How to Wear?

- · Make sure you order the right-sized product from our size chart
- · Sit in a straight position on a chair with your feet resting on the ground
- Put the foot drop splint in an upright position
- · Place the affected foot on the foot plate
- Ensure that the contours of your leg are aligned with the foot drop
 splint

- Secure the Velcro at the calf by reversing through the buckle
- In the same way, secure the Velcro at the feet as well
- Tie the ankle strap tightly around the ankle to get proper grip
- When wearing shoes, choose a slightly bigger size for comfortable placement and movement. Make sure to remove the laces from your shoe before inserting the feet

P.S.: Kindly consult your Physician or Orthopaedic Specialist before using this product

REMEMBER

- Ensure that the degree of dorsiflexion (upward movement) of the foot is perfect
- Ensure that there is no discomfort at any point. Discontinue use and consult your
 physician for a solution if you experience any discomfort while using, like
 constriction of blood flow, numbing sensation or pain