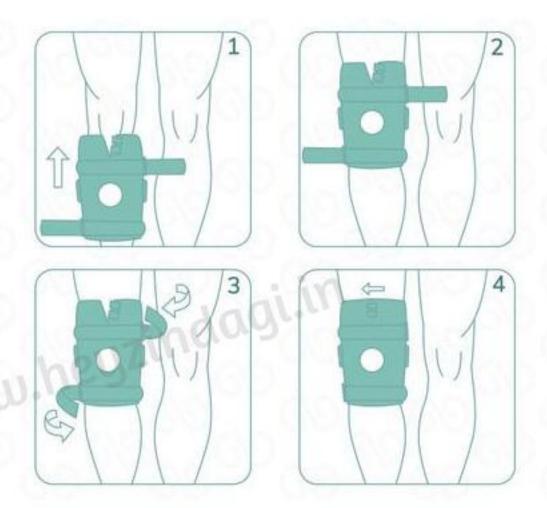
How to Wear

- Please ensure you order the right splint as per the Size Chart below
- Sit comfortably and open all the straps
- Hold the thigh section from both sides (with the donut shape facing forward and the Oppo logo facing up)
- Pull up the support gradually till the knee cap settles into the padded donut and the hinge axis align with the knee joint
- Secure the upper two small hook and loop straps as per comfort
- Thread the thigh and calf hook and loop straps through buckles and secure to desired compression
- Check for discomfort especially blood circulation or numbness and readjust as necessary
- Remove/Insert the stays just fold the support slowly along the horizontal center and gradually pull out/insert the stays.



REMEMBER

- Please do not wear this support continually remove it to dry the accumulated sweat
- Wash it regularly to get rid of sweat body odors and unclog the neoprene pores
- Don't bathe with the belt it will reduce the elasticity and compression quality of the support/belt
- Never share your belt can lead to a transfer of infection or allergy