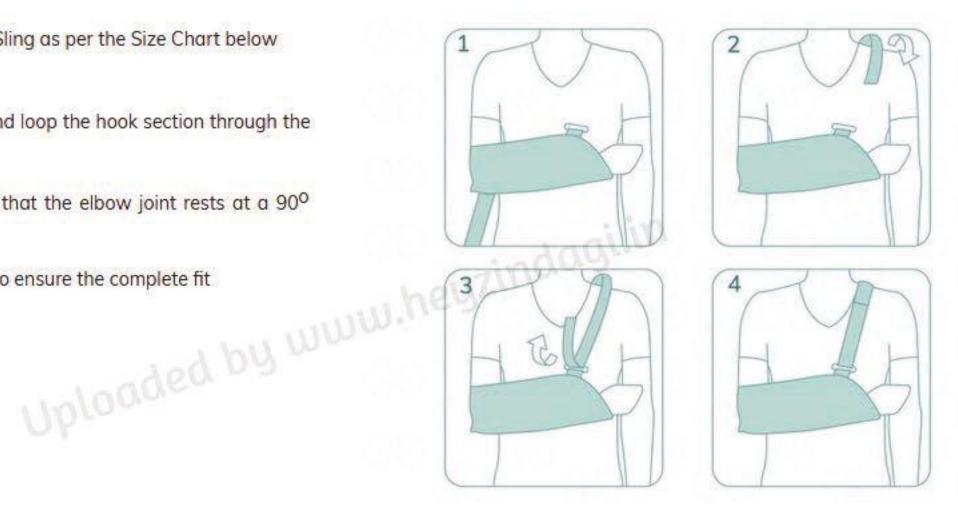
## How to Wear?

- Please ensure you order the right Sling as per the Size Chart below
- · Insert forearm into the sling
- Roll the strap around your back and loop the hook section through the loop in the front
- Adjust the length of the strap so that the elbow joint rests at a 90° angle.
- Fasten the hook and loop closure to ensure the complete fit



## REMEMBER

- · Remember the doctor's instruction about when to wear and remove the sling
- When getting dressed, choose a top that opens from the front. First put on the sleeve of the injured arm and then progress with the rest
- Stick to your physical therapy regimen do not let your arm and shoulder muscles weaken
- · Keep your shoulder sling clean and wash it regularly

P.S.: Kindly consult your Physician or Orthopaedic Specialist before using this product