fakes (FISH), O&S sriracha mayo [mayonnaise (EGGS) (E202, E260, E415, E1422), sriracha chilli sauce (E415), lemon juice, salt, black pepper], mature emmental cheese (MILK), sriracha chilli sauce (E415), rocket, olive oil													
New Yorker	Yes - Wheat		Yes	Yes	Yes		Yes	Yes		Yes	Yes	Yes		
New Yorker	O&S foccacia [wheat flour (WHEAT), water, yeast, salt, olive oil], pastrami (E250, E251, E301, E450, E450i, E500ii, E621, E1520), mature emmental cheese (MILK), dill pickles (SULPHITES) (E509), dijon mustard (MUSTARD), O&S slaw [red cabbage, white cabbage, mayonnaise (EGGS) (E202, E260, E415, E1422), fresh horseradish, salt, black pepper], olive oil													
Ham & Cheese Toastie	Yes - Wheat		Yes	Yes	Yes		Yes	Yes		Yes	Yes	Yes		
Ham & Cheese Toastie	O&S foccacia [wheat flour (WHEAT), water, yeast, salt, olive oil], mature emmental cheese (MILK), smoked ham (E250, E251, E301, E450, E451, E452), dijon mustard (MUSTARD), olive oil													
Truffle Mushroom Toastie	Yes - Wheat		Yes	Yes	Yes		Yes	Yes		Yes	Yes	Yes		
Truffle Mushroom Toastie	O&S foccacia [wheat flour (WHEAT), water, yeast, salt, olive oil], O&S mushroom mix [mushrooms, apple cider vinegar (SULPHITES) (E224), caster sugar, mustard seeds (MUSTARD), water, salt], O&S truffle oil [truffle oil, olive oil, salt], mature emmental cheese (MILK), spinach, salt													
Breakfast Plates / Brunch														
Egg, Avocado on Toast	Yes - Wheat, Barley, Rye, Oats		Yes		Yes			Yes			Yes	Yes		
Egg, Avocado on Toast	O&S smashed avocado [avocado, lemon juice, black pepper, salt], O&S sourdough toast [rye flour (RYE), wheat flour (WHEAT) (E170, E300), yeast, salt, taste and colour enhancer (WHEAT, BARLEY, RYE), sunflower seeds (SESAME), chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), oats (WHEAT, OATS), margarine (E330, E322, E471, E475), glucose syrup (SULPHITES), bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, linseeds, carrots, cornflakes (BARLEY), water], O&S poached egg [eggs (EGGS), white wine vinegar (SULPHITES)], chilli flakes													
Egg, Avocado & Salmon on Toast	Yes - Wheat, Barley, Rye, Oats		Yes	Yes	Yes			Yes			Yes	Yes		

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Dish Name	Cereals containing Gluten	Crustaceans and products thereof	Eggs and products thereof	Fish and products thereof	Peanuts and products thereof	Soy beans and products thereof	Milk and products thereof	Nuts	Celery and products thereof	Mustard and products thereof	Sesame Seeds and products thereof	Sulphites and Sulphur Dioxide (>10mg/Kg)	Lupin and products thereof	Molluscs and products thereof
Egg, Avocado & Salmon on Toast	O&S smashed avocado [avocado, lemon juice, black pepper, salt], O&S sourdough toast [rye flour (RYE), wheat flour (WHEAT) (E170, E300), yeast, salt, taste and colour enhancer (WHEAT, BARLEY, RYE), sunflower seeds (SESAME), chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), oats (WHEAT, OATS), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, linseeds, carrots, cornflakes (BARLEY), water], manuka smoked salmon (FISH), O&S poached egg [eggs (EGGS), white wine vinegar (SULPHITES)], chilli flakes													
Egg, Avocado & Bacon on Toast	Yes - Wheat, Barley, Rye, Oats		Yes		Yes			Yes			Yes	Yes		
Egg, Avocado & Bacon on Toast	O&S smashed avocado [avocado, lemon juice, black pepper, salt], O&S sourdough toast [rye flour (RYE), wheat flour (WHEAT) (E170, E300), yeast, salt, taste and colour enhancer (WHEAT, BARLEY, RYE), sunflower seeds (SESAME), chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), oats (WHEAT, OATS), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, linseeds, carrots, cornflakes (BARLEY), water], streaky bacon (E45i, E50, E250, E251, E301, E500ii, E621), O&S poached egg [eggs (EGGS), white wine vinegar (SULPHITES)]													
Chia yoghurt bowl	Yes - Wheat, Barley, Rye, Oats		Yes		Yes		Yes	Yes - Almonds			Yes	Yes		
Chia yoghurt bowl	Icelandic Yoghurt (MILK), pink grapefruit, O&S granola [rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), sunflower seeds (SESAME), linseeds, taste and colour enhancer (WHEAT, BARLEY, RYE), wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), chia seeds, carrots, cornflakes (BARLEY), flaked almonds (ALMONDS), rye flakes (RYE), butter (MILK), water], chia seeds													
Ole & Steen Power Bowl	Yes - Wheat, Barley, Rye, Oats		Yes		Yes		Yes	Yes			Yes	Yes		
Ole & Steen Power Bowl	O&S quinoa mix [quinoa, mint, parsley, olive oil, lemons, salt, black pepper], Icelandic Yoghurt (MILK), O&S smashed avocado [avocado, lemon juice, black pepper, salt], eggs (EGGS), pink grapefruit, O&S rye crisps [rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), sunflower seeds (SESAME), linseeds, taste and colour enhancer (WHEAT, BARLEY, RYE), wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), chia seeds, carrots, cornflakes (BARLEY), water], pumpkin seeds, sunflower seeds (SESAME)													
Avocado on toast	Yes - Wheat, Barley, Rye, Oats				Yes	Yes		Yes			Yes	Yes		
Avocado on toast	O&S smashed avocado [avocado, lemon juice, black pepper, salt], O&S sourdough toast [rye flour (RYE), wheat flour (WHEAT) (E170, E300), yeast, salt, taste and colour enhancer (WHEAT, BARLEY, RYE), sunflower seeds (SESAME), chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), oats (WHEAT, OATS), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, linseeds, carrots, cornflakes (BARLEY), water], chilli flakes													

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Egg on toast	Yes - Wheat, Barley, Rye, Oats		Yes		Yes		Yes	Yes			Yes	Yes		
Egg on toast	O&S sourdough toast [rye flour (RYE), wheat flour (WHEAT) (E170, E300), yeast, salt, taste and colour enhancer (WHEAT, BARLEY, RYE), sunflower seeds (SESAME), chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), oats (WHEAT, OATS), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, linseeds, carrots, cornflakes (BARLEY), water], O&S poached egg [eggs (EGGS), white wine vinegar (SULPHITES)], butter (MILK), black pepper													
O&S toast with Honey	Yes - Wheat, Barley, Rye, Oats				Yes		Yes	Yes			Yes	Yes		
O&S toast with Honey	O&S skagen toast [rye flour (RYE), wheat flour (WHEAT) (E170, E300), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), yeast, bread improver (WHEAT) (E300, E472e, E516), salt, rapeseed oil, oats (WHEAT, OATS), sunflower seeds (SESAME), linseeds, chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT, BARLEY, RYE), carrots, cornflakes (BARLEY), water], butter (MILK), honey													
O&S toast with Strawberry Jam	Yes - Wheat, Barley, Rye, Oats				Yes		Yes	Yes			Yes	Yes		
O&S toast with Strawberry Jam	O&S skagen toast [rye flour (RYE), wheat flour (WHEAT) (E170, E300), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), yeast, bread improver (WHEAT) (E300, E472e, E516), salt, rapeseed oil, oats (WHEAT, OATS), sunflower seeds (SESAME), linseeds, chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT, BARLEY, RYE), carrots, cornflakes (BARLEY), water], butter (MILK), strawberry jam													
O&S toast with Apricot Jam	Yes - Wheat, Barley, Rye, Oats				Yes		Yes	Yes			Yes	Yes		
O&S toast with Apricot Jam	O&S skagen toast [rye flour (RYE), wheat flour (WHEAT) (E170, E300), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), yeast, bread improver (WHEAT) (E300, E472e, E516), salt, rapeseed oil, oats (WHEAT, OATS), sunflower seeds (SESAME), linseeds, chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT, BARLEY, RYE), carrots, cornflakes (BARLEY), water], butter (MILK), apricot jam													
O&S toast with Peanut Butter	Yes - Wheat, Barley, Rye, Oats				Yes		Yes	Yes			Yes	Yes		
O&S toast with Peanut Butter	O&S skagen toast [rye flour (RYE), wheat flour (WHEAT) (E170, E300), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), yeast, bread improver (WHEAT) (E300, E472e, E516), salt, rapeseed oil, oats (WHEAT, OATS), sunflower seeds (SESAME), linseeds, chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT, BARLEY, RYE), carrots, cornflakes (BARLEY), water], butter (MILK), peanut butter (PEANUTS, NUTS, SESAME)													
Manuka Smoked Salmon Roll	Yes - Wheat, Barley, Rye, Oats			Yes	Yes		Yes	Yes			Yes	Yes		

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Manuka Smoked Salmon Roll	O&S salt & pepper roll [wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), sunflower seeds (SESAME), linseeds, chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT, BARLEY, RYE), carrots, cornflakes (BARLEY), ground pepper, water], manuka smoked salmon (FISH), O&S pickled cucumber mix [cucumbers, lemon juice, dill, salt, black pepper], radish, chive & shallot cream cheese (MILK), watercress													
Salads														
Salmon Nicoise Salad	Yes - Wheat, Barley, Rye, Oats		Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes		
Salmon Nicoise Salad	hot smoked salmon (FISH), eggs (EGGS), O&S salad dressing [sherry vinegar (SULPHITES) (E150d), dijon mustard (MUSTARD), olive oil, lemon juice, honey, salt, black pepper], baby gem lettuce, new potatoes, green beans, sunblashed tomatoes, sunblashed peppers, spring onion, salt, black pepper, O&S seeded rye bread [rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), sunflower seeds (SESAME), linseeds, taste and colour enhancer (WHEAT, BARLEY, RYE), wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), chia seeds, carrots, cornflakes (BARLEY), water]													
Heritage Carrot & Lentils	Yes - Wheat, Barley, Rye, Oats		Yes	Yes	Yes	Yes	Yes	Yes - almonds	Yes	Yes	Yes	Yes		
Heritage Carrot & Lentils	O&S heritage carrots mix [cooked lentils, carrots, spring onion, olive oil, sherry vinegar (SULPHITES) (E150d), dill, parsley, mint, salt, black pepper], baby gem lettuce, baby spinach, O&S salad dressing [sherry vinegar (SULPHITES) (E150d), dijon mustard (MUSTARD), olive oil, lemon juice, honey, salt, black pepper], smoked almonds (ALMONDS, SOYA), red chicory, dill mint, O&S seeded rye bread [rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), sunflower seeds (SESAME), linseeds, taste and colour enhancer (WHEAT, BARLEY, RYE), wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), chia seeds, carrots, cornflakes (BARLEY), water], red pepper houmus mix (SESAME)													
Roast Chicken	Yes - Wheat, Barley, Rye, Oats		Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes		
Roast Chicken	sliced chicken (MILK) (E412), chorizo, baby gem lettuce, green harissa yoghurt (MILK, MUSTARD, SULPHITES), sunblashed peppers, chickpeas, radish, parsley, O&S seeded rye [rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), sunflower seeds (SESAME), linseeds, taste and colour enhancer (WHEAT, BARLEY, RYE), wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), chia seeds, carrots, cornflakes (BARLEY), water]													
Focaccia Pizza														
Gruyere & Tomato Passata	Yes - Wheat				Yes		Yes	Yes			Yes			

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Gruyere & Tomato Passata	O&S foccacia dough [wheat flour (WHEAT), water], pizza sauce (E330), grated emmental cheese (MILK)													
Grilled Artichoke & Goats Cheese	Yes - Wheat				Yes		Yes	Yes			Yes			
Grilled Artichoke & Goats Cheese	O&S foccacia dough [wheat flour (WHEAT), water], grated emmental cheese (MILK), potatoes, rosemary, salt													
Potato, Cheese & Rosemary	Yes - Wheat				Yes		Yes	Yes			Yes			
Potato, Cheese & Rosemary	O&S foccacia dough [wheat flour (WHEAT), water], grated emmental cheese (MILK), potatoes, rosemary, salt													
Open Sandwiches														
Prawn, Avocado, Cocktail Sauce	Yes - Wheat, Barley, Rye, Oats	Yes	Yes	Yes	Yes		Yes	Yes	Yes		Yes	Yes		
Prawn, Avocado, Cocktail Sauce	O&S carrot rye bread [rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), sunflower seeds (SESAME), linseeds, taste and colour enhancer (WHEAT, BARLEY, RYE), wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), chia seeds, carrots, cornflakes (BARLEY), water], O&S prawns [prawns (CRUSTCEANS) (E202, E211, E330, E410, E415, E535), marie rose sauce (BARLEY, MILK, EGGS, FISH, CELERY)], O&S avocado [avocado, lemon juice, salt, black pepper], baby gem lettuce, paprika, red amaranth, parsley cress, black pepper													
Rare Roast Beef, Remoulade Sauce	Yes - Wheat, Barley, Rye, Oats		Yes	Yes	Yes		Yes	Yes	Yes	Yes	Yes	Yes		
Rare Roast Beef, Remoulade Sauce	O&S carrot rye bread [rye kernels (RYE), dark malt extract (BARLEY), pickled mushrooms (SULPHITES, MUSTARD), light malt extract (BARLEY), remoulade sauce (EGGS, MUSTARD, SULPHITES), sunflower seeds (SESAME), linseeds, taste and colour enhancer (WHEAT, BARLEY, RYE), wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), chia seeds, carrots, cornflakes (BARLEY), water], roast beef, crispy shallots (WHEAT), parmesan (MILK, EGGS) (E1105), parsley cress, olive oil, salt, black pepper													
Smoked Trout	Yes - Wheat, Barley, Rye, Oats		Yes	Yes	Yes		Yes	Yes	Yes	Yes	Yes	Yes		

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Smoked Trout	O&S carrot rye bread [rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), sunflower seeds (SESAME), linseeds, taste and colour enhancer (WHEAT, BARLEY, RYE), wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), chia seeds, carrots, cornflakes (BARLEY), water], O&S [sherry vinegar (SULPHITES) (E150d), dijon mustard (MUSTARD), olive oil, lemon juice, honey, salt, black pepper], O&S pickled fennel [fennel, apple cider vinegar (SULPHITES) (E224), caster sugar, mustard seeds (MUSTARD), water, salt], smoked trout (FISH), new potato, radish, chive & shallot cream cheese (MILK), chives, lemon juice, salt, black pepper													
Blue Cheese & Fennel	Yes - Wheat, Barley, Rye, Oats		Yes	Yes	Yes		Yes	Yes	Yes	Yes	Yes	Yes		
Blue Cheese & Fennel	O&S carrot rye bread [rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), walnuts (NUTS), sunflower seeds (SESAME), linseeds, taste and colour enhancer (WHEAT, BARLEY, RYE), wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), chia seeds, carrots, cornflakes (BARLEY), water], O&S pickled fennel [fennel, apple cider vinegar (SULPHITES) (E224), caster sugar, mustard seeds (MUSTARD), water, salt], pickled fennel (MUSTARD, SULPHITES), pear, blue cheese (MILK), black pepper													
Roast Chicken Skagen Roll	Yes - Wheat, Barley, Rye, Oats		Yes	Yes	Yes		Yes	Yes		Yes	Yes	Yes		
Roast Chicken Skagen Roll	O&S Skagen roll [wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), sunflower seeds (SESAME), linseeds, chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT, BARLEY, RYE), carrots, cornflakes (BARLEY), water], sliced chicken (MILK) (E412), remoulade sauce (EGGS, MUSTARD, SULPHITES), tomatoes, mixed salas leaves, olive oil, salt, black pepper													
Ham, Swiss Cheese, Slaw, Salt & Pepper Roll	Yes - Wheat, Barley, Rye, Oats		Yes	Yes	Yes		Yes	Yes		Yes	Yes	Yes		
Ham, Swiss Cheese, Slaw, Salt & Pepper Roll	O&S salt&pepper roll [wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), sunflower seeds (SESAME), linseeds, chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT, BARLEY, RYE), carrots, cornflakes (BARLEY), ground pepper, water], smoked ham (E250, E251, E301, E450, E451, E452), mature emmental cheese (MILK), O&S slaw [red cabbage, white cabbage, mayonnaise (EGGS) (E202, E260, E415, E1422), fresh horseradish, salt, black pepper], olive oil, salt, black pepper													
Hummus, Sun Dried Tomato, Rye Roll	Yes - Wheat, Barley, Rye, Oats		Yes	Yes	Yes		Yes	Yes		Yes	Yes	Yes		
Hummus, Sun Dried Tomato, Rye Roll	O&S rye roll [rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT, BARLEY, RYE), carrots, wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), sunflower seeds (SESAME), linseeds, chia seeds, carrots, cornflakes (BARLEY), pumpkin seeds, water], houmous (SESAME), sunblashed tomatoes, sunblashed peppers, mixed salad leaves, olive oil, salt, black pepper													
Soups														

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Where 'Yes' is indicated in RED & BOLD The dish contains the named allergen.			Where 'Yes' is indicated in YELLOW Cross Contamination may have occurred due to hand made production, therefore TRACES may be present							IMPORTANT NOTE: the allergen may be present in more than one ingredient				
Dish Name	Cereals containing Gluten	Crustaceans and products thereof	Eggs and products thereof	Fish and products thereof	Peanuts and products thereof	Soy beans and products thereof	Milk and products thereof	Nuts	Celery and products thereof	Mustard and products thereof	Sesame Seeds and products thereof	Sulphites and Sulphur Dioxide (>10mg/Kg)	Lupin and products thereof	Molluscs and products thereof
Truffle Celeriac & White Bean Soup	Yes - Wheat, Barley, Rye, Oats				Yes		Yes	Yes	Yes		Yes	Yes		
Truffle Celeriac & White Bean Soup	O&S truffle celeriac & white bean soup (MILK, CELERY), truffle oil, crispy shallots (WHEAT), chives, O&S salt&pepper roll [wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), sunflower seeds (SESAME), linseeds, chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT, BARLEY, RYE), carrots, cornflakes (BARLEY), ground pepper, water], butter (MILK)													
Carrot, Turmeric, Ginger Soup	Yes - Wheat, Barley, Rye, Oats		Yes		Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes		
Carrot, Turmeric, Ginger Soup	carrot, ginger & tumeric soup, coconut yoghurt, micro corriander, O&S skagen toast [rye flour (RYE), wheat flour (WHEAT) (E170, E300), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), yeast, bread improver (WHEAT) (E300, E472e, E516), salt, rapeseed oil, oats (WHEAT, OATS), sunflower seeds (SESAME), linseeds, chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT, BARLEY, RYE), carrots, cornflakes (BARLEY), water], butter (MILK), chilli flakes													

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therefore TRACES may be present

IMPORTANT NOTE: the allergen may be present in more
than one ingredient

Dish Name	Cereals containing Gluten	Crustaceans and products thereof	Eggs and products thereof	Fish and products thereof	Peanuts and products thereof	Soy beans and products thereof	Milk and products thereof	Nuts	Celery and products thereof	Mustard and products thereof	Sesame Seeds and products thereof	Sulphites and Sulphur Dioxide (>10mg/Kg)	Lupin and products thereof	Molluscs and products thereof
Rolls														
Skagen roll	Yes - Wheat, Barley, Rye, Oats				Yes			Yes			Yes	Yes		
Skagen roll	wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), sunflower seeds (SESAME), linseeds, chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT, BARLEY, RYE), carrots, cornflakes (BARLEY), water													
Salt & Pepper Roll	Yes - Wheat, Barley, Rye, Oats				Yes			Yes			Yes	Yes		
Salt & Pepper Roll	wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), sunflower seeds (SESAME), linseeds, chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT, BARLEY, RYE), carrots, cornflakes (BARLEY), ground pepper, water													
Ølander Roll	Yes - Wheat, Barley, Rye, Oats				Yes			Yes			Yes	Yes		
Ølander Roll	wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), sunflower seeds (SESAME), linseeds, chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT, BARLEY, RYE), carrots, cornflakes (BARLEY), water													
Rye Roll	Yes - Wheat, Barley, Rye, Oats				Yes			Yes			Yes	Yes		
Rye Roll	rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT, BARLEY, RYE), carrots, wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), sunflower seeds (SESAME), linseeds, chia seeds, carrots, cornflakes (BARLEY), pumpkin seeds, water													
Skagen Roll with butter and cheese	Yes - Wheat, Barley, Rye, Oats				Yes		Yes	Yes			Yes	Yes		

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IMPORTANT NOTE: the allergen may be present in more than one ingredient

Dish Name	Cereals containing Gluten	Crustaceans and products thereof	Eggs and products thereof	Fish and products thereof	Peanuts and products thereof	Soy beans and products thereof	Milk and products thereof	Nuts	Celery and products thereof	Mustard and products thereof	Sesame Seeds and products thereof	Sulphites and Sulphur Dioxide (>10mg/Kg)	Lupin and products thereof	Molluscs and products thereof
Skagen Roll with butter and cheese	wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), sunflower seeds (SESAME), linseeds, chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT, BARLEY, RYE), carrots, cornflakes (BARLEY), butter (MILK), gouda cheese (MILK), water													
Salt & Pepper Roll with butter and cheese	Yes - Wheat, Barley, Rye, Oats				Yes		Yes	Yes			Yes	Yes		
Salt & Pepper Roll with butter and cheese	wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), sunflower seeds (SESAME), linseeds, chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT, BARLEY, RYE), carrots, cornflakes (BARLEY), butter (MILK), gouda cheese (MILK), ground pepper, water													
Ølander Roll with butter and cheese	Yes - Wheat, Barley, Rye, Oats				Yes		Yes	Yes			Yes	Yes		
Ølander Roll with butter and cheese	wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), sunflower seeds (SESAME), linseeds, chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT, BARLEY, RYE), carrots, cornflakes (BARLEY), butter (MILK), gouda cheese (MILK), water													
Rye Roll with butter and cheese	Yes - Wheat, Barley, Rye, Oats				Yes		Yes	Yes			Yes	Yes		
Rye Roll with butter and cheese	rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT, BARLEY, RYE), carrots, wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), sunflower seeds (SESAME), linseeds, chia seeds, carrots, cornflakes (BARLEY), pumpkin seeds, butter (MILK), gouda cheese (MILK), water													
Rye Roll With Cheese & Ham	Yes - Wheat, Barley, Rye, Oats				Yes		Yes	Yes			Yes	Yes		
Rye Roll With Cheese & Ham	O&S seeded rye roll [rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT, BARLEY, RYE), carrots, wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), sunflower seeds (SESAME), linseeds, chia seeds, carrots, cornflakes (BARLEY), pumpkin seeds, water], butter (MILK), gouda cheese (MILK), smoked ham (E250, E251, E301, E450, E451, E452)													
Buns														

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Dish Name	Cereals containing Gluten	Crustaceans and products thereof	Eggs and products thereof	Fish and products thereof	Peanuts and products thereof	Soy beans and products thereof	Milk and products thereof	Nuts	Celery and products thereof	Mustard and products thereof	Sesame Seeds and products thereof	Sulphites and Sulphur Dioxide (>10mg/Kg)	Lupin and products thereof	Molluscs and products thereof
Tea Bun	Yes - Wheat, Barley, Rye, Oats		Yes		Yes	Yes	Yes	Yes			Yes	Yes		
Tea Bun	wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), sunflower seeds (SESAME), linseeds, chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT, BARLEY, RYE), carrots, cornflakes (BARLEY), eggs (EGGS), cardamon, sugar, water													
Raisin Bun	Yes - Wheat, Barley, Rye, Oats		Yes		Yes	Yes	Yes	Yes			Yes	Yes		
Raisin Bun	wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), sunflower seeds (SESAME), linseeds, chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT, BARLEY, RYE), carrots, cornflakes (BARLEY), eggs (EGGS), raisins, cardamon, sugar, water													
Chocolate Rye	Yes - Wheat, Barley, Rye, Oats		Yes		Yes	Yes	Yes	Yes - Almonds			Yes	Yes		
Chocolate Rye	rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT, BARLEY, RYE), carrots, wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), sunflower seeds (SESAME), linseeds, chia seeds, carrots, cornflakes (BARLEY), dark chocolate chips (MILK, SOYA), nipped almonds (ALMONDS, PEANUTS) water													
Kløben Bun	Yes - Wheat, Barley, Rye, Oats		Yes		Yes	Yes	Yes	Yes - Almonds			Yes	Yes		
Kløben Bun	rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), sunflower seeds (SESAME), linseeds, taste and colour enhancer (WHEAT, BARLEY, RYE), wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), sunflower seeds (SESAME), linseeds, chia seeds, carrots, cornflakes (BARLEY), eggs (EGGS), egg yolk (EGGS) (E202, E330), raisins, cardamon, butter (MILK), flaked almonds (ALMONDS), sugar, water													
Chocolate Bun	Yes - Wheat, Barley, Rye, Oats		Yes		Yes	Yes	Yes	Yes			Yes	Yes		

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IMPORTANT NOTE: the allergen may be present in more than one ingredient

Dish Name	Cereals containing Gluten	Crustaceans and products thereof	Eggs and products thereof	Fish and products thereof	Peanuts and products thereof	Soy beans and products thereof	Milk and products thereof	Nuts	Celery and products thereof	Mustard and products thereof	Sesame Seeds and products thereof	Sulphites and Sulphur Dioxide (>10mg/Kg)	Lupin and products thereof	Molluscs and products thereof
Chocolate Bun	rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), sunflower seeds (SESAME), linseeds, taste and colour enhancer (WHEAT, BARLEY, RYE), wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), chia seeds, carrots, cornflakes (BARLEY), eggs (EGGS), egg yolk (EGGS) (E202, E330), dark chocolate (MILK, SOYA), sugar, water													
Carrot Bun	Yes - Wheat, Barley, Rye, Oats		Yes		Yes	Yes	Yes	Yes			Yes	Yes		
Carrot Bun	rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), sunflower seeds (SESAME), linseeds, taste and colour enhancer (WHEAT, BARLEY, RYE), wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), chia seeds, carrots, cornflakes (BARLEY), eggs (EGGS), egg yolk (EGGS) (E202, E330), sugar, water													
Plain Scone	Yes - Wheat		Yes		Yes	Yes	Yes	Yes			Yes	Yes		
Plain Scone	wheat flour (WHEAT) (E170, E300), sugar, baking powder (WHEAT) (E450, E500), salt, butter (MILK), buttermilk (MILK), eggs (EGGS)													
Chocolate Scone	Yes - Wheat		Yes		Yes	Yes	Yes	Yes			Yes	Yes		
Chocolate Scone	wheat flour (WHEAT) (E170, E300), sugar, baking powder (WHEAT) (E450, E500), salt, butter (MILK), buttermilk (MILK), dark chocolate (MILK, SOYA), eggs (EGGS)													
Rye Breads														
Carrot Rye	Yes - Wheat, Barley, Rye, Oats				Yes			Yes			Yes	Yes		

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Carrot Rye	rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), sunflower seeds (SESAME), linseeds, taste and colour enhancer (WHEAT, BARLEY, RYE), wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), chia seeds, carrots, cornflakes (BARLEY), water													
Seeded Rye	Yes - Wheat, Barley, Rye, Oats				Yes			Yes			Yes	Yes		
Seeded Rye	rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), sunflower seeds (SESAME), linseeds, taste and colour enhancer (WHEAT, BARLEY, RYE), wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), chia seeds, carrots, cornflakes (BARLEY), water													
100% Rye	Yes - Wheat, Barley, Rye, Oats				Yes			Yes			Yes	Yes		
100% Rye	rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), sunflower seeds (SESAME), linseeds, taste and colour enhancer (WHEAT, BARLEY, RYE), wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), chia seeds, carrots, cornflakes (BARLEY), water													
Chia Rye	Yes - Wheat, Barley, Rye, Oats				Yes			Yes			Yes	Yes		
Chia Rye	rye flour (RYE), wheat flour (WHEAT) (E170, E300), yeast, salt, taste and colour enhancer (WHEAT, BARLEY, RYE), sunflower seeds (SESAME), chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), oats (WHEAT, OATS), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, linseeds, carrots, cornflakes (BARLEY), water													
Baquettes														
Wholegrain Ciabatta Baguette	Yes - Wheat, Barley, Rye, Oats				Yes			Yes			Yes	Yes		
Wholegrain Ciabatta Baguette	rye flour (RYE), wheat flour (WHEAT) (E170, E300), yeast, salt, taste and colour enhancer (WHEAT, BARLEY, RYE), sunflower seeds (SESAME), chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), oats (WHEAT, OATS), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, linseeds, carrots, cornflakes (BARLEY), water													

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Dish Name	Cereals containing Gluten	Crustaceans and products thereof	Eggs and products thereof	Fish and products thereof	Peanuts and products thereof	Soy beans and products thereof	Milk and products thereof	Nuts	Celery and products thereof	Mustard and products thereof	Sesame Seeds and products thereof	Sulphites and Sulphur Dioxide (>10mg/Kg)	Lupin and products thereof	Molluscs and products thereof
Breads														
Sourdough Loaf	Yes - Wheat, Barley, Rye, Oats				Yes			Yes			Yes	Yes		
Sourdough Loaf	rye flour (RYE), wheat flour (WHEAT) (E170, E300), yeast, salt, taste and colour enhancer (WHEAT, BARLEY, RYE), sunflower seeds (SESAME), chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), oats (WHEAT, OATS), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, linseeds, carrots, cornflakes (BARLEY), water													
Skagen bread	Yes - Wheat, Barley, Rye, Oats				Yes			Yes			Yes	Yes		
Skagen bread	rye flour (RYE), wheat flour (WHEAT) (E170, E300), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), yeast, bread improver (WHEAT) (E300, E472e, E516), salt, rapeseed oil, oats (WHEAT, OATS), sunflower seeds (SESAME), linseeds, chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT, BARLEY, RYE), carrots, cornflakes (BARLEY), water													
Ølander Bread	Yes - Wheat, Barley, Rye, Oats				Yes			Yes			Yes	Yes		
Ølander Bread	rye flour (RYE), wheat flour (WHEAT) (E170, E300), margarine (E330, E322,E471,E475), glucose syrup (SULPHITES), yeast, bread improver (WHEAT) (E300, E472e, E516), salt, rapeseed oil, oats (WHEAT, OATS), sunflower seeds (SESAME), linseeds, chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT, BARLEY, RYE), carrots, cornflakes (BARLEY), water													
Pastry														
Croissant	Yes - Wheat		Yes		Yes	Yes	Yes	Yes			Yes			
Croissant	wheat flour (WHEAT) (E170), yeast, salt, sugar, eggs (EGGS), whipping cream (MILK), bread improver (WHEAT) (E300, E472e, E516), butter (MILK)													
Spandauer	Yes - Wheat		Yes		Yes	Yes	Yes	Yes			Yes			
Spandauer	wheat flour (WHEAT) (E170), yeast, salt, sugar, bread improver (WHEAT) (E300, E472e, E516), eggs (EGGS), water, perzipan, margarine (E322, E330, E471, E475), icing sugar (E341), powdered custard cream mix (MILK) (E160a, E339ii, E401, E450iii, E516),													

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Dish Name	Cereals containing Gluten	Crustaceans and products thereof	Eggs and products thereof	Fish and products thereof	Peanuts and products thereof	Soy beans and products thereof	Milk and products thereof	Nuts	Celery and products thereof	Mustard and products thereof	Sesame Seeds and products thereof	Sulphites and Sulphur Dioxide (>10mg/Kg)	Lupin and products thereof	Molluscs and products thereof
Cinnamon Social	Yes - Wheat, Barley, Rye, Oats		Yes		Yes	Yes	Yes	Yes	Yes	Yes	Yes		Yes	
Cinnamon Social	cinnamon social (WHEAT, BARLEY, RYE, OATS, NUTS, PEANUTS, EGGS, MILK, SOYA, SESAME, MUSTARD, CELERY, LUPIN) (E160a(i), E331iii, E407, E460, E1442, E322, E471, E475, E300, E481, E170, E472e), icing sugar (E341), water, eggs (EGGS)													
Old Fashioned Social	Yes - Wheat, Barley, Rye, Oats		Yes		Yes	Yes	Yes	Yes	Yes	Yes	Yes		Yes	
Old Fashioned Social	old fashioned social (WHEAT, BARLEY, RYE, OATS, NUTS, PEANUTS, EGGS, MILK, SOYA, SESAME, MUSTARD, CELERY, LUPIN) (E160a(i), E331iii, E407, E460, E1442, E322, E471, E475, E300, E481, E170, E472e), flaked almonds (ALMONDS), sugar, eggs (EGGS)													
Chocolate Social	Yes - Wheat, Barley, Rye, Oats		Yes		Yes	Yes	Yes	Yes	Yes	Yes	Yes		Yes	
Chocolate Social	chocolate social (WHEAT, BARLEY, RYE, OATS, NUTS, PEANUTS, EGGS, MILK, SOYA, SESAME, MUSTARD, CELERY, LUPIN) (E160a(i), E331iii, E407, E460, E1442, E322, E471, E475, E300, E481, E170, E472e), icing sugar (E341), cocoa powder, water, flaked almonds (ALMONDS), eggs (EGGS)													
Chocolate Croissant	Yes - Wheat, Barley, Rye, Oats		Yes		Yes	Yes	Yes	Yes	Yes	Yes	Yes		Yes	
Chocolate Croissant	chocolate croissant (WHEAT, BARLEY, RYE, OATS, NUTS, PEANUTS, EGGS, MILK, SOYA, SESAME, MUSTARD, CELERY, LUPIN) (E160a(i), E331iii, E407, E460, E1442, E322, E471, E475, E300, E481, E170, E472e), eggs (EGGS)													
Cinnamon Roll	Yes - Wheat, Barley, Rye, Oats		Yes		Yes	Yes	Yes	Yes	Yes	Yes	Yes		Yes	
Cinnamon Roll	cinnamon roll (WHEAT, BARLEY, RYE, OATS, NUTS, PEANUTS, EGGS, MILK, SOYA, SESAME, MUSTARD, CELERY, LUPIN) (E160a(i), E331iii, E407, E460, E1442, E322, E471, E475, E300, E481, E170, E472e), eggs (EGGS)													
Cinnamon Swirl	Yes - Wheat, Barley, Rye, Oats		Yes		Yes	Yes	Yes	Yes	Yes	Yes	Yes		Yes	

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IMPORTANT NOTE: the allergen may be present in more than one ingredient

Dish Name	Cereals containing Gluten	Crustaceans and products thereof	Eggs and products thereof	Fish and products thereof	Peanuts and products thereof	Soy beans and products thereof	Milk and products thereof	Nuts	Celery and products thereof	Mustard and products thereof	Sesame Seeds and products thereof	Sulphites and Sulphur Dioxide (>10mg/Kg)	Lupin and products thereof	Molluscs and products thereof
Cinnamon Swirl	cinnamon swirl (WHEAT, BARLEY, RYE, OATS, NUTS, PEANUTS, EGGS, MILK, SOYA, SESAME, MUSTARD, CELERY, LUPIN) (E160a(i), E331iii, E407, E460, E1442, E322, E471, E475, E300, E481, E170, E472e), icing sugar (E341), water													
Chocolate Swirl	Yes - Wheat, Barley, Rye, Oats		Yes		Yes	Yes	Yes	Yes	Yes	Yes	Yes		Yes	
Chocolate Swirl	chocolate swirl (WHEAT, BARLEY, RYE, OATS, NUTS, PEANUTS, EGGS, MILK, SOYA, SESAME, MUSTARD, CELERY, LUPIN) (E160a(i), E331iii, E407, E460, E1442, E322, E471, E475, E300, E481, E170, E472e), wheat flour (WHEAT) (E170), eggs (EGGS), icing sugar (E341), margarine (E322, E330, E471, E475), baking powder (WHEAT) (E450, E500), cocoa powder, water													
Copenhagener	Yes - Wheat, Barley, Rye, Oats		Yes		Yes	Yes	Yes	Yes	Yes	Yes	Yes		Yes	
Copenhagener	copenhager (WHEAT, BARLEY, RYE, OATS, NUTS, PEANUTS, EGGS, MILK, SOYA, SESAME, MUSTARD, CELERY, LUPIN) (E160a(i), E331iii, E407, E460, E1442, E322, E471, E475, E300, E481, E170, E472e), eggs (EGGS)													
Dry Cakes														
Banana Muffin	Yes - Wheat		Yes		Yes	Yes	Yes	Yes			Yes			
Banana Muffin	banana, brown sugar, rapeseed oil, eggs (EGGS), wheat flour (WHEAT) (E170), baking powder (WHEAT) (E450, E500), vanilla sugar (WHEAT, EGGS, MILK), bi-carbonate of soda (E500)													
Carrot muffins	Yes - Wheat		Yes		Yes	Yes	Yes	Yes			Yes			
Carrot muffins	brown sugar, carrots, wheat flour (WHEAT) (E170), rapeseed oil, pasteurised eggs (EGGS), baking powder (WHEAT) (E450, E500), vanilla sugar (WHEAT, EGGS, MILK), bi-carbonate of soda (E500), cinnamon, cream cheese (MILK), butter (MILK), icing sugar (E341)													
Blueberry Muffin	Yes - Wheat		Yes		Yes	Yes	Yes	Yes - Almonds			Yes			
Blueberry Muffin	muffin mix (WHEAT, EGGS) (E160a, E450, E471, E472b, E477, E500), eggs (EGGS), rapeseed oil, water, vanilla sugar (WHEAT, EGGS, MILK), blueberries, nibbed almonds (ALMONDS, PEANUTS), sugar													
Chocolate muffin	Yes - Wheat		Yes		Yes	Yes	Yes	Yes			Yes			

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Dish Name	Cereals containing Gluten	Crustaceans and products thereof	Eggs and products thereof	Fish and products thereof	Peanuts and products thereof	Soy beans and products thereof	Milk and products thereof	Nuts	Celery and products thereof	Mustard and products thereof	Sesame Seeds and products thereof	Sulphites and Sulphur Dioxide (>10mg/Kg)	Lupin and products thereof	Molluscs and products thereof
Chocolate muffin	chocolate muffin mix (WHEAT, MILK) (E415, E471, E472b, E472e, E475, E450, E500, E481), eggs (EGGS), rapeseed oil, dark chocolate (MILK, SOYA), water													
Brownie chips	Yes - Wheat		Yes		Yes	Yes	Yes	Yes			Yes			
Brownie chips	butter (MILK), dark chocolate (MILK, SOYA), eggs (EGGS), sugar, wheat flour (WHEAT) (E170), vanilla sugar (WHEAT, EGGS, MILK), salt													
Brownie nuts	Yes - Wheat		Yes		Yes	Yes	Yes	Yes - Walnuts			Yes			
Brownie nuts	butter (MILK), dark chocolate (MILK, SOYA), eggs (EGGS), sugar, wheat flour (WHEAT) (E170), vanilla sugar (WHEAT, EGGS, MILK), salt, walnuts (WALNUTS)													
Caramel Marshmallow Puff	Yes		Yes		Yes	Yes	Yes	Yes - Almonds			Yes	Yes		
Caramel Marshmallow Puff	sugar, glucose syrup (SULPHITES), water, golden syrup, egg white (EGGS) (E202, E330, E331, E412, E415), baking paste (ALMONDS) (E202, E330), caramel (MILK, SOYA) (E202, E322, E331iii, E334, E440, E471, E1442), milk chocolate (MILK, SOYA), nibbed almonds (ALMONDS, PEANUTS)													
Dark Chocolate Puff	Yes		Yes		Yes	Yes	Yes	Yes - Almonds			Yes	Yes		
Dark Chocolate Puff	sugar, glucose syrup (SULPHITES), water, golden syrup, egg white (EGGS) (E202, E330, E331, E412, E415), baking paste (ALMONDS) (E202, E330), dark chocolate (MILK, SOYA)													
Coconut puff	Yes		Yes		Yes	Yes	Yes	Yes - Almonds			Yes	Yes		
Coconut puff	sugar, glucose syrup (SULPHITES), water, golden syrup, egg white (EGGS) (E202, E330, E331, E412, E415), baking paste (ALMONDS) (E202, E330), dark chocolate (MILK, SOYA), coconut													
Sarah bernard	Yes		Yes		Yes	Yes	Yes	Yes - Almonds			Yes			
Sarah bernard	perzipan, sugar, egg white (EGGS) (E202, E330, E331, E412, E415), dark chocolate (MILK, SOYA), whipping cream (MILK), flaked almonds (ALMONDS)													
Blueberry Pie Small	Yes - Wheat		Yes		Yes	Yes	Yes	Yes			Yes			
Blueberry Pie Small	margarine (E322, E330, E471, E475), eggs (EGGS), sugar, wheat flour (WHEAT) (E170), baking powder (WHEAT) (E450, E500), vanilla sugar (WHEAT, EGGS, MILK), perzipan, blueberries, white chocolate (MILK, SOYA), white chocolate shavings (MILK, SOYA) (E322), icing sugar (E341)													

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Dish Name	Cereals containing Gluten	Crustaceans and products thereof	Eggs and products thereof	Fish and products thereof	Peanuts and products thereof	Soy beans and products thereof	Milk and products thereof	Nuts	Celery and products thereof	Mustard and products thereof	Sesame Seeds and products thereof	Sulphites and Sulphur Dioxide (>10mg/Kg)	Lupin and products thereof	Molluscs and products thereof
Gateu Marcel Small	Yes		Yes		Yes	Yes	Yes	Yes			Yes	Yes		
Gateu Marcel Small	butter (MILK), margarine (E322, E330, E471, E475), dark chocolate (MILK, SOYA), egg white (EGGS) (E202, E330, E331, E412, E415), egg yolk (EGGS) (E202, E330), sugar, glucose syrup (SULPHITES), dark chocolate (MILK, SOYA), whipping cream (MILK), white chocolate shavings (MILK, SOYA) (E322), chocolate pencil (MILK, SOYA)													
Apple Pie	Yes - Wheat		Yes		Yes	Yes	Yes	Yes			Yes	Yes		
Apple Pie	wheat flour (WHEAT) (E170), eggs (EGGS), icing sugar (E341), margarine (E322, E330, E471, E475), baking powder (WHEAT) (E450, E500), perzipan, sugar, water, apple jam (SULPHITES), apples, cinnamon, glaze (E202, E330), powdered patisserie mix (WHEAT, MILK) (E450, E466, E472a, E472b, E500)													
Tosca Small	Yes - Wheat		Yes		Yes	Yes	Yes	Yes			Yes	Yes		
Tosca Small	sugar, whipping cream (MILK), butter (MILK), glucose syrup (SULPHITES), peanuts (PEANUTS, NUTS), hazelnuts (HAZELNUTS, PEANUTS), almonds (ALMONDS), caramel (MILK, SOYA) (E202, E322, E331iii, E334, E440, E471, E1442), perzipan, eggs (EGGS), wheat flour (WHEAT) (E170), margarine (E330, E322, E471, E475), sugar, water													
Tosca Large	Yes - Wheat		Yes		Yes	Yes	Yes	Yes			Yes	Yes		
Tosca Large	sugar, whipping cream (MILK), butter (MILK), glucose syrup (SULPHITES), peanuts (PEANUTS, NUTS), hazelnuts (HAZELNUTS, PEANUTS), almonds (ALMONDS), caramel (MILK, SOYA) (E202, E322, E331iii, E334, E440, E471, E1442), perzipan, eggs (EGGS), wheat flour (WHEAT) (E170), margarine (E330, E322, E471, E475), sugar, water													
Peanut Slice	Yes - Wheat		Yes		Yes	Yes	Yes	Yes			Yes	Yes		
Peanut Slice	brownie mix (WHEAT, EGGS, MILK) (E341, E415, E450, E471, E500), eggs (EGGS), rapeseed oil, marshmallow (WHEAT, SULPHITES), caramel (MILK, SOYA) (E202, E322, E331iii, E334, E440, E471, E1442), peanuts (PEANUTS, NUTS), salt, water, dark chocolate (MILK, SOYA)													
Raspberry Slice	Yes - Wheat		Yes		Yes	Yes	Yes	Yes			Yes			
Raspberry Slice	wheat flour (WHEAT) (E170), eggs (EGGS), icing sugar (E341), margarine (E322, E330, E471, E475), baking powder (WHEAT) (E450, E500), water, raspberry jam (E202, E418), dried raspberries													
Marzipan Slice	Yes - Wheat		Yes		Yes	Yes	Yes	Yes - Almonds			Yes			

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Dish Name	Cereals containing Gluten	Crustaceans and products thereof	Eggs and products thereof	Fish and products thereof	Peanuts and products thereof	Soy beans and products thereof	Milk and products thereof	Nuts	Celery and products thereof	Mustard and products thereof	Sesame Seeds and products thereof	Sulphites and Sulphur Dioxide (>10mg/Kg)	Lupin and products thereof	Molluscs and products thereof
Marzipan Slice	baking paste (ALMONDS) (E202, E330), sugar, egg white (EGGS) (E202, E330, E331, E412, E415), icing sugar (E341), dark chocolate (MILK, SOYA), powdered patisserie mix (WHEAT, MILK) (E450, E466, E472a, E472b, E500),													
Rum Log	Yes - Wheat, Barley, Rye, Oats		Yes		Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	
Rum Log	wheat flour (WHEAT) (E170), yeast, salt, sugar, eggs (EGGS), whipping cream (MILK), bread improver (WHEAT) (E300, E472e, E516), butter (MILK), chocolate croissant (WHEAT, BARLEY, RYE, OATS, NUTS, PEANUTS, EGGS, MILK, SOYA, SESAME, MUSTARD, CELERY, LUPIN) (E160a(i), E331iii, E407, E460, E1442, E322, E471, E475, E300, E481, E170, E472e), old fashioned social (WHEAT, BARLEY, RYE, OATS, NUTS, PEANUTS, EGGS, MILK, SOYA, SESAME, MUSTARD, CELERY, LUPIN) (E160a(i), E331iii, E407, E460, E1442, E322, E471, E475, E300, E481, E170, E472e), flaked almonds (ALMONDS), chocolate social (WHEAT, BARLEY, RYE, OATS, NUTS, PEANUTS, EGGS, MILK, SOYA, SESAME, MUSTARD, CELERY, LUPIN) (E160a(i), E331iii, E407, E460, E1442, E322, E471, E475, E300, E481, E170, E472e), E472e), icing sugar (E341), cocoa powder, water, cinnamon swirl (WHEAT, BARLEY, RYE, OATS, NUTS, PEANUTS, EGGS, MILK, SOYA, SESAME, MUSTARD, CELERY, LUPIN) (E160a(i), E331iii, E407, E460, E1442, E322, E471, E475, E300, E481, E170, E472e), chocolate swirl (WHEAT, BARLEY, RYE, OATS, NUTS, PEANUTS, EGGS, MILK, SOYA, SESAME, MUSTARD, CELERY, LUPIN) (E160a(i), E331iii, E407, E460, E1442, E322, E471, E475, E300, E481, E170, E472e), margarine (E322, E330, E471, E475), baking powder (WHEAT) (E450, E500), powdered patisserie mix (WHEAT, MILK) (E450, E466, E472a, E472b, E500), perzipan, powdered custard cream mix (MILK) (E160a, E339ii, E401, E450iii, E516), dark chocolate (MILK, SOYA), vanilla sugar (WHEAT, EGGS, MILK), salt, copenhagen (WHEAT, BARLEY, RYE, OATS, NUTS, PEANUTS, EGGS, MILK, SOYA, SESAME, MUSTARD, CELERY, LUPIN) (E160a(i), E331iii, E407, E460, E1442, E322, E471, E475, E300, E481, E170, E472e), rum essence (E202, E330, E450), white marzipan (ALMONDS) (E202, E420, E1103), icing sugar (E341), glucose syrup (SULPHITES)													
Cream Cake Small														
Christianshavner Cake Small	Yes - Wheat, Barley		Yes		Yes	Yes	Yes	Yes - Almonds, Hazelnuts			Yes	Yes		
Christianshavner Cake Small	whipping cream (MILK), sugar, egg white (EGGS) (E202, E330, E331, E412, E415), flaked almonds (ALMONDS), hazelnuts (HAZELNUTS, PEANUTS), baking powder (WHEAT) (E450, E500), vanilla sugar (WHEAT, EGGS, MILK), crackers (WHEAT, BARLEY, EGGS, SULPHITES), strawberries, strawberry jam (SULPHITES) (E202, E330, E331, E440), fromage powder (E401, E450i, E450iii, E516), grapes, blueberries, raspberries, glaze (E202, E330)													
Raspberry Tart	Yes - Wheat		Yes		Yes	Yes	Yes	Yes - Almonds, Pistachios			Yes			
Raspberry Tart	wheat flour (WHEAT) (E170), eggs (EGGS), icing sugar (E341), margarine (E322, E330, E471, E475), baking powder (WHEAT) (E450, E500), baking paste (ALMONDS) (E202, E330), sugar, egg white (EGGS) (E202, E330, E331, E412, E415), dark chocolate (MILK, SOYA), whipping cream (MILK), vanilla sugar (WHEAT, EGGS, MILK), egg yolk (EGGS) (E202, E330), fromage powder (E401, E450i, E450iii, E516), cream cheese (MILK), raspberries, glaze (E202, E330), pistachios (PISTACHIOS)													
Strawberry Tart Small	Yes - Wheat		Yes		Yes	Yes	Yes	Yes - Almonds			Yes			

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Strawberry Tart Small	wheat flour (WHEAT) (E170), eggs (EGGS), icing sugar (E341), margarine (E322, E330, E471, E475), baking powder (WHEAT) (E450, E500), perzipan, sugar, water, dark chocolate (MILK, SOYA), whipping cream (MILK), vanilla sugar (WHEAT, EGG, MILK), egg yolks (EGGS) (E202, E330), fromage powder (E401, E450i, E450iii, E516), cream cheese (MILK), strawberries, glaze (E202, E330), flaked almonds (ALMONDS)													
Berry Slice	Yes - Wheat		Yes		Yes	Yes	Yes	Yes			Yes			
Berry Slice	chocolate muffin mix (WHEAT, MILK) (E415, E471, E472b, E472e, E475, E450, E500, E481), eggs (EGGS), rapeseed oil, water, dark chocolate (MILK, SOYA), whipping cream (MILK), forrest berries, raspberry jam (E202, E418), fromage powder (E401, E450i, E450iii, E516), vanilla sugar (WHEAT, EGG, MILK), egg yolks (EGGS) (E202, E330), cream cheese (MILK), blueberries, lime, raspberry, glaze (E202, E330), E440), icing sugar (E341), egg white (EGGS) (E202, E330, E331, E412, E415)													
Cheese Cake	Yes - Wheat, Barley		Yes		Yes	Yes	Yes	Yes			Yes	Yes		
Cheese Cake	egg yolks (EGGS) (E202, E330), sugar, vanilla sugar (WHEAT, EGG, MILK), whipping cream (MILK), cream cheese (MILK), fromage powder (E401, E450i, E450iii, E516), butter (MILK), biscuits (WHEAT, BARLEY, MILK) (E472e), passion fruit puree, mango puree, raspberry puree, chocolate flavoured glaze (E202, E334), gelatine (SULPHITES)													
Chocolate Slice	Yes - Wheat		Yes		Yes	Yes	Yes	Yes - Almonds			Yes	Yes		
Chocolate Slice	chocolate muffin mix (WHEAT, MILK) (E415, E471, E472b, E472e, E475, E450, E500, E481), eggs (EGGS), apple jam (SULPHITES), dark chocolate (MILK, SOYA), whipping cream (MILK), perzipan, white marzipan (ALMONDS) (E202, E420, E1103), icing sugar (E341), glucose syrup (SULPHITES), white chocolate shavings (MILK, SOYA) (E322), rapeseed oil, water													

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Dish Name	Cereals containing Gluten	Crustaceans and products thereof	Eggs and products thereof	Fish and products thereof	Peanuts and products thereof	Soy beans and products thereof	Milk and products thereof	Nuts	Celery and products thereof	Mustard and products thereof	Sesame Seeds and products thereof	Sulphites and Sulphur Dioxide (>10mg/Kg)	Lupin and products thereof	Molluscs and products thereof
SPECIALS														
Othello Layer Cake	Yes - Wheat		Yes		Yes	Yes	Yes	Yes - almonds			Yes	Yes		
Othello Layer Cake	O&S vanilla sponge mix [powdered patisserie mix (WHEAT, MILK) (E450, E466, E472a, E472b, E500), eggs (EGGS), water], raspberry jam (E202, E418), O&S shortcrust mix [wheat flour (WHEAT) (E170), eggs (EGGS), icing sugar (E341), margarine (E322, E330, E471, E475), baking powder (WHEAT) (E450, E500)], whipping cream (MILK), O&S brown icing [icing sugar (E341), cocoa powder, water], strawberries, kiwi, white grapes, raspberries, blueberries, blackberries, red currants, physalis, O&S vanilla pastry cream [powdered custard cream mix (MILK) (E160a, E339ii, E401, E450iii, E516), water], O&S marzipan base [perzipan, white marzipan (ALMONDS) (E202, E420, E1103), icing sugar (E341), glucose syrup (SULPHITES)]													
Berry Layer Cake	Yes - Wheat		Yes		Yes	Yes	Yes	Yes - almonds			Yes	Yes		
Berry Layer Cake	O&S vanilla sponge mix [powdered patisserie mix (WHEAT, MILK) (E450, E466, E472a, E472b, E500), eggs (EGGS), water], raspberry jam (E202, E418), O&S shortcrust mix [wheat flour (WHEAT) (E170), eggs (EGGS), icing sugar (E341), margarine (E322, E330, E471, E475), baking powder (WHEAT) (E450, E500)], whipping cream (MILK), forest berries, strawberries, white grapes, raspberries, blueberries, blackberries, red currants, physalis, fromage powder (E401, E450ii, E450iii, E516), O&S marzipan base mix [perzipan, white marzipan (ALMONDS) (E202, E420, E1103), icing sugar (E341), glucose syrup (SULPHITES)], glaze (E202, E330, E440)													
Cake Man/Lady Pastry	Yes - Wheat		Yes		Yes	Yes	Yes	Yes			Yes	Yes		
Cake Man/Lady Pastry	O&S puff pastry dough [wheat flour (WHEAT) (E170), yeast, salt, sugar, bread improver (WHEAT) (E300, E472e, E516), eggs (EGGS), water], O&S vanilla pastry cream [powdered custard cream mix (MILK) (E160a, E339ii, E401, E450iii, E516), water], O&S borgmester mix [sugar, margarine (E330, E322, E471, E475), perzipan], vanilla sugar (WHEAT, MILK, EGG), O&S white icing [icing sugar (E341), water], O&S brown icing [icing sugar (E341), cocoa powder, water], O&S marzipan base mix [perzipan, white marzipan (ALMONDS) (E202, E420, E1103), icing sugar (E341), glucose syrup (SULPHITES)], dark chocolate (MILK, SOYA), O&S sweet mix (WHEAT, SULPHITES) (E100, E140, E150, E153, E160, E161b, E161b, E162, E163, E260, E296, E306, E330, E331, E333iii, E420, E570, E903, E1400)													
Cake Man/Lady Chocolate	Yes - Wheat		Yes		Yes	Yes	Yes	Yes			Yes	Yes		
Cake Man/Lady Chocolate	margarine (E330, E322, E471, E475), sugar, brown sugar, golden syrup, vanilla sugar (WHEAT, MILK, EGG), powdered custard cream mix (MILK) (E160a, E339ii, E401, E450iii, E516), salt, dark chocolate chips (MILK, SOYA), bi-carbonate of soda (E500), buttermilk (MILK), wheat flour (WHEAT) (E170), cocoa powder, O&S white icing [icing sugar (E341), water], O&S brown icing [icing sugar (E341), cocoa powder, water], O&S marzipan base mix [perzipan, white marzipan (ALMONDS) (E202, E420, E1103), icing sugar (E341), glucose syrup (SULPHITES)], O&S sweet mix (WHEAT, SULPHITES) (E100, E140, E150, E153, E160, E161b, E161b, E162, E163, E260, E296, E306, E330, E331, E333iii, E420, E570, E903, E1400)													

Ole & Steen | CPU Menu | Allergen Information | Large Cakes

Where 'Yes' is indicated in RED & BOLD The dish contains the named allergen.			Where 'Yes' is indicated in YELLOW Cross Contamination may have occurred due to hand made production, therefore TRACES may be present							IMPORTANT NOTE: the allergen may be present in more than one ingredient				
Dish Name	Cereals containing Gluten	Crustaceans and products thereof	Eggs and products thereof	Fish and products thereof	Peanuts and products thereof	Soy beans and products thereof	Milk and products thereof	Nuts	Celery and products thereof	Mustard and products thereof	Sesame Seeds and products thereof	Sulphites and Sulphur Dioxide (>10mg/Kg)	Lupin and products thereof	Molluscs and products thereof
Muscovado Cake Lady/Man	Yes - Wheat, Barley, Rye, Oats		Yes		Yes	Yes	Yes	Yes			Yes	Yes		
Muscovado Cake Lady/Man	wheat flour (WHEAT) (E170), yeast, sugar, salt, margarine (E330, E322, E471, E475), eggs (EGGS), O&S bread cream mix [wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322, E471, E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT , OATS), sunflower seeds (SESAME), linseeds, chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT , BARLEY , RYE), carrots, cornflakes (BARLEY), water], O&S biga sourdough mix [wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322, E471, E475), water], cardamon, brown sugar, margarine (E330, E322, E471, E475), powdered custard cream mix (MILK) (E160a, E339ii, E401, E450iii, E516), O&S white icing [icing sugar (E341), water], O&S marzipan base mix [perzipan, white marzipan (ALMONDS) (E202, E420, E1103), icing sugar (E341), glucose syrup (SULPHITES)], dark chocolate (MILK , SOYA), bread improver (WHEAT) (E300, E472e, E516), O&S sweet mix (WHEAT , SULPHITES) (E100, E140, E150, E153, E160, E161b, E161b, E162, E163, E260, E296, E306, E330, E331, E333iii, E420, E570, E903, E1400)													
Cake Man/Lady Pastry - Gelatine Free	Yes - Wheat		Yes		Yes	Yes	Yes	Yes - almonds			Yes	Yes		
Cake Man/Lady Pastry - Gelatine Free	margarine (E330, E322, E471, E475), sugar, brown sugar, golden syrup, vanilla sugar (WHEAT , MILK , EGG), powdered custard cream mix (MILK) (E160a, E339ii, E401, E450iii, E516), salt, dark chocolate chips (MILK , SOYA), bi-carbonate of soda (E500), buttermilk (MILK), wheat flour (WHEAT) (E170), cocoa powder, O&S white icing [icing sugar (E341), water], O&S brown icing [icing sugar (E341), cocoa powder, water], O&S marzipan base mix [perzipan, white marzipan (ALMONDS) (E202, E420, E1103), icing sugar (E341), glucose syrup (SULPHITES)], O&S gelatine free sweet mix (WHEAT) (E100, E141, E150, E160, E160a, E161b, E163, E270, E296, E300, E306, E325, E330, E414, E420, E440, E901, E903)													
Cake Man/Lady Chocolate - Gelatine Free	Yes - Wheat		Yes		Yes	Yes	Yes	Yes - almonds			Yes	Yes		
Cake Man/Lady Chocolate - Gelatine Free	margarine (E330, E322, E471, E475), sugar, brown sugar, golden syrup, vanilla sugar (WHEAT , MILK , EGG), powdered custard cream mix (MILK) (E160a, E339ii, E401, E450iii, E516), salt, dark chocolate chips (MILK , SOYA), bi-carbonate of soda (E500), buttermilk (MILK), wheat flour (WHEAT) (E170), cocoa powder, O&S white icing [icing sugar (E341), water], O&S brown icing [icing sugar (E341), cocoa powder, water], O&S marzipan base mix [perzipan, white marzipan (ALMONDS) (E202, E420, E1103), icing sugar (E341), glucose syrup (SULPHITES)], O&S gelatine free sweet mix (WHEAT) (E100, E141, E150, E160, E160a, E161b, E163, E270, E296, E300, E306, E325, E330, E414, E420, E440, E901, E903)													
Muscovado Cake Lady/Man - Gelatine Free	Yes - Wheat, Barley, Rye, Oats		Yes		Yes	Yes	Yes	Yes - almonds			Yes	Yes		

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Dish Name	Cereals containing Gluten	Crustaceans and products thereof	Eggs and products thereof	Fish and products thereof	Peanuts and products thereof	Soy beans and products thereof	Milk and products thereof	Nuts	Celery and products thereof	Mustard and products thereof	Sesame Seeds and products thereof	Sulphites and Sulphur Dioxide (>10mg/Kg)	Lupin and products thereof	Molluscs and products thereof
Muscovado Cake Lady/Man - Gelatine Free	wheat flour (WHEAT) (E170), yeast, sugar, salt, margarine (E330, E322, E471, E475), eggs (EGGS), O&S bread cream mix [wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322, E471, E475), glucose syrup (SULPHITES), salt, yeast, bread improver (WHEAT) (E300, E472e, E516), rapeseed oil, oats (WHEAT, OATS), sunflower seeds (SESAME), linseeds, chia seeds, rye kernels (RYE), dark malt extract (BARLEY), light malt extract (BARLEY), taste and colour enhancer (WHEAT, BARLEY, RYE), carrots, cornflakes (BARLEY), water], O&S biga sourdough mix [wheat flour (WHEAT) (E170, E300), rye flour (RYE), margarine (E330, E322, E471, E475), water], cardamon, brown sugar, margarine (E330, E322, E471, E475), powdered custard cream mix (MILK) (E160a, E339ii, E401, E450iii, E516), O&S white icing [icing sugar (E341), water], O&S marzipan base mix [perzipan, white marzipan (ALMONDS) (E202, E420, E1103), icing sugar (E341), glucose syrup (SULPHITES)], dark chocolate (MILK, SOYA), bread improver (WHEAT) (E300, E472e, E516), water, O&S gelatine free sweet mix (WHEAT) (E100, E141, E150, E160, E160a, E161b, E163, E270, E296, E300, E306, E325, E330, E414, E420, E440, E901, E903)													
Gateu Marcel Large	Yes		Yes		Yes	Yes	Yes	Yes			Yes	Yes		
Gateu Marcel Large	butter (MILK), margarine (E330, E322, E471, E475), dark chocolate (MILK, SOYA), egg white (EGGS) (E202, E330, E331, E412, E415), egg yolk (EGGS) (E202, E330), sugar, O&S ganache mix [glucose syrup (SULPHITES), dark chocolate (MILK, SOYA), whipping cream (MILK)], white chocolate shavings (MILK, SOYA) (E322), chocolate pencil (MILK, SOYA), cocoa powder													
Christianshavner Cake Large	Yes - Wheat, Barley		Yes		Yes	Yes	Yes	Yes - almonds, hazelnuts			Yes	Yes		
Christianshavner Cake Large	sugar, egg white (EGGS) (E202, E330, E331, E412, E415), almond flakes (ALMONDS), hazelnuts (HAZELNUTS, PEANUTS), baking powder (WHEAT) (E450, E500), vanilla sugar (WHEAT, MILK, EGG), whipping cream (MILK), crackers (WHEAT, BARLEY, EGGS, SULPHITES), strawberries, strawberry jam (SULPHITES) (E202, E330, E331, E440), fromage powder (E401, E450i, E450iii, E516), white grapes, blueberries, blackberries, raspberries, red currants, physalis, glaze (E202, E330, E440)													
Strawberry Tart Large	Yes - Wheat		Yes		Yes	Yes	Yes	Yes - almonds			Yes			
Strawberry Tart Large	O&S shortcrust mix [wheat flour (WHEAT) (E170), eggs (EGGS), icing sugar (E341), margarine (E322, E330, E471, E475), baking powder (WHEAT) (E450, E500)], O&S perzipan mix [perzipan, eggs (EGGS), wheat flour (WHEAT) (E170), margarine (E330, E322, E471, E475), sugar, water], dark chocolate (MILK, SOYA), O&S vanilla cake cream [whipping cream (MILK), vanilla sugar (WHEAT, EGG, MILK), egg yolk (EGGS) (E202, E330), fromage powder (E401, E450i, E450iii, E516), cream cheese (MILK)], strawberries, glaze (E202, E330, E440), flaked almonds (ALMONDS)													

Ole & Steen | CPU Menu | Allergen Information | Special - Mother's Day Cake

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SPECIALS														
	Yes - Wheat		Yes		Yes	Yes	Yes	Yes - almonds			Yes			
Mother's Day Cake	O&S vanilla biscuit [wheat flour (WHEAT) (E170), butter (MILK), icing sugar, margarine (E322, E330, E471, E475), eggs (EGGS), vanilla sugar (WHEAT, MILK, EGG), baking powder (WHEAT) (E500, E450)], nibbed almonds (ALMONDS, PEANUTS), O&S vanilla cake cream [whipping cream (MILK), vanilla sugar (WHEAT, EGG, MILK), egg yolk (EGGS) (E202, E330), fromage powder (E401, E450i, E450iii, E516), cream cheese (MILK)], whipping cream (MILK), forest berries, raspberry jam (E202, E418), fromage powder (E401, E450i, E450iii, E516), lemon puree, white chocolate (MILK, SOYA) (E322), dark chocolate (MILK, SOYA), physalis, raspberries, blueberries, red currants													