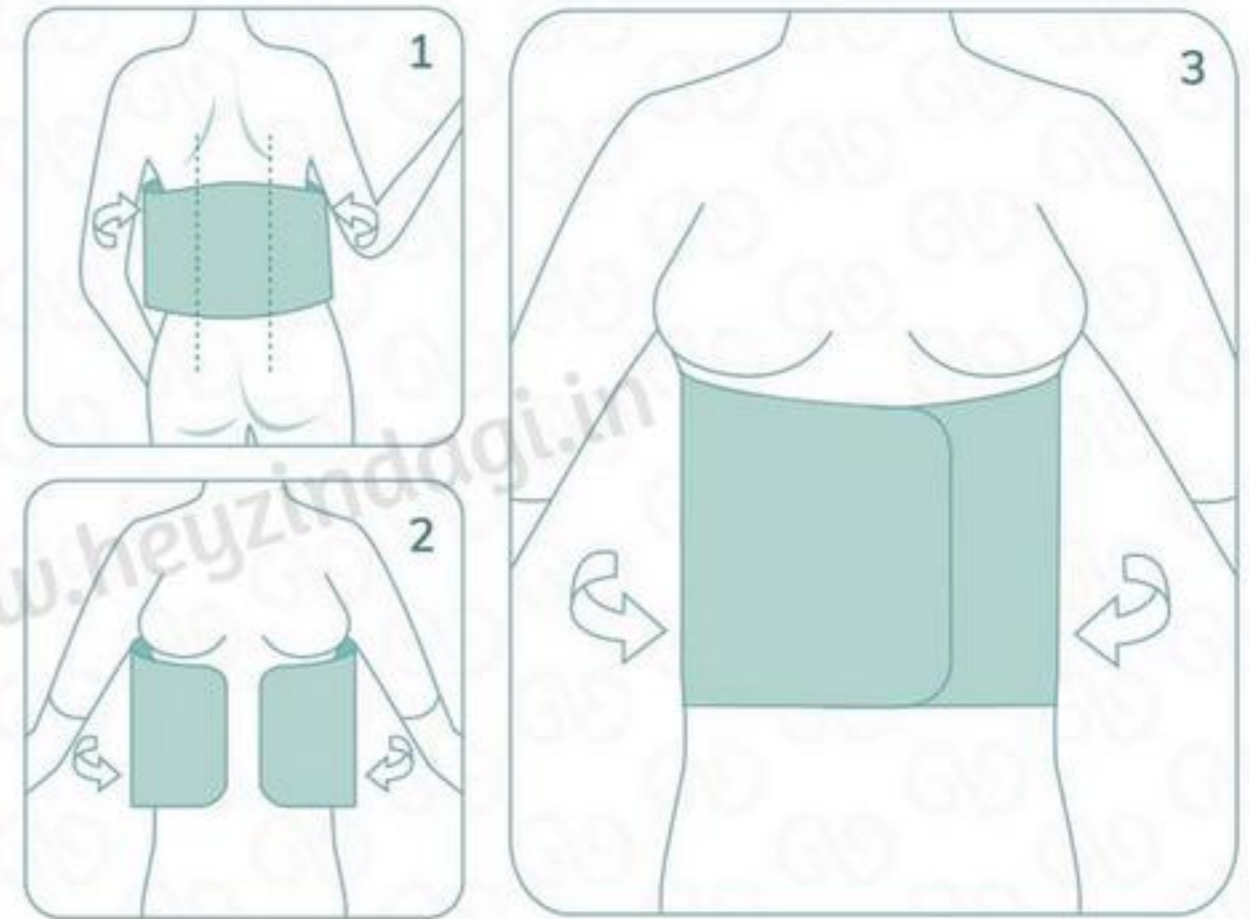


How to Wear?

- Make sure you order the right-sized Support as per the Size Chart below
- Stand in the neutral posture with your back straightened as recommended by the Physician
- Wrap the binder around your back and hold the foam section centered firmly at the waist with one hand
- With the other pull the elastic strap till you achieve the desired compression
- Close the Hook and Loop Fastener securely
- Check for all-round comfort including breathing and readjust if necessary



REMEMBER

- Please wear this support above an inner wear made from a breathable fabric such as cotton to avoid rashes and allergy from day long contact
- Do not rely on the support 100% of the time unless recommended by the doctor

- Don't bathe with the support - it will reduce the elasticity and compression quality of the support/belt
- Never share your Orthotic supports - can lead to a transfer of infection

P.S.: Kindly consult your Physician or Orthopaedic Specialist before using this product