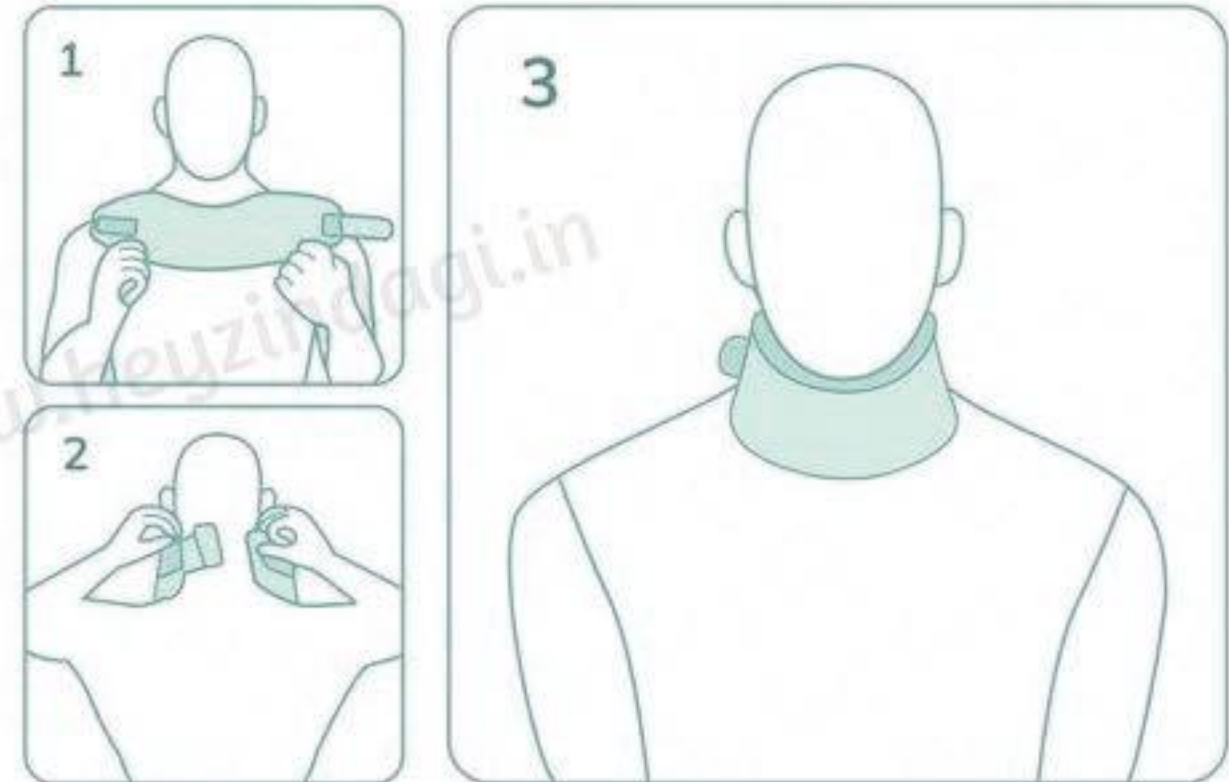


How to Wear?

- Measure your neck size and make sure you order the right-sized Collar from the Size Chart below
- Be seated comfortably and make sure your neck is in a neutral position
- Open the wrap and hold the brace with the contoured cut facing the neck and fasteners facing outward
- Wrap it around the neck snugly with the trough of the collar matching the chin
- Fasten the hook loop closure to a comfortable snug fit
- Complete the strap closure and readjust if there is any discomfort in breathing, especially pressure on the larynx (Adam's Apple)

- Complete the strap closure and check for discomfort in breathing, if any, especially pressure on the larynx (Adam's Apple)



REMEMBER

- Please avoid wearing any jewelry or dresses with collars that might rub between the brace and your skin often resulting in rashes
- Seek assistance if you are struggling when wearing the collar - it might result in you overstraining your neck

- Discontinue use and seek medical guidance in case of impaired blood flow, allergic reactions on skin, persistence or increase in pain

P.S.: Kindly consult your Physician or Orthopaedic Specialist before using this product