## QUICK START GUIDE

- · Hold the plastic ring perpendicular to the leg
- Insert the feet through the hole of the diaphragm and slide the leg slowly
- · Ensure that the cast/bandage/wound is undisturbed



## REMEMBER

- Do not wear the cast cover for more than 20 to 30 minutes at a time, as it might lead to condensation of the trapped air
- Be cautious in wet surroundings as the cover is slippery when wet

- It is not recommended to be used during recreational water activities
- · Adult supervision is necessary for use in case of a child
- · Consult your doctor if the diaphragm causes discomfort or swelling

P.S.: Kindly consult your Physician or Orthopaedic Specialist before using this product