

How to Wear?

- Make sure you order the right-sized product as per the Size Chart below
- Stand in the neutral posture with your back straightened as recommended by the Physician
- Place the chest pad of the belt over the sternum (breastbone)
- Wrap the belt around the waist
- Attach the strip as per instruction given in the “up inside” label
- Apply the hook tape to the loop tape to a comfortable compression
- Re-adjust in case of any discomfort



REMEMBER

- Make sure the centre of the chest pad is placed in the furrow of the chest. Control the compression carefully to provide better immobilization and pain relief
- Discontinue use and consult the doctor in case of impaired blood flow, allergic reactions on skin and persistence or increase of pain
- Consult the doctor in case of simultaneous use with any other medical device

- Improper use of the binder may lead to adverse effects or decreased effectiveness. Follow the instructions on the packaging carefully before using
- Keep it out of reach of children

P.S.: Kindly consult your Physician or Orthopaedic Specialist before using this product