

## ALBUM NAME : MEDITATION & HEALING MANTRAS

Times Music Card

S. No	Track Name
1	OM CHANT FOR MORNING MEDITATION
2	OM CHANT FOR EVENING MEDITATION
3	Om Jaap 51 Times
4	Om Jaap 51 Times - Harmony
5	Om Jaap 51 Times - Rhythmic
6	OM The realm of calm
7	INNER VOICE SIGNATURE PRAYER
8	OM ITI ETA
9	SOYAM ATMA
10	JAGARITH STHAN
11	SWAPNA STHAN
12	SUSHUPTA STHAN
13	AMATRAHA OM
14	PREMEDITATION PRAYERS
15	HEALING THROUGH PRANAYAM
16	MUSIC FOR RELAXATION AND OM CHANT
17	LEARN TO MEDITATE - SOM MEDITATION
18	PRANAYAM-INITIATION
19	FIRST CHAKRA-MOOLAADHAARA-BASE/ROOT CHAKRA
20	SECOND CHAKRA-SWAADHISHTAANA-SACRAL CHAKRA
21	THIRD CHAKRA-MANIPOORA-NAVAL CHAKRA
22	FOURTH CHAKRA-ANAAHATA-HEART CHAKRA
23	FIFTH CHAKRA-VISHUDDHA-THROAT CHAKRA
24	SIXTH CHAKRA-THIRD EYE-BROW CHAKRA
25	SEVENTH CHAKRA-SAHASRAARA-CROWN CHAKRA
26	ANUBHAVA-EXPERIENCE-WHITE/GOLD
27	KAPALBHATI - RAAG AHIR BHAIKAV
28	RELAXATION - RAAG MANGAL BHAIKAV
29	VAATAKRAM KAPALBHATI KRIYA- RAAG MANGAL BHAIKAV
30	RELAXATION - RAAG JAIT
31	ANULOM - VILOM PRANAYAM - RAAG NAT BHAIKAV
32	UJJAYI PRANAYAM - RAAG SHOBHAVARI
33	RELAXATION - RAAG MANGAL BHAIKAV
34	BHASTRIKA PRANAYAM - RAAG SHUDDHA SARANG
35	BHRAMARI PRANAYAM - RAAG MEGH
36	DHYAAN - RAAG KHAMAJ
37	SHAVAASAN - RAAG DARBARI KANADA
38	OMKAR - RAAG HAUNSADHWANI
39	De- Stress
40	Meditate

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S. No	Track Name
41	Inner Peace
42	Awakening
43	AWAKENING TO THE INNER SILENCE
44	MELTING INTO TRUE DEVOTION
45	THE DANCE OF DIVINE JOY
46	FLIGHT TO FREEDOM
47	FLOWERING OF THE HEART-OM SACHCHIDANANDA
48	DHANVANTRI DHYAN MANTRA
49	PRARTHANA/ANNA BRAHMOPASANA/PAAP NIVARAK
50	ROG NIVARAK SUKTA/ MRITHIKA SUKTA/DURVA
51	SHATANGAYUR SUKTA
52	MRITYUNJAYA GHANAPAATH
53	MRITYUNJAYA HOMA MANTRA
54	AAYUSHYA SUKTA
55	AGNIR AAYUSHMAAN MANTRA/RUDRAM
56	VIRAJA HOMA MANTRA
57	SADACHARA PRADARSHAN/BRAHMANANDA ANUBHAV
58	SHANTIMANTRA
59	DHYAAN LAAGO
60	DHYAAN MAHATVA
61	YE JEEVAN SAAGAR
62	DHYAAN HETU - FROM THE MOHAMUDGAR STOTRA
63	MAN STHIR KAR
64	DHYAAN SAKALP (TAKEN FROM RIGVEDA)
65	TU HI TERA EESHWAR HAI
66	DHYAAN KRIYA - SADGURU DHYAN & OM KAR DHYAN
67	DHYAAN PARINAM - FROM THE ATMASHATKAM
68	Pashyema SHARADAH SHATAM
69	MRITSANJEEVANI MANTRA
70	CHANDRASHEKHAR ASHTAKAM
71	ROGAAN ASHESHAAN
72	RAAM CHARITMANAS DOHA
73	AGASTIM
74	ANNAPOORNA DEVI STOTRAM
75	AHAM VAISHVAANARO BHOOTVA
76	OM SAHA NAA VAVATU
77	VADANI KAWAL GHETA
78	VEDIC RICHA -RAAG BHOOP
79	UDYANNADYA CHANT FOR THE HEART- RAAG SHRI
80	SURYA DHYAN NAMSKAAR-RAAG BHAIKAV

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S. No	Track Name
81	OM LAM LALITAAYAI NAMAH-RAAG DURGA
82	SURYA MANDAL STOTRA - RAAG BIBHAAS
83	BLESSINGS FROM THE VEDAS RAAG MALHAAR
84	TULSIDAS DOHA-RAAG YAMAN KALYAN
85	ATHARVA VEDIC SOOKTA FOR ASTHMA
86	HANSA MANTRA-SOHAM RAAG KEDAR
87	GAYATRI FOR ASTHMA-RAAG AHIR BHAIRAV
88	PHYSIOLOGY OF BREATH-RAAG TODI
89	VEDIC RICHA FOR COMPLETE BODY PROTECT
90	PRANAYAM FROM PATANJALI YOGASUTRA
91	CHANT OF AUM CHUDAMANYAYI NAMAHA
92	RATRI SOOKTA WITH NIDRA DEVI MANTRA
93	NIDRA MANTRA - RAAG JOG
94	SHAANTI MANTRA FROM SHUKLA YAJUR VEDA
95	YOGA NIDRA - FOR MEDITATION & PEACE
96	Yoga Nidra 2
97	Morning Meditation - Based On Raga Ahir Bhairav
98	Energy Flow - Based On Raga Hansdhwani
99	Manah Shanti - Based On Raga Puriya Kalyan
100	De-stress - Based On Raga Bhinnshadaj
101	Rejuvenate - Based On Raga Megh
102	Sonorous Sleep - Based On Raga Shivaranjani
103	Raga Maru Bihag
104	Raga Vishwa Rajini
105	Dhun In Bhoopali
106	Raag Jajavanti
107	Raag Darbari
108	RAAG BAAGESHRI
109	RAAG AHIR BAIRAV
110	RAAG KIRWANI DHUM
111	RAAG NAYAKI KANHADA
112	RAAG BAAGESHRI
113	RAAG PILOO
114	RAAG ZILHA KAFI
115	RAAG TILAK KAMOD
116	RAAG MIYAN KI MALHAR
117	RAAG JHINJHOTI
118	RAAG BIHAG
119	RAAG AHIR BHAIRAV
120	RAAG BILASKHANI TODI

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