

How to Wear?

- Make sure you order the right-sized product from the Size Chart above
- Assistance by a caregiver/family member is required while wearing the ROM brace
- Loosen all four straps of the cuffs
- Thread the patient's arm through the cuffs
- Slightly fold the arm to the right angle and position the dial at the central axis of the elbow joint
- Adjust the length of the bicep cuff and the wrist cuff using the lift and drop flaps to fit the patient's arm
- Make sure that the wrist cuff is close to the wrist joint
- Slightly tighten the rest of the straps
- Check the movement of the elbow joint. Tighten the customizable straps further for better grip
- Remove the Y clamp fastener and shorten the lower strap by cutting, if required. Place the Y clamp fastener on the shortened strap after cutting
- Tighten all four straps to get the proper grip and engage the Y clamps
- Again check the movement of the elbow
- Range of motion can be set between 0 to 120° flexion and 0 to 90° extension. A quick lock mechanism is provided at 90°, 100° and 110°
- A sling can also be attached to the ROM Elbow Brace for better immobilization. Put the sling pad on the shoulder. Slide the sling through the buckle on the wrist cuff and secure the hook-loop closure. Take the sling from the back of the patient and clip it in the buckle of the wrist cuff. The angle of flexion of the sling can be changed by adjusting the hook-loop closure

How to Remove?

- Disengage the Y clamp fasteners on the strap
- Loosen the straps and remove your arm from the brace
- Unfasten the hook-loop closure and remove the brace

REMEMBER

- For a secure and comfortable fitting, adjust the padding and strapping accordingly
- Discontinue use and consult the doctor in case of impaired sensation, impaired blood flow, allergic reactions on skin and persistence or increase of pain
- Improper use of the device may lead to adverse effects or decreased effectiveness. Follow the instructions on the packaging carefully before using
- Keep it out of reach of children
- Consult the doctor in case of simultaneous use with any other medical device

P.S.: Kindly consult your Physician or Orthopaedic Specialist before using this product