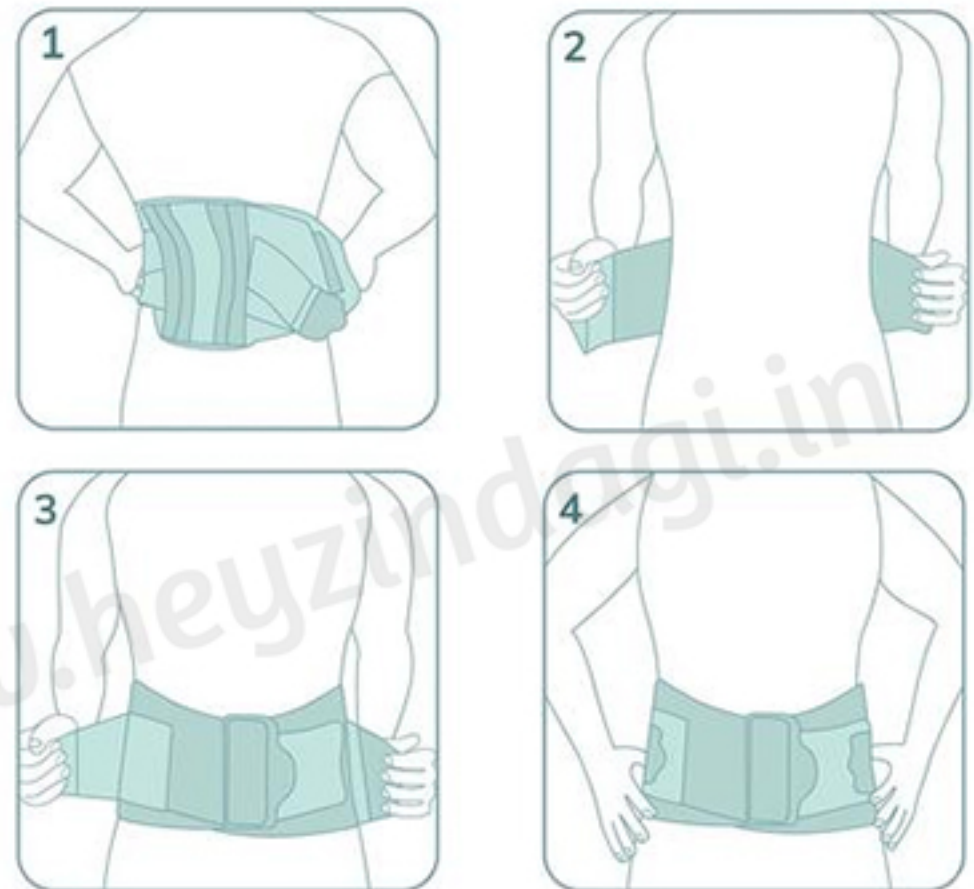


QUICK START GUIDE

- Make sure you order the right-sized product as per the Size Chart below
- Stand in the neutral posture with your back straightened as recommended by the Physician
- Place the back panel of the belt at the centre of the vertebral column
- Make sure the lower edge of the belt coincides with the base of the spine
- Remove the aluminium splints from their pockets and shape them to match the anatomy of the lower back of the user
- Insert the customized splints back into the pockets
- Wrap the belt around the waist ensuring the "up inside" label is upright
- Close the hook loop fasteners to a comfortable compression
- Re-adjust in case of any discomfort

- Stretch and fasten the elastic with double pull mechanism for added grip and firmness from the splints



REMEMBER

- The Contoured L.S. Support must be individually adapted to each patient by a trained orthopaedic technician or a physiotherapist in order to get maximum immobilization and comfort while using
- Please wear this support above an inner wear made from a breathable fabric such as cotton to avoid rashes and allergy from day long contact
- Discontinue use and consult the doctor in case of impaired blood flow, allergic reactions on skin and persistence or increase of pain
- Consult the doctor in case of using the device during excessive physical exertion as it might impact the proper functioning of the heart and lungs leading to rise in blood pressure and other complications

- Improper use of the device may lead to adverse effects or decreased effectiveness. Follow the instructions on the packaging carefully before using
- Keep it out of reach of children
- Remove, customize and re-insert the splint for comfortable immobilization. Adjust the padding and strapping for a secure and comfortable fit

P.S.: Kindly consult your Physician or Orthopaedic Specialist before using this product