

How to Wear?

- Roll the wrap beginning with the Oppo branded end in the centre
- Keep knee slightly bent
- Beginning from the upper calf, create a loop with the first fastener
- Continue to roll upwards in a spiral motion, overlapping half the width on each turn
- Ensure you pull the wrap to create compression levels as required
- Fasten it with the Velcro-style fastener
- Remember to adjust the compression in case it feels too tight or loose for comfort



P.S.: Kindly consult your Physician or Specialist before using this product