



## SAFETY INFORMATION

- Do not use strappr while the power bank is charging.
- Do not use strappr directly on the skin on high heat mode.
- Do not use strappr while sleeping.
- Do not use strappr on areas with reduced or increased sensation.
- Avoid using strappr completely in cases of diabetes, numbness, dermatitis, deep vein thrombosis, multiple sclerosis, and vascular diseases.
- Do not sit on, crush, or wring strappr.
- Do not use strappr with ointment, oil or balm
- Do not tamper with strappr in any way.
- strappr is not to be used on infants or children.
- The SandPuppy strappr is not designed as a medical or curative device. Do consult your doctor if your pain is chronic.

## WARRANTY

Warranty period of 12 months will start from the date of purchase. The product will be repaired or replaced if found defective within the warranty period. Do not attempt to repair the product, doing so will void the warranty. Warranty does not cover normal wear of the parts or damage resulting from negligent use or misuse of the product, use of improper charge or current, and disassembly repair or alteration by anyone other than authorized service personnel. For warranty and services write to us at [info@afferent.in](mailto:info@afferent.in) or call us **+91 77678 13666**.

## ABOUT THE MAKERS

Afferent Wearable Technology is an Indian innovation and design company set to reimagine every-day products. The team is made of passionate and talented designers and engineers working to create some everyday magic for you. Have an idea for us? Let us know !

Visit [www.afferent.in](http://www.afferent.in) or write to us at [info@afferent.in](mailto:info@afferent.in)

## NOTE

- strappr power bank can not be used to charge your phone.
- Please use only the power bank included in the box. strappr won't work efficiently with other power banks.

## STAY UPDATED

[www.sand-puppy.com](http://www.sand-puppy.com)

 /SandPuppyFitbelt  /fitbeltsandpuppy  /SandPuppy\_FBelt

## SANDPUPPY strappr

Sandpuppy strappr is a portable heat applicator for niggling joint aches. Just strap it around the aching joint - knee, ankle, or elbow. Connect it to the power bank and feel the soothing comfort of heat as you carry on with your day. strappr provides controlled heat through a portable power bank, which means you don't need to stay plugged in to the mains. strappr gets you going.

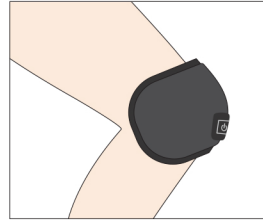
## HOW DOES HEAT THERAPY WORK?

Applying heat to the aching joint or an inflamed area widens the blood vessels, promotes blood flow, and helps the sore and tightened muscles relax. Improved circulation can help eliminate the buildup of lactic acid waste that occurs after some types of exercise.

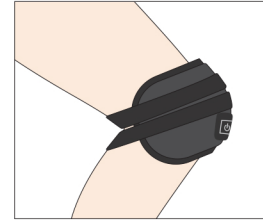
## WHAT IS HEAT THERAPY USEFUL FOR?

- Joint inflammation.
- Strains and sprains.
- Chronic irritation in tendons.
- Warming up stiff muscles before activity.

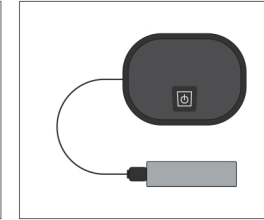
## HOW TO USE



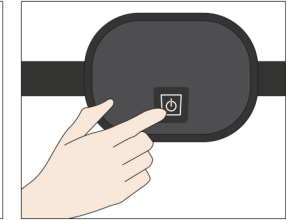
1. Place strappr around the aching joint or muscle.



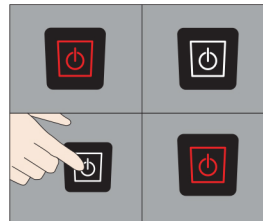
2. Use the elastic band to fasten it around.



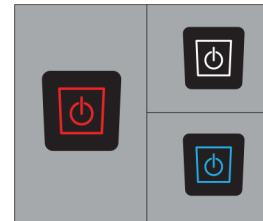
3. Connect the USB cable from strappr to the power bank provided.



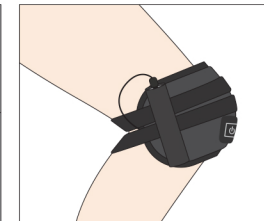
4. Press the power switch on strappr for 5 seconds to turn it on.



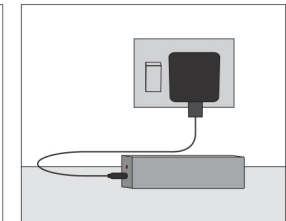
5. The switch will turn red - which means it is at the highest heating level. It will automatically turn to white after 5 minutes as a safety measure. If you want to continue at the highest level, press it two times and it will turn red.



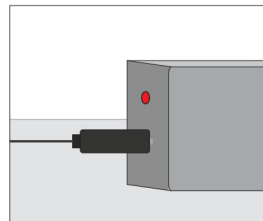
6. The switch has 3 levels of heat:  
Red - Highest  
White - Medium  
Blue - Lowest



7. Once connected, keep the power bank in the Velcro case provided and stick it on any convenient part of strappr. You can now go about your work while enjoying heat therapy.



8. If you don't feel sufficient heat, the power bank needs charging. Use a standard 5V adapter (typically used for mobiles phones) to charge your power bank.



9. While charging, red LED on the power bank will blink. When charging is complete, it will stop blinking.

Before using strappr, give us a service call.  
Dial **+91 77678 13666**