## How to Wear?

- Make sure you order the right fit as per Size Chart below
- · Insert foot into sleeve aligning the heel pattern just like wearing socks
- Pull up to the right length (heel must be centred to the heel pattern)
- Avoid rolling up sleeve to put it on especially in case of a swelling or tenderness in the tissue





P.S.: Kindly consult your Physician or Specialist before using this product