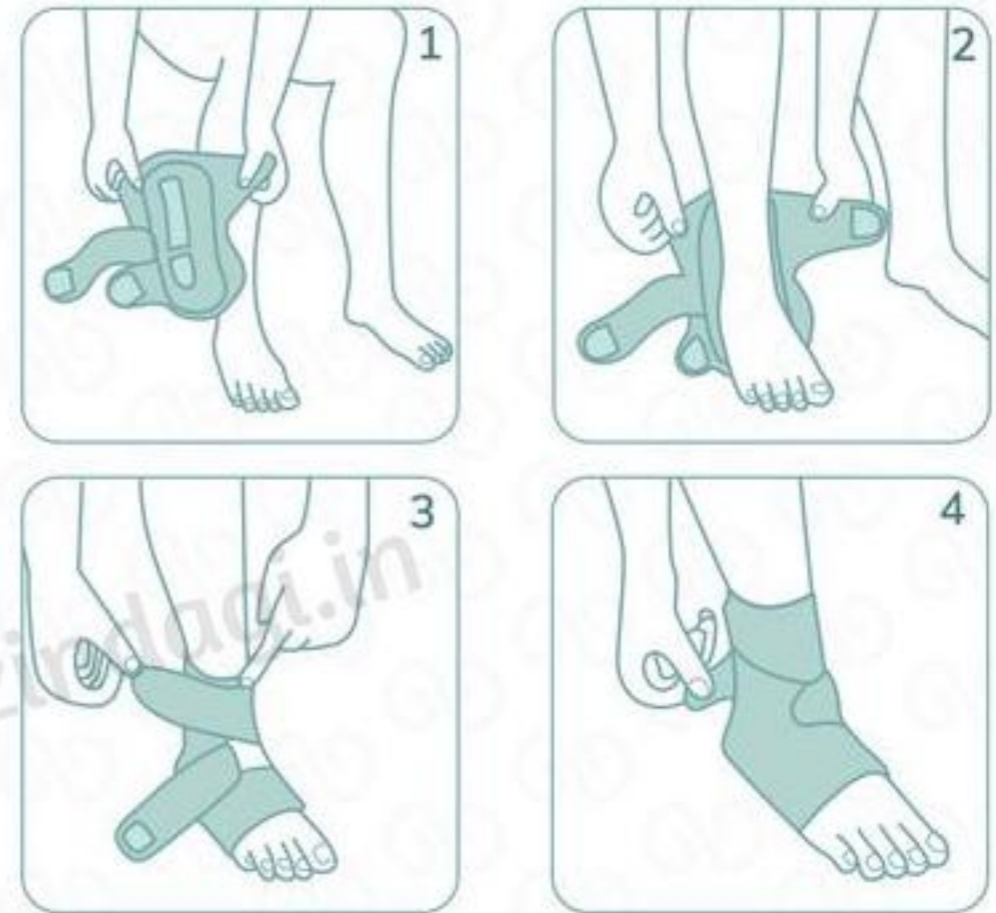


QUICK START GUIDE

- Make sure your size (2 inches above the ankle joint) lies between 18 cm and 30 cm, before ordering the product - check how to measure below
- Open the hook loop fasteners of the ankle support
- Insert foot into the support and position properly so that the heel fits snugly into the heel opening
- Fasten the lower and the uppermost straps one by one
- Stretch and tighten the middle strap for a comfortable compression and snug fitting
- Ensure there is no reduction in blood flow to the foot while tightening the straps
- Remember to re-adjust in case of any discomfort



REMEMBER

- Discontinue use and consult the doctor in case of impaired sensation, impaired blood flow, allergic reactions on skin and persistence or increase of pain
- Consult the doctor in case of simultaneous use with any other medical device

- Misuse or improper use of the product may lead to adverse effects or decreased effectiveness. Please follow the instructions mentioned on the box carefully

P.S.: Kindly consult your Physician or Orthopaedic Specialist before using this product.