## How to Wear?

- Make sure you order the right-sized product as per the Size Chart below
- Stand in the neutral posture with your back straightened as recommended by the Physician
- Wrap the belt around the waist ensuring that the "up inside" label is upright
- Place the back panel at the center of the vertebral column
- Make sure the lower edge of the belt coincides with the base of the spine
- · Close the hook loop fasteners to a comfortable compression
- Stretch and fasten the elastic with double pull mechanism for added grip and firmness from the splints
- · Re-adjust in case of any discomfort



## REMEMBER

- Discontinue use and consult the doctor in case of impaired blood flow, allergic reactions on skin and persistence or increase of pain
- · Consult the doctor in case of simultaneous use with any other medical device
- Improper use of the device may lead to adverse effects or decreased effectiveness. Follow the instructions on the packaging carefully before using

- · Keep it out of reach of children
- Remove, customize and re-insert the splint for comfortable immobilization
- · Adjust the padding and strapping for a secure and comfortable fit
- · Product is preferably worn over a cotton lining or an undergarment