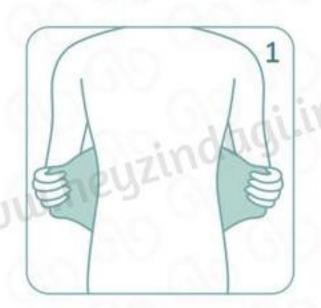
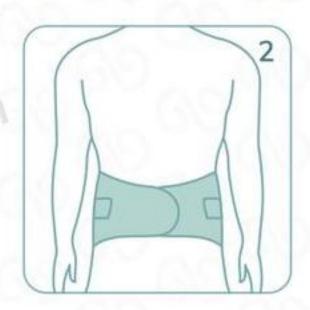
## How to Wear?

- Make sure you order the right-sized Support from the Size Chart below
- Stand in the neutral posture with your back straightened as recommended by the Physician
- Hold the support at your back with the outer elastic straps undone and the Oppo logo facing upward
- · Wrap the support around your waist making sure the three metal stays are evenly positioned around the middle
- Adjust the support to desired compression and secure the hook and poloaded loop closure to the front
- · Check for all-round comfort
- Stretch the elastic reinforcement straps and secure them for extra compression

 Please remember to adjust straps as necessary across the day according to activity





## REMEMBER

- · Please wear this support above an inner wear made from a breathable fabric such as cotton to avoid rashes and allergy from day long contact
- . Do not rely on the support 100% of the time

- . Don't bathe with the support it will reduce the elasticity and compression quality of the support/belt
- Never share or pass-on your Support can lead to allergy or transfer of infection

P.S.: Kindly consult your Physician or Orthopaedic Specialist before using this product