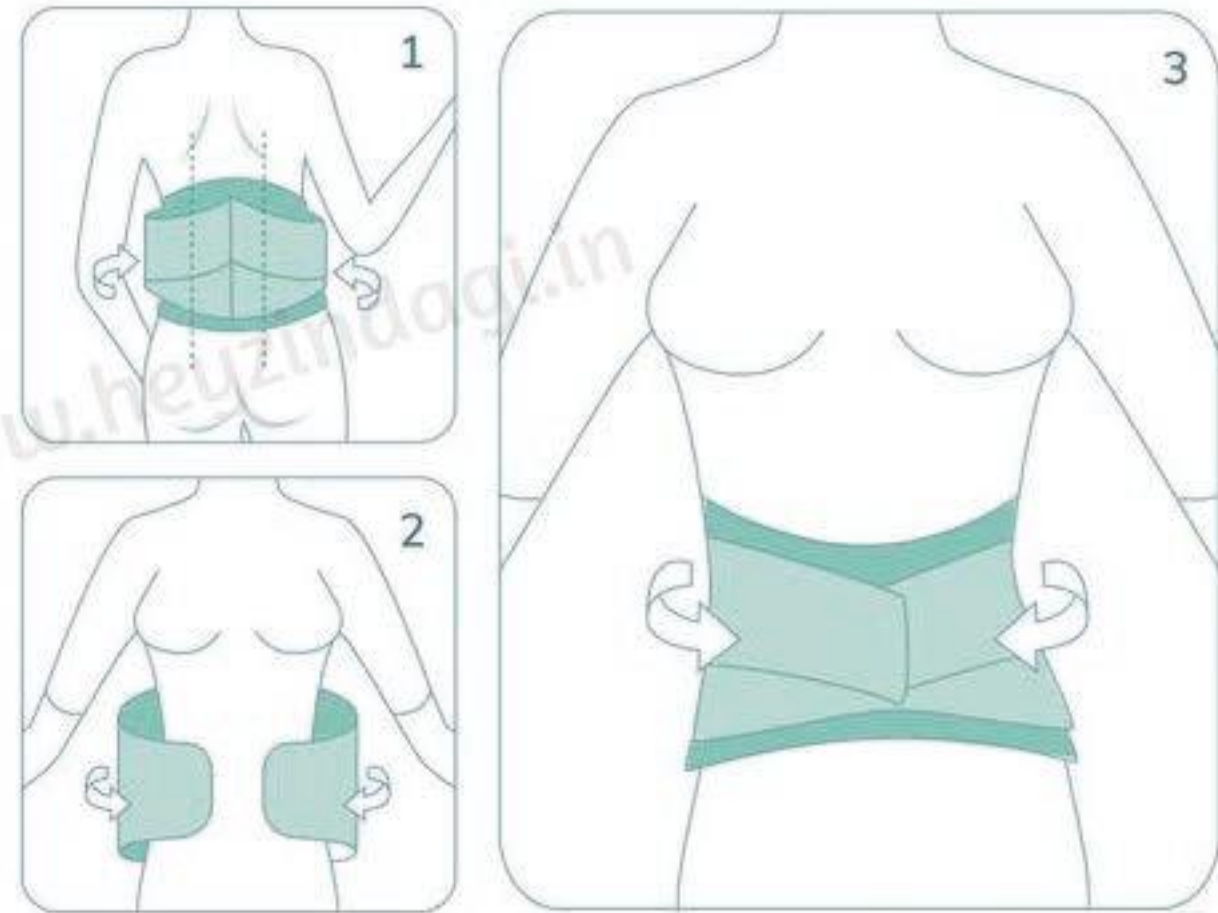


How to Wear?

- Make sure you order the Belt after checking your waist circumference to be between 660 mm - 914 mm
- Stand in the neutral posture with your back straightened as recommended by the Physician
- Hold the support at your back with the outer elastic straps undone and the Oppo logo facing upward
- Wrap it around your lower spine making sure the stays are evenly positioned around the middle in line with the middle of your spine and connect the fasteners around your stomach
- Check for all-round comfort
- Now, stretch the overlying side straps to adjust compression and fasten them with the closures on the sides

- Please remember to adjust straps as necessary across the day according to activity



REMEMBER

- Please wear this support above an inner wear made from a breathable fabric such as cotton to avoid rashes and allergy from day long contact
- Do not rely on the support 100% of the time unless advised by your Specialist

- Don't bathe with the support - it will reduce the elasticity and compression quality of the support/belt
- Never share your Orthotic Support - can lead to a transfer of infection

P.S.: Kindly consult your Physician or Orthopaedic Specialist before using this product