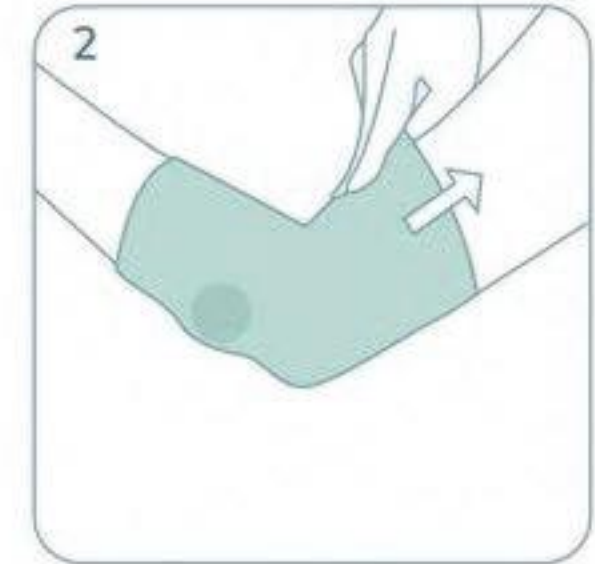


How to Wear?

- Make sure you order the right-sized Support from the Size Chart below
- Insert your hand into the support and pull up to the elbow with or without the use of an applicator
- Make sure the support conforms well to the shape of the elbow
- Position the weak/sprained elbow joint in the center of the lighter coloured knit of the support
- Remember to readjust in case of any discomfort



REMEMBER

- Don't bathe with the support - it will reduce the elasticity and compression quality of the support

- Never share or pass-on your Support - can lead to allergy or transfer of infection

P.S.: Kindly consult your Physician or Orthopaedic Specialist before using this product