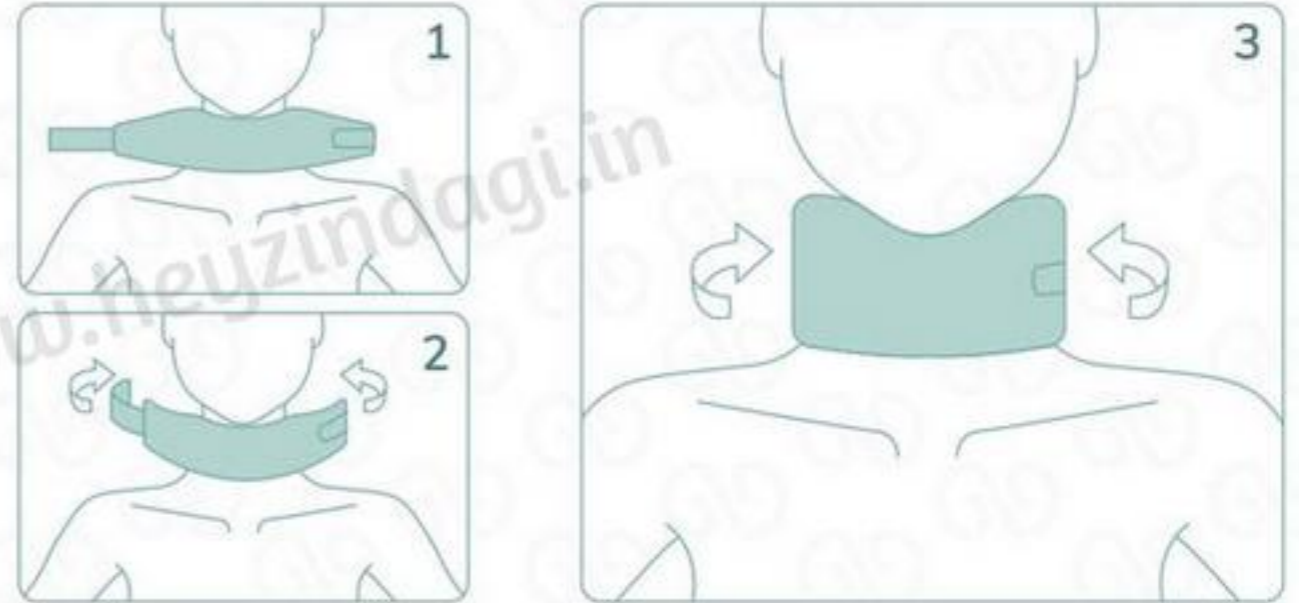


How to Wear?

- Make sure you order the right-sized Collar from the Size Chart below
- Be seated comfortably and make sure your neck is in a neutral position
- Open the wrap and hold the brace with the contoured cut facing the neck and fasteners facing outward
- Apply to the neck holding it at equal distance with both hands
- Shift one hand to the front to continue supporting the collar while you shift the other to fasten the strap

- Complete the strap closure and check for discomfort in breathing, if any, especially pressure on the larynx (Adam's Apple)



REMEMBER

- Please avoid wearing any jewelry or dresses with collars that will rub between the brace and your skin resulting in rashes

- Seek assistance if you are struggling when wearing the collar - it might result in you overstraining your neck

P.S.: Kindly consult your Physician or Orthopaedic Specialist before using this product