How to Thread The Needle?

- Stabilize the needle by inserting the tip into a soap bar or a pincushion. Helpful if you suffer from light hand tremors
- Stretch the thread you are going to insert into the needle between your hands. No need to break it from the spool
- Slide it along the notch that is located at the head of the needle
- To insert the thread into the eye, use light downward pressure to push the thread through the gap. Be mindful lest you break the thread
- You will feel a slight click as the needle passes through
- The needle is now threaded and ready for use
- When passing the needle through fabric, please pull it through gradually and lightly. This will not let the thread break or slip out the notch



REMEMBER

- · Before starting to sew, organize your sewing materials together
- If you have low vision, make sure that the lighting is sufficient
- Keep a Horseshoe Magnet nearby to help you locate dropped needles. Also run
 it over the floor of your sewing area after your work is done as a double check
- Don't sew barefoot or when wearing thin socks or slippers. Fallen needles can cause foot injuries which can be rather troublesome especially if you have Diabetes and/or reduced sensation in your feet
- . Keep away from children or people who might hurt themselves with it
- Store the Needles in a Plastic box after use away from heat and moisture