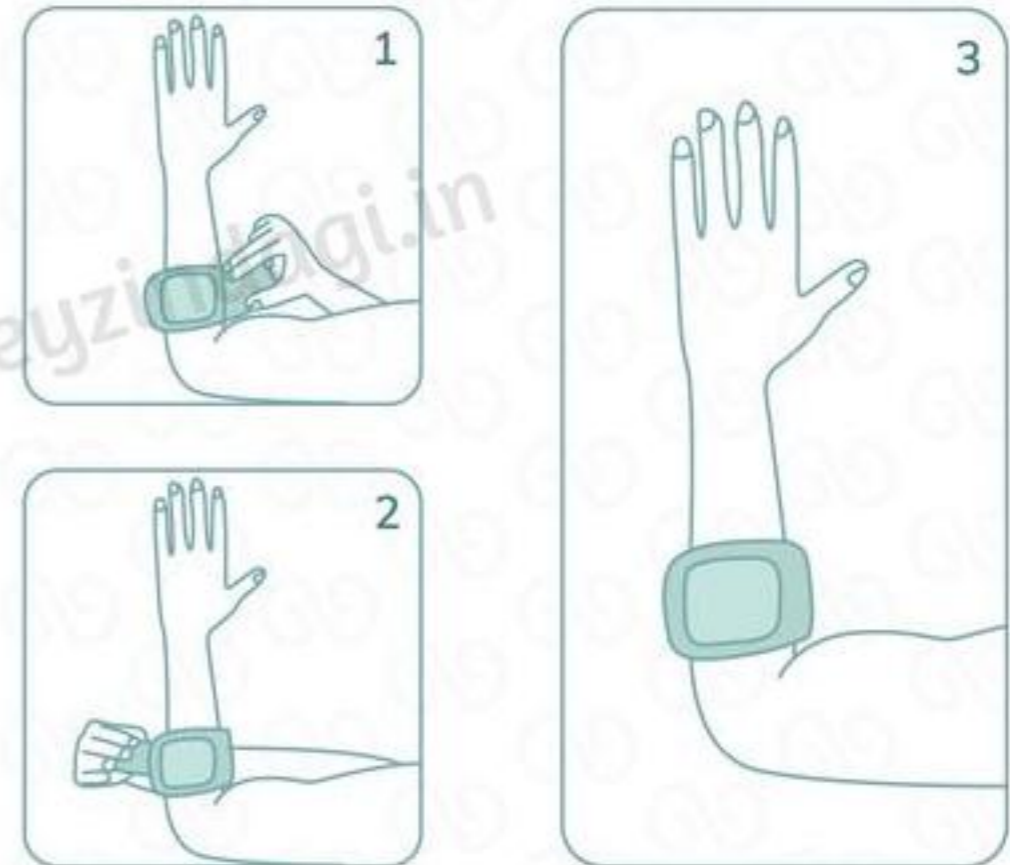


How to Wear?

- Make sure you order the right-sized product from the Size Chart below
- Place the elbow support between the elbow and the forearm
- Pull the hook end through the buckle so that the silicone pad faces inside of the support, creating a loop
- Position the pad exactly on the point radiating pain or as directed by the physician
- Tighten the strap so that the fit is snug and comfortable
- Remember to readjust in case of any discomfort



P.S.: Kindly consult your Physician or Orthopaedic Specialist before using this product