How to Use?

With mask attached:

- Remove the cap and the mask
- Put the mask in the actuator
- Cover your mouth and nose, press the actuator and breath normally
- Put the cap and mask back and store for future use



Directly from the nozzle:

- Remove the cap and the mask
- Press the actuator close to your nose and mouth and breath normally
- Put the cap and mask back and store for future use



REMEMBER

- Press the nozzle for 3 to 5 seconds while breathing at the same time
- After done using, close the cover and mask
- Not advisable for kids below 12 years