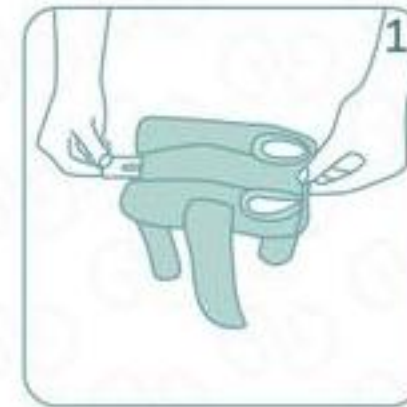


How to Wear?

- Please ensure you order the right-sized product as per the Size Chart below
- Open all the straps and lay the splint in front of you
- Push the aluminium splint out of the pocket
- Match the contours of the splint to the contours of the wrist as per the required degree of dorsiflexion (backward bending) of wrist
- Push the customized splint back into the pocket
- Place the elastic wrist splint in alignment with the palmar crease on one side and thumb on the other side
- Fasten the hook and loop rejoiners to a position of comfortable compression
- Check for discomfort especially blood circulation or numbness



REMEMBER

- Please do not wear this support continually - remove it to dry the accumulated sweat
- Wash it regularly to get rid of sweat, body odors and unclog the pores
- Don't bathe with the unit - it will reduce the elasticity and compression quality of the support

- Never share your orthopaedic aid - can lead to a transfer of infection or allergy
- Discontinue use and seek medical guidance in case of impaired blood flow, allergic reactions on skin, persistence or increase in pain

P.S.: Kindly consult your Physician or Orthopaedic Specialist before using this product