

How to Wear?

- Check your Wrist Size before ordering the product - it should be between 12.5 cm to 23.8 cm
- Insert your thumb into the locking area and settle it around the base
- Pull the wrap around the wrist and around the back of the hand
- Fasten the hook to a position of comfortable compression
- Remember to readjust in case of any discomfort



P.S.: Kindly consult your Physician or Specialist before using this product