

How to Install?

- Identify the point of installation on the wall as per the user's requirement
- Height, width and distance of hold play a critical role while installing a grab rail
- A simple rule of the thumb is - the user must not need to lean over or stretch out while putting weight on the rail, it should ideally be vertically close to an upward/downward motion. If used as a standing aid while bathing working, it should be accessible in 10 degrees to 30 degrees zone (downward angle) with the arm stretched straight
- Ensure that the wall has sufficient load bearing capacity (100 kgs):

• For Concrete Wall :

- Follow the diagrammatic instructions given in the installation manual carefully
- To fix in position use Fischer UX R 10 plugs always
- Do not use nails to fit this unit
- Drill up to a length of 75 mm in the wall with a diameter of not more than 10 mm
- Fix in position with min. 4 Nm
- Attach the covers correctly after fixing

• For Wood/Plywood wall :

- Follow the diagrammatic instructions given in the installation manual carefully
 - Do not use nails to fit this unit
 - Drill up to a length of min. 24 mm in the wall with a diameter of not more than 3 mm
 - Fix the metal plates in position with min. 4 Nm
 - Attach the covers correctly after fixing
- Attaching the Extension: Follow detailed instructions from the installation manual available for download below