

## How to Use?

- Unpack the Infrared Massager and its attachments
- Find a comfortable spot where you can move your arms freely and stretch out as necessary
- Check settings on the handle are at 'O' before plugging in the massager
- Once checked, switch the mode to M for initiating the massage. If using the Massager only without Infrared, choose the relevant accessory to maximise relief

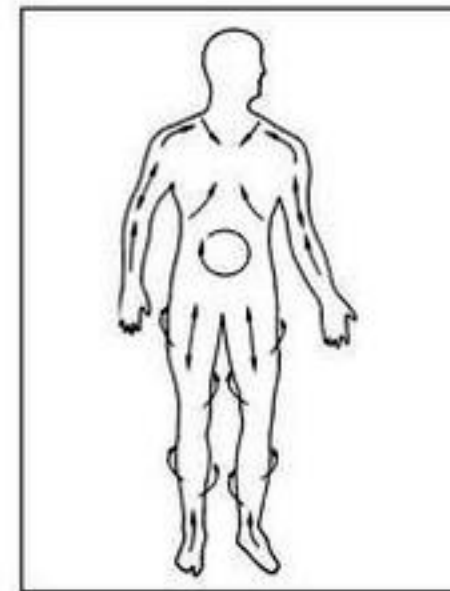
- ① Brush fitting: for intensive skin massages - very pleasant, circulation - stimulating effect
- ② Knobbed Fitting 2: for intensive and localised deep massages - particularly soothing after physical exertion
- ③ Knobbed Fitting 1: for intensive massages to relieve muscle pain and tension

- Move the massager in a circular motion across the body as shown
- If using with heat, switch the mode to 'M'
- Do not exert pressure when using the massager, just move it in circular motions on the skin
- Use for a maximum of 15 minutes per session, then allow the device to cool down before reusing
- Massage sensitive parts of your body without the massage accessory

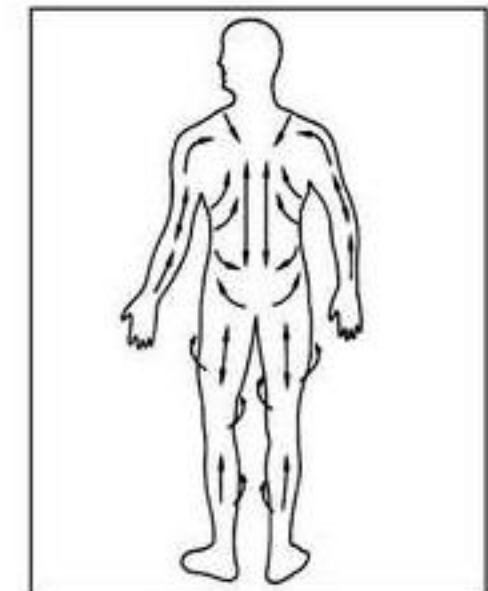


Courtesy: Beurer

1. On/Off switch
- O: Off
- M: Vibration massage with heat function
2. Infrared Light
3. Interchangeable massage attachments



Front of Body



Back of Body

Courtesy: Beurer

### REMEMBER

- Please read the Instructional Manual well before using this product for the first time. You can download it from the Specifications section below
- This device must not be used by children or maintained by them without supervision
- Use a damp cloth and a light cleaning liquid at most to clean the massager - ensure the unit is not plugged in and has been well-cooled before doing so

- It is not designed for use in hospital and institutional environments
- Use and store in dry area only, ideally in original packaging
- Please do not use the device in bed or close to inflammables. You must not fall asleep while using the massager
- If the unit does not switch on, check the connectivity thoroughly. Send it to the Beurer Service Centre (contact details provided in Specifications below) in India for repairs