

## How to Wear?

- Make sure you order the right-sized product as per the Size Chart below
- Stand in the neutral posture with your back straightened as recommended by the Physician
- Wrap the belt around the waist ensuring that the “up inside” label is upright
- Place the back panel at the center of the vertebral column
- Make sure the lower edge of the belt coincides with the base of the spine
- Close the hook loop fasteners to a comfortable compression
- Stretch and fasten the elastic with double pull mechanism for added grip and firmness from the splints
- Re-adjust in case of any discomfort



### REMEMBER

- Discontinue use and consult the doctor in case of impaired blood flow, allergic reactions on skin and persistence or increase of pain
- Consult the doctor in case of simultaneous use with any other medical device
- Ensure that the base of the belt coincides with the base of the spine. Centre of the back pad should lie at the center of the vertebral column

- Improper use of the device may lead to adverse effects or decreased effectiveness. Follow the instructions on the packaging carefully before using
- Keep it out of reach of children

**P.S.:** Kindly consult your Physician or Orthopaedic Specialist before using this product